



Could you use a nutritious meal or help with groceries?

The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.

HAMPSHIRE COUNTY - (Updated August 4, 2025)

Food Bank of Western Massachusetts

25 Carew Street

Chicopee, MA 01020

(413)247-9738

www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Amherst	Meal Program**	Amherst Survival Center, Meal Site; 138 Sunderland Road	(413)549-3968		MON	TUE		THU	FRI		Open M, T, Th, F. Indoor dining service 12-3pm. Dining room & picnic area open 12-3pm. To go lunches & Fresh Food distribution outside 12-3pm
Amherst	Meal Program**	Center for Human Development, Not Bread Alone Soup Kitchen; 165 Main Street	(413)256-0128	SUN			WED			SAT	Sat & Sun 11:45-1:15, Wed 3:45-5:15 for to-go meals.
Amherst	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Boulders Apartment; 125 Brittany Manor Drive	(413)419-0079				WED				1st Weds. of each month: 1:00 - 2:00pm [VERIFICATIONS: None; please bring empty shopping bag.]
Amherst	Pantry*	Amherst Survival Center, Senior Mobile Nutrition Program; 138 Sunderland Road	(413)549-3968		MON	TUE		THU	FRI		SENIORS ONLY. Registration required. Delivery by APPT only. Walk-ins are welcome during operating hours.
Amherst	Pantry*	Amherst Survival Center, Food Pantry; 138 Sunderland Road	(413)549-3968		MON	TUE		THU	FRI	SAT	Shopping hours: M + F 12-3pm, T + Th 12-7pm, 3rd Sat. 9am-12pm; Curbside pickup (by appt at calendly.com/amherstsuvival) M + F 3-4pm, T + Th 5-7:30pm, 3rd Sat 9am-12pm
Amherst	Pantry*	First Baptist Church, Food Pantry; 434 North Pleasant Street	(413)549-3596				WED				Wed: 2-4:00p.
Belchertown	Pantry*	Belchertown United Church of Christ, Helping Hands Cupboard; 18 Park Street	(413)323-7442					THU			3rd Thu: 4:30-6:00p (Also by appointment)
Belchertown	Pantry*	St. Francis Parish, St. Francis Parish Food Pantry; 10 Park Street	(413)323-6272	SUN	MON	TUE	WED	THU	FRI	SAT	Delivery only. Call to schedule appointment.
Easthampton	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Easthampton; 34 Franklin Street	(413)419-0079					THU			1st & 3rd Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None; please bring empty shopping bag.]
Easthampton	Pantry*	Easthampton Community Center, Emergency Pantry; 12 Clark Street	(413)527-5240		MON		WED				Outdoor distribution, pantry bags weekly, perishables daily. Mon/Wed: 9a-12p, 4-7p. GLUTEN FREE AVAILABLE. Appointments can be made for emergencies outside regular hours. Delivery to Northampton, Easthampton, Southampton, Westfield, Leeds, Florence.
Easthampton	Pantry*	Easthampton Community Center, Summer Kid Bag Program; 12 Clark Street	(413)527-5240		MON		WED				KIDS UNDER 18: Mon/Wed: 9a-12p, 4-7p; appointments available for emergencies outside regular hours. Delivery available for Westfield, Easthampton, Northampton, Southampton, Leeds, Florence.
Easthampton	Pantry*	Easthampton Congregational Church, Food Cupboard; 112 Main Street	(413)203-9759				WED				2nd Wed: 10a-12p. Now offering delivery. Please call or email ecchurchfood@gmail.com

*Income, household size, address and other verifications may be requested, but are not required..

****The Food Bank's MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. No verifications needed. Please bring a bag to fill for each distribution. