



Could you use a nutritious meal or help with groceries?

The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.

HAMPDEN COUNTY – Springfield & Indian Orchard (Updated August 4, 2025)

Food Bank of Western Massachusetts

25 Carew Street

Chicopee, MA 01020

(413)247-9738

www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Indian Orchard	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Housing Authority; 29 Moxon Street	(413)419-0079					THU			1st & 3rd Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Indian Orchard	Pantry*	Community Survival Center, Food Pantry; 240 Main Street	(413)543-3930		MON	TUE	WED	THU			Mon-Th: 9:30a-4:15p (6 visits/year).
Indian Orchard	Pantry*	International Christian Center Inc., Food Pantry; 2071 Page Blvd.	(413)246-0797	SUN			WED			SAT	Sun. 9am-1pm, Wed. 7pm-9pm, Sat. 9am-noon, and by appt.
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Baystate Place; 414 Chestnut Street	(413)896-3679			TUE					P/u: 2:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Edgewater Brown Bag; 101 Lowell Street	(413)654-7793			TUE					4th Tues p/u: 11am-4pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Forest Park Brown Bag; 25 Barney Lane	(413)785-5019						FRI		2nd Fri.: 2:00 - 4:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Seniority Hse Brown Bag; 307 Chestnut Street	(413)317-7691			TUE					4th Tues p/u: 3:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Jordan Sr Ctr Brown Bag; 1476 Roosevelt Avenue	(413)787-6785					THU			3rd Thurs p/u: 11:00am-12:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Urban League Brown Bag; 33 Oak street	(413)739-7211						FRI		1st Fri p/u: 11:00am-12:00pm
Springfield	Meal Program**	Behavioral Health Network, The Living Room; 21 Warwick St Entrance L	(413)310-3312	SUN	MON	TUE	WED	THU	FRI	SAT	Open every day from 7:30am - 7:00pm. After hours with Crisis Supervision only.
Springfield	Meal Program**	Clinical & Support Options, Inc., Friends of the Homeless; 755 Worthington Street	(413)732-3069	SUN	MON	TUE	WED	THU	FRI	SAT	EVERY DAY. Breakfast: 8-9a; Lunch: 12-1p; Supper: 4:30-5:30p
Springfield	Meal Program**	Shiloh Seventh-day Adventist Church, Shiloh ACS Soup Kitchen; 797 State St.	(413)734-0103	SUN							2nd & 4th Sundays, 10am - Noon. CLOSED during the month of August 2025.
Springfield	Meal Program**	South Middlesex Opportunity Council, Open Pantry Loaves & Fishes Kitchen; 35 Chestnut St.	(413)731-5668	SUN	MON	TUE	WED	THU	FRI	SAT	Mon/Tue/Thu/Fri/Sat 12&5pm, Sun. 1&5pm at South Cong. Church, 45 Maple St., Springfield. Wed 12&5pm at Christ Church Cathedral, 35 Chestnut St., Springfield
Springfield	Meal Program**	St. John's Congregational Church, Friend's Place Meals; 643 Union Street	(413)734-2283				WED				Wed: 3:30-4:00p (Takeout)
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Allen Street; 1602 Allen Street	(413)419-0079				WED				2nd Weds. of each month: 10:00 - 11:00am [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Brightwood; 82 Division Street	(413)419-0079						FRI		1st & 3rd Fri. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]

*Income, household size, address and other verifications may be requested, but are not required..

****The Food Bank's MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. No verifications needed. Please bring a bag to fill for each distribution. No verifications are required.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **Food Bank of Western Massachusetts' SNAP Department at (413)992-6204**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

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Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield South End - Dakin; 171 Union Street	(413)419-0079		MON					2nd & 4th Mon. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Dunbar Center; 33 Oak Street	(413)419-0079						FRI	4th Fri. of each month: 1:00 - 2:00pm
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Home City Housing; 7 Halsey Street	(413)419-0079					THU		2nd & 4th Thurs. of each month: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Martin Luther King, Jr. Fam. Svcs.; 3 Rutland Street	(413)419-0079					THU		2nd & 4th Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, North End; 40 Waverly Street	(413)419-0079			TUE				1st & 3rd Tues. of each month: 10:30 - 11:30am [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Third Baptist Church; 149 Walnut Street	(413)419-0079						FRI	2nd Fri. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Trinity United Methodist Church; 361 Sumner Avenue	(413)419-0079				WED			1st & 3rd Weds. of each month: 1:30 - 2:30pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Pantry*	All Nation Church of God, Food Pantry; 70 Leete St	(413)736-9775						SAT	2nd Sat AND 4th Sat 9am-1pm. Closed for the month of August 2025.
Springfield	Pantry*	Baystate Medical Center, Inc., Brightwood Pantry; 380 Plainfield St.	(413)794-4458			TUE				Bi-weekly Tuesday 4-6pm, and by appointment. Call for distribution dates.
Springfield	Pantry*	Born Free Outreach Services Inc., Born Free Foods; 235 Hancock St.	(413)237-2669			TUE				Tues. 10am-1pm and by appointment
Springfield	Pantry*	Casa De Oracion Emmanuel, COE Food Pantry; 111 D Mill St.	(413)486-0550						SAT	2nd and 4th Sat. 10am-12pm and by appt.
Springfield	Pantry*	Christina's House, Inc., Christina's House Food Pantry; 367 Union St.	(413)317-7855						FRI	Last Friday of month 12-2pm;
Springfield	Pantry*	Deeper Life Bible Church of Springfield, Pantry; 67-69 Kenyon Street	(860)372-6170	SUN						2nd & 4th Sunday: 1-3pm
Springfield	Pantry*	Ebenezer Missionary Baptist Church, Ebenezer Missionary Food Pantry; 44 Dearborn St.	(413)781-3177					THU		11am-2pm, 1st and 3rd Thurs.
Springfield	Pantry*	First Pioneer Valley Dream Center, DC Food Pantry; 133 Main St.	(413)636-6316				WED			Wed. 10am - noon
Springfield	Pantry*	Freedom House of God, Community Lifeline Pantry; 563 Union Street	(413)351-0664						SAT	Sat. 10:30am-12:30pm

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In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **Food Bank of Western Massachusetts' SNAP Department at (413)992-6204**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

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Springfield	Pantry*	Gethsemane Church of Jesus Christ, Inc., Food Pantry; 47 Harvey Street	(413)783-8255						SAT	Open for pre-packed bags. 3rd Sat of every month, 10a - 12p	
Springfield	Pantry*	Gray House, Inc., Emergency Services Pantry; 22 Sheldon Street	(413)734-6696					THU	FRI	Drive-Through Pickup: Thur 9:00 - 12:00pm; 2nd and 4th Fri 3:30-5:00pm; 2nd Friday 2-3:30pm for veterans & seniors (55+)	
Springfield	Pantry*	Holy Redeemer Cathedral, Holy Redeemer Food Pantry; 44 Prospect Street	(413)218-2347				WED			SAT	2nd/4th Wed: 9-11:30am 2nd/4th Sat 9-11:30am
Springfield	Pantry*	Independent Housing I Inc., Seniority House Food Pantry; 307 Chestnut St.	(413)317-7691				WED				1st and 3rd. Wed. 10am-2pm
Springfield	Pantry*	Macedonia Church of God in Christ, Macedonia Church Food Pantry; 215 Tinkham Rd.	(413)596-3587	SUN			WED				Sun. 2-4pm, Wed. noon-2pm. Closed May 28, 2025.
Springfield	Pantry*	Martin Luther King Jr. Family Services, Food Pantry; 3 Rutland Street	(413)746-3655					THU			Thu: 8am-12pm. Closed June 19, 2025. No Thurs. distribution in July/August 2025 - distribution will be every other Saturday, 8am-12pm, starting July 12. Thursday schedule resume Sept. 4, 2025.
Springfield	Pantry*	Mission Church of The Living God, Reaping the Harvest; 20 Bowdoin Terrace	(413)858-8111				WED				2nd & 4th Wed. 9am-noon
Springfield	Pantry*	Pioneer Valley Workers Center, People's Pantry/Dispensa del Pueblo; 380 Plainfield St	(413)570-3060	SUN							4th Sunday, 5-6:30pm. (May 2025 ONLY will be 6-7pm instead.)
Springfield	Pantry*	Shiloh Seventh-day Adventist Church, Shiloh ACS Food Pantry; 797 State Street	(413)746-3103	SUN		TUE	WED				2nd & 4th Sun 10a-12p; 2nd & 4th Tue & Wed. 6-8 pm. CLOSED for the month of August 2025.
Springfield	Pantry*	South Middlesex Opportunity Council, Open Pantry Emergency Food Pantry; 2460 Main St.	(413)737-5353		MON	TUE	WED		FRI		M,T,W,F 9am-3pm.
Springfield	Pantry*	Spring Meadow Association of Responsible Tenants, S.M.A.R.T. Food Pantry; 30 Canon Circle	(413)426-9718					THU			Th: 5-6:30pm
Springfield	Pantry*	Spring of Hope Church Of God In Christ, Food Pantry; 35 Alden Street	(413)733-1032			TUE		THU			Emergencies only. Call for appointment.
Springfield	Pantry*	Springfield School Volunteers, Inc., Weekend Backpackers Program; 75 Cadwell Dr.	(413)266-9012						FRI		KIDS ONLY: Backpacks distributed Fridays through Spfld schools (Registration required)
Springfield	Pantry*	St. John's Congregational Church, Friend's Place Food Pantry; 643 Union Street	(413)734-2283		MON		WED				Wed: 11:00am-3:00pm (1 visit/week); SENIOR distribution - Mon: 10:00am - 2:00pm. CLOSED July 7-11, 2025.
Springfield	Pantry*	Straitway To Heaven, COGIC, Food for the Souls Pantry; 4 Garfield Street	(413)785-1626							SAT	2nd & 4th Sat: 12-2pm

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Springfield	Pantry*	Tabernaculo Christiano Misionero, TCM Food Pantry; 32 Hancock St.	(413)342-0898			TUE				Tues. 10am-noon	
Springfield	Pantry*	The Salvation Army operating through its Springfield Corps, Family Services Pantry; 170 Pearl Street	(413)733-1518			TUE	WED	THU		Tue/Wed/Thur 9a-12p (1 Visit/30 day period + perishables daily)	
Springfield	Pantry*	Trinity United Methodist Church, Parkside Pantry; 361 Sumner Avenue	(413)271-7508				WED			4th Wed.: 5:30-6:30pm	
Springfield	Pantry*	United Way of Pioneer Valley, Springfield Cupboard; 1441 Main Street, Suite 147	(413)737-2691			TUE				Tue. 1:30-5:30pm. CLOSED week of May 26-30, 2025.	
Springfield	Pantry*	United Way of Pioneer Valley, MORE Monday Pantry; 390 Dickinson St.	(413)273-1763		MON					Mon. 11:30am- 1:00pm, Opening Soon	
Springfield	Pantry*	Western Mass Training Consortium, Wildflower Alliance BowenCtr Pantry; 147 Magazine St.	(413)378-5652			TUE	WED	THU	FRI	SAT	Tues.-Fri. 9am-1pm, Sat. 10am-1pm

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