

FOOD BANK OF WESTERN MASSACHUSETTS

BROWN BAG: FOOD FOR OLDER ADULTS ELIGIBILITY GUIDELINES February 2026

Please use the guidelines listed below when determining if individuals are eligible to receive a Brown Bag from The Food Bank of Western Massachusetts.

Each household is permitted only one bag each month.

Participants must meet requirements for BOTH age and income.

Age Requirement

Participants must be:

- At least 55 years old ***If under the age of 55, participant must have a documented disability for which they receive SSDI (Social Security Disability Income).** Applicants must check the SSDI box on the application to be approved.

Income Requirement

# of Household Members	Gross Monthly Income Limit
1	\$2,660
2	\$3,607
3	\$4,553
4	\$5,500
5	\$6,447
6	\$7,393
7	\$8,340
8	\$9,287
For each additional household member, add:	+947

Households that participate in the following means tested programs also meet the *income* requirement **(AND MUST MEET THE AGE REQUIREMENT)** for the Brown Bag: SNAP, AFDC, WIC, Welfare, Medicaid (MassHealth), Supplemental Security Income (SSI), Head Start, Fuel Assistance or Veteran's Aid. *(SSDI and Medicare are NOT INCLUDED in these means tested programs.)*

This institution is an equal opportunity provider and employer.