



## Could you use a nutritious meal or help with groceries?

The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.

Income, household size, address, and other verifications may be requested, but are never required.

Food Bank of Western Massachusetts  
25 Carew Street  
Chicopee, MA 01020  
**(413)247-9738**  
www.foodbankwma.org

### HAMPSHIRE COUNTY (Updated: 06/03/2026)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	HOURS	SUN	MON	TUE	WED	THU	FRI	SAT
Amherst	Food Pantry	Amherst Survival Center: Food Pantry, 138 Sunderland Road	(413)549-3968	Shopping hours: M + F 12-3pm, T + Th 12-7pm, 3rd Sat. 9am-12pm; Curbside pickup (by appt at calendly.com/amherstsurvival)		MON	TUE		THU	FRI	SAT
Amherst	Food Pantry	Amherst Survival Center: Senior Mobile Nutrition Program, 138 Sunderland Road	(413)549-3968	SENIORS ONLY. Registration required. Delivery by APPT only. Walk-ins are welcome during operating hours.		MON	TUE		THU	FRI	
Amherst	Food Pantry	First Baptist Church: Food Pantry, 434 North Pleasant Street	(413)549-3596	Wed: 2-4:00pm				WED			
Amherst	Meal Program	Amherst Survival Center: Meal Site, 138 Sunderland Road	(413)549-3968	M, T, Th, F. Indoor + outdoor dining or to-go 12-3		MON	TUE		THU	FRI	
Amherst	Meal Program	Center for Human Development: Not Bread Alone Soup Kitchen, 165 Main Street	(413)256-0128	Sat & Sun 11:45-1:15, Wed 3:45-5:15 for to-go meals.	SUN			WED			SAT
Amherst	Mobile Food Bank	FBWM - Mobile Food Bank - Amherst: Boulders Apartment, 125 Brittany Manor Drive	(413)419-0079	1st Weds. of each month: 1:00 - 2:00pm [VERIFICATIONS: None; please bring empty shopping bag.]				WED			
Belchertown	Food Pantry	Belchertown United Church of Christ: Helping Hands Cupboard, 18 Park Street	(413)323-7442	3rd Thu: 4:30-6:00p (Also by appointment)					THU		
Belchertown	Food Pantry	St. Francis Parish: St. Francis Parish Food Pantry, 10 Park Street	(413)323-6272	Pantry is delivery only. Call (413) 323-6272 schedule an appointment.	SUN	MON	TUE	WED	THU	FRI	SAT
Easthampton	Food Pantry	Easthampton Community Center: Emergency Pantry, 12 Clark St.	(413)527-5240	Mon/Wed: 9a-12p, 4-7p. GLUTEN FREE AVAILABLE. Appointments can be made for emergencies outside regular hours. Delivery to Northampton, Easthampton, Southampton, Westfield, Leeds, Florence.		MON		WED			
Easthampton	Food Pantry	Easthampton Community Center: Kid's Bag Program, 12 Clark St.	(413)527-5240	KIDS UNDER 18: Mon/Wed: 9a-12p, 4-7p; appointments available for emergencies outside regular hours. Delivery available for Westfield, Easthampton, Northampton, Southampton, Leeds, Florence.		MON		WED			
Easthampton	Food Pantry	Easthampton Congregational Church: Food Cupboard, 112 Main Street	(413)203-9759	2nd Wed: 10am-12pm. Now offering delivery. Please call or email ecchurchfood@gmail.com				WED			

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1. **Mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
2. **Fax:** (202) 690-7442; or
3. **Email:** program.intake@usda.gov

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Easthampton	Mobile Food Bank	FBWM - Mobile Food Bank - Easthampton: Easthampton, 34 Franklin Street	(413)419-0079	1st & 3rd Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None; please bring empty shopping bag.]					THU		
Goshen	Food Pantry	Northampton Survival Center: Northern Hilltown Food Pantry, 40 Main Street	(413)268-7578	Wed: 1-3pm				WED			
Huntington	Food Pantry	Pioneer Valley Assembly of God: Huntington Food Pantry, 63 Old Chester Road	(413)667-3196	Th 9-11:30am and 2-4:30pm					THU		
Leeds	Food Pantry	Project New Hope, Inc.: VA Food Pantry, 421 N. Main St.	(413)582-3033	Wed. 9am-3pm				WED			
Leeds	Food Pantry	Soldier On, Inc.: Soldier On Pantry for Homeless Vets, 421 North Main Street	(413)588-4232	To-go boxes distributed at door: Sat/Sun: 8:30-9:30a; Fri: 6-6:30p for working/new residents	SUN					FRI	SAT
Northampton	Food Pantry	Northampton Survival Center: Kids' Summer Food Program, 265 Prospect Street	(413)586-6564	Mondays: 2 pm – 6 pm Wednesdays: 12 – 6 pm Fridays: 12 – 3 pm May pick up food from this program in addition to the food they may already be collecting for the family.		MON		WED		FRI	
Northampton	Food Pantry	Northampton Survival Center: Pantry, 265 Prospect Street	(413)586-6564	Mon: 2-6pm; Wed. 12-6pm, Fri: 12-3pm. Online ordering, curbside pickup, and delivery options available. Call to register.		MON		WED		FRI	
Northampton	Food Pantry	Tapestry Health Systems, Inc.: Tapestry Harm Reduction Pantry, 16 Center St. Suite 415	(413)316-4684	Mon.-Fri. 8:30-4:30, one pantry visit per week		MON	TUE	WED	THU	FRI	
Northampton	Meal Program	First Churches of Northampton: Friday Community Breakfast, 129 Main St.	(413)584-9392	Fri. 8am-10am, doors open 7am						FRI	
Northampton	Meal Program	MANNA Soup Kitchen, Inc.: MANNA Elm Street, 48 Elm Street	(413)887-0500	Mon - Thurs: 11:30am-12:30pm		MON	TUE	WED	THU		
South Hadley	Food Pantry	Neighbors Helping Neighbors, Inc.: Neighbors Helping Neighbors, 30 Carew Street	(413)437-7593	Wed: 12:30-6:00pm; Sat: 10a-12p				WED			SAT

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Southampton	Food Pantry	Southampton Congregational Church: Southampton Community Cupboard, 212 College Highway	(413)527-1173	2nd & 4th Saturday of the month from 10:00AM- 12:00PM							SAT
Ware	Food Pantry	All Saints and St. Mary's Church: All St.'s & St. Mary's Food Pantry, 17 North Street	(413)277-5000	2nd & 4th Saturday 9-12							SAT
Ware	Food Pantry	Trinity Episcopal Church: Jubilee Cupboard, 80 Pleasant Street	(413)967-3274	Thu: 9a-12p (12 visits/year)					THU		
Ware	Mobile Food Bank	FBWM - Mobile Food Bank - Ware: Grenville Park, 73 Church Street	(413)419-0079	3rd Tues. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.] at Greenville Park			TUE				

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