



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPDEN COUNTY (Updated August 8, 2016) Indian Orchard & Springfield

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Indian Orchard	Pantry*	Community Survival Center, Food Pantry; 240 Main Street	(413)543-3930	MON	TUE	WED	THU	FRI		Mon/Tues/Wed/Fri: 9:30a-3:30p; Thu: 9:30-5:00 (6 visits/year)	
Indian Orchard	Brown Bag: Food for Elders	Food Bank of Western MA, Indian Orchard Brown Bag; 117 Main Street	(413)543-3172					FRI		1st Fri.: 12:00 - 1:00pm	
Indian Orchard	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Housing Authority; 29 Moxon Street	(413)247-9738				THU			1st/3rd Thurs: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]	
Springfield	Pantry*	All Nation Church of God, Food Pantry; 67 Kenyon Street	(413)736-9775						SAT	2nd Sat: 10a-12p	
Springfield	Meal Program**	Behaviorial Health Network, The Living Room; 21 Warwick St Entrance L	(413)310-3312	MON	TUE	WED	THU	FRI		Mon- Fri: Breakfast, 8a-10a; Dinner, 6p-730p	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Allen Street; 1602 Allen Street	(413)247-9738			WED				2nd Weds: 10:00 - 11:00am [VERIFICATIONS: None. Please bring empty shopping bag.]	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Brightwood; 82 Division Street	(413)247-9738					FRI		1st/3rd Fri: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield South End - Dakin; 171 Union Street	(413)247-9738	MON						2nd/4th Mon: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Home City Housing; 7 Halsey Street	(413)247-9738				THU			2nd/4th Thurs: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, New North Drop In Center; 2594 Main Street	(413)247-9738		TUE					1st Tues: 10:30 - 11:30am [VERIFICATIONS: None. Please bring empty shopping bag.]	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Revival Time Evangelistic Center; 116 Florence Street	(413)247-9738			WED				4th Weds: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Trinity United Methodist Church; 361 Sumner Avenue	(413)247-9738			WED				1st/3rd Wed: 2:00 - 3:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]	
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Edgewater Brown Bag; 101 Lowell Street	(413)781-4941		TUE					4th Tues.: 11:00am - 4:00pm	
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Mason Square Brown Bag; 439 Union Street	(413)733-3917				THU			3rd Thurs.: 11:00am - 12:00pm	
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Mayflower Brown Bag; 1516 Sumner Avenue	(413)782-4536					FRI		2nd Fri.: 12:00 - 1:00pm	
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Riverview Brown Bag; 122 Clyde Street	(413)787-5220		TUE					4th Tues.: 12:00 - 1:30pm	

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank of Western Massachusetts' **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank of Western Massachusetts' **BROWN BAG: FOOD FOR ELDERS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738.**



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPDEN COUNTY (Updated August 8, 2016) Indian Orchard & Springfield

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)	
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Saab Court Brown Bag; 18 Saab Court	(413)747-0127			TUE						4th Tues.: 11:15am - 12:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Urban League Brown Bag; 33 Oak Street	(413)739-7211							FRI		1st Fri.: 12:00 - 1:00pm
Springfield	Pantry*	Freedom House of God, Community Lifeline Pantry; 563 Union Street	(413)271-7320							FRI		Fri: 11a (Also by appointment for emergencies. Open until food runs out.)
Springfield	Meal Program**	Friends of the Homeless Springfield, Worthington Street Shelter; 755 Worthington Street	(413)732-3069	SUN	MON	TUE	WED	THU	FRI	SAT		EVERY DAY. Breakfast: 8-9a; Lunch: 12-1p; Supper: 4:30-5:30p
Springfield	Pantry*	Gandara Mental Health Center, Springfield Family Resource Center; 18 Gaucher Street	(413)733-7699		MON							Mon 1-3p (can go 2x/month) please bring own bag
Springfield	Pantry*	Gethsemane Church of Jesus Christ, Inc., Food Pantry; 47 Harvey Street	(413)783-8255							SAT		10a - 1p, 3rd Sat of every month
Springfield	Pantry*	Gray House, Inc., Emergency Services Pantry; 22 Sheldon Street	(413)734-6696					THU				Thur 9:00 - 1:00pm (4x/yr) [VERIFICATIONS: Income, Address, ID]
Springfield	Pantry*	Greater Love Church of God, Food Pantry; 65 Newland Street	(413)736-5147							SAT		Last Sat: 9:30a-12p
Springfield	Meal Program**	Holy Cross Church, Sandwiches for the Homeless; 221 Plumtree Road	(413)783-4111	SUN								Sun: 11a-3p (Sandwiches distributed in Court Square. No meal on Easter.)
Springfield	Pantry*	Holy Cross Church, Communities in Solidarity; 445 Plainfield Street	(413)783-4111	SUN								Third Sunday of the Month - call ahead
Springfield	Meal Program**	Holy Redeemer Cathedral, Holy Redeemer Meal Site; 44 Prospect Street	(413)218-2347				WED					Wed: 1-3p
Springfield	Pantry*	Holy Redeemer Cathedral, Food Pantry Two; 180 Eastern Avenue	(413)782-9739							SAT		2nd and 4th Saturdays
Springfield	Pantry*	Holy Redeemer Cathedral, Holy Redeemer Food Pantry; 44 Prospect Street	(413)218-2347				WED					2nd/4th Wed: 1-3pm
Springfield	Pantry*	Martin Luther King, Jr. Family Services, Inc., Food Pantry; 3 Rutland Street	(413)746-3655					THU				Thu: 6a-11a (also emergencies); [VERIFICATIONS: address]; CLOSED 6/23/2016 and 6/30/2016, OPEN SATURDAY 7/2/2016.
Springfield	Meal Program**	Ministerio Alfa y Omega, Meal Site; 2755 Main Street	(413)363-0179				WED					Wed: 11:00a-3:30p (will reopen Mid March)
Springfield	Pantry*	Ministerio Alfa y Omega, Springfield Food Pantry; 2755 Main Street	(413)363-0179				WED					Wed: 11:00a-3:30p (12 visits/year; Large families may visit every 20 days.) (will reopen Mid March)

