



## Could you use a nutritious meal or help with groceries?

**The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.**

Income, household size, address, and other verifications may be requested, but are never required.

**Food Bank of Western Massachusetts**  
25 Carew Street  
Chicopee, MA 01020  
**(413)247-9738**  
www.foodbankwma.org

### HAMPSHIRE COUNTY (Updated: 01/06/2026)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	HOURS	SUN	MON	TUE	WED	THU	FRI	SAT
Amherst	Food Pantry	Amherst Survival Center: Food Pantry, 138 Sunderland Road	(413)549-3968	Shopping hours: M + F 12-3pm, T + Th 12-7pm, 3rd Sat. 9am-12pm; Curbside pickup (by appt at calendly.com/amherstsuvival)		MON	TUE		THU	FRI	SAT
Amherst	Food Pantry	Amherst Survival Center: Senior Mobile Nutrition Program, 138 Sunderland Road	(413)549-3968	SENIORS ONLY. Registration required. Delivery by APPT only. Walk-ins are welcome during operating hours.		MON	TUE		THU	FRI	
Amherst	Food Pantry	First Baptist Church: Food Pantry, 434 North Pleasant Street	(413)549-3596	Wed: 2-4:00pm				WED			
Amherst	Meal Program	Amherst Survival Center: Meal Site, 138 Sunderland Road	(413)549-3968	M, T, Th, F. Indoor + outdoor dining or to-go 12-3		MON	TUE		THU	FRI	
Amherst	Meal Program	Center for Human Development: Not Bread Alone Soup Kitchen, 165 Main Street	(413)256-0128	Sat & Sun 11:45-1:15, Wed 3:45-5:15 for to-go meals.	SUN			WED			SAT
Amherst	Mobile Market	Food Bank's Mobile Food Bank: Boulders Apartment, 125 Brittany Manor Drive	(413)419-0079	1st Weds. of each month: 1:00 - 2:00pm [VERIFICATIONS: None; please bring empty shopping bag.]				WED			
Belchertown	Food Pantry	Belchertown United Church of Christ: Helping Hands Cupboard, 18 Park Street	(413)323-7442	3rd Thu: 4:30-6:00p (Also by appointment)					THU		
Belchertown	Food Pantry	St. Francis Parish: St. Francis Parish Food Pantry, 10 Park Street	(413)323-6272	Pantry is delivery only. Call (413) 323-6272 schedule an appointment.	SUN	MON	TUE	WED	THU	FRI	SAT
Easthampton	Food Pantry	Easthampton Community Center: Emergency Pantry, 12 Clark Street	(413)527-5240	Mon/Wed: 9a-12p, 4-7p. GLUTEN FREE AVAILABLE. Appointments can be made for emergencies outside regular hours. Delivery to Northampton, Easthampton, Southampton, Westfield, Leeds, Florence.		MON		WED			
Easthampton	Food Pantry	Easthampton Community Center: Summer Kid Bag Program, 12 Clark Street	(413)527-5240	KIDS UNDER 18: Mon/Wed: 9a-12p, 4-7p; appointments available for emergencies outside regular hours. Delivery available for Westfield, Easthampton, Northampton, Southampton, Leeds, Florence.		MON		WED			
Easthampton	Food Pantry	Easthampton Congregational Church: Food Cupboard, 112 Main Street	(413)203-9759	2nd Wed: 10am-12pm. Now offering delivery. Please call or email ecchurchfood@gmail.com				WED			

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1. **Mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
2. **Fax:** (202) 690-7442; or
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Easthampton	Mobile Market	Food Bank's Mobile Food Bank: Easthampton, 34 Franklin Street	(413)419-0079	1st & 3rd Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None; please bring empty shopping bag.]					THU		
Goshen	Food Pantry	Northampton Survival Center: Northern Hilltown Food Pantry, 40 Main Street	(413)268-7578	Wed: 1-3pm				WED			
Huntington	Food Pantry	Pioneer Valley Assembly of God: Huntington Food Pantry, 63 Old Chester Road	(413)667-3196	Th 9-11:30am and 2-4:30pm					THU		
Leeds	Food Pantry	Project New Hope, Inc.: VA Food Pantry, 421 N. Main St.	(413)582-3033	Wed. 9am-3pm				WED			
Leeds	Food Pantry	Soldier On, Inc.: Soldier On Pantry for Homeless Vets, 421 North Main Street	(413)588-4232	To-go boxes distributed at door: Sat/Sun: 8:30-9:30a; Fri: 6-6:30p for working/new residents	SUN					FRI	SAT
Northampton	Food Pantry	Northampton Survival Center: Kids' Summer Food Program, 265 Prospect Street	(413)586-6564	Mondays: 2 pm – 6 pm Wednesdays: 12 – 6 pm Fridays: 12 – 3 pm May pick up food from this program in addition to the food they may already be collecting for the family.		MON		WED		FRI	
Northampton	Food Pantry	Northampton Survival Center: Pantry, 265 Prospect Street	(413)586-6564	Mon: 2-6pm; Wed. 12-6pm, Fri: 12-3pm. Online ordering, curbside pickup, and delivery options available. Call to register.		MON		WED		FRI	
Northampton	Food Pantry	Tapestry Health Systems, Inc.: Tapestry Harm Reduction Pantry, 16 Center St. Suite 415	(413)316-4684	Mon.-Fri. 8:30-4:30, one pantry visit per week		MON	TUE	WED	THU	FRI	
Northampton	Meal Program	First Churches of Northampton: Friday Community Breakfast, 129 Main St.	(413)584-9392	Fri. 8am-10am, doors open 7am						FRI	
Northampton	Meal Program	MANNA Soup Kitchen, Inc.: MANNA Elm Street, 48 Elm Street	(413)887-0500	Mon - Thurs: 11:30am-12:30pm		MON	TUE	WED	THU		
South Hadley	Food Pantry	Neighbors Helping Neighbors, Inc.: Neighbors Helping Neighbors, 30 Carew Street	(413)437-7593	Wed: 12:30-6:00pm; Sat: 10a-12p				WED			SAT
Southampton	Food Pantry	Southampton Congregational Church: Southampton Community Cupboard, 212 College Highway	(413)527-1173	2nd & 4th Saturday of the month from 10:00AM-12:00PM							SAT

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Ware	Food Pantry	All Saints and St. Mary's Church: All St.'s & St. Mary's Food Pantry, 17 North Street	(774)371-1709	2nd & 4th Saturday 9-12							SAT
Ware	Food Pantry	Trinity Episcopal Church: Jubilee Cupboard, 80 Pleasant Street	(413)967-3274	Thu: 9a-12p (12 visits/year)					THU		
Ware	Mobile Market	Food Bank's Mobile Food Bank: Greenville Park, 73 Church Street	(413)419-0079	3rd Tues. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.] at Greenville Park			TUE				

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