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank of Western Massachusetts' **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank of Western Massachusetts' **BROWN BAG: FOOD FOR ELDERS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738.**



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPDEN COUNTY (Updated August 8, 2016) Indian Orchard & Springfield

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Springfield	Pantry*	Mission Church of The Living God, Reaping the Harvest; 20 Bowdoin Terrace	(413)858-8111				WED		FRI		2nd/4th Wed: 10:00am - 2:00pm; 4th Fri: 5:00 - 7:00pm
Springfield	Meal Program**	Mt. Zion Baptist Church, Mt. Zion Meal Site; 368 Bay Street	(413)785-5664				WED				Wed: 11a-1p
Springfield	Meal Program**	Open Pantry Community Services, Inc., Loaves and Fishes Kitchen; 35 Chestnut Street	(413)731-5668	SUN	MON	TUE	WED	THU	FRI	SAT	LUNCH & SUPPER: Mon/Tue/Thu/Fri/Sat (South Congregational Church, 45 Maple St.): 12-5p; Wed (Christ Church Cathedral, 35 Chestnut St): 12-5p; Sun (Shiloh Seventh Day Adventist Church, 797 State St): 1-5p
Springfield	Pantry*	Open Pantry Community Services, Inc., Emergency Food Pantry; 2460 Main Street	(413)737-5353		MON	TUE	WED		FRI		Mon/Tue/Wed/Fri: 9a-3p (6 visits/year. Elders allowed 12 visits/year. Senior program 3rd Monday of month)
Springfield	Pantry*	Project-13, Inc., Oasis Food Pantry; 175 Central Street	(413)285-8976						FRI		Fridays from 5p-7p
Springfield	Pantry*	Revival Time Evangelistic Center, Community Pantry; 120 Florence Street	(413)734-4861							SAT	3rd Sat: 10a-1p
Springfield	Pantry*	Spring of Hope Church Of God In Christ, Food Pantry; 35 Alden Street	(413)733-1032			TUE	WED	THU			Tue-Thu: 2-3p
Springfield	Pantry*	Springfield School Volunteers, Inc., Weekend Backpackers Program; 49 Cadwell Drive	(413)732-1121						FRI		KIDS ONLY: Backpacks distributed Fridays through Spfld schools (Registration required)
Springfield	Meal Program**	St. John's Congregational Church, Friend's Place Meals; 69 Hancock Street	(413)734-2283				WED				Wed: 4:30-5:30p
Springfield	Pantry*	St. John's Congregational Church, Friend's Place Food Pantry; 643 Union Street	(413)734-2283		MON		WED				Wed: 11:00am-3:00pm (1 visit/week); SENIOR distribution - Mon: 10:00am - 2:00pm
Springfield	Pantry*	Tapestry Health Systems, Inc., HIV/AIDS Client Services Pantry; 130 Maple Street	(413)363-9472						FRI		Fri: 10a-2p (once/month) [VERIFICATIONS: letter from doctor verifying HIV+ status]
Springfield	Pantry*	The Salvation Army operating through its Springfield Corps, Family Services Pantry; 170 Pearl Street	(413)733-1518			TUE	WED	THU			Tue/Wed/Thu 9a-12p (1 Visit/90 day period - 4X annually) [VERIFICATIONS: identity, address, household size, income]
Springfield	Pantry*	Third Baptist Church, Food Pantry; 149 Walnut Street	(413)734-4143				WED				4th Wed: 12-3p [VERIFICATIONS: address, household size]

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank of Western Massachusetts' **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank of Western Massachusetts' **BROWN BAG: FOOD FOR ELDERS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738.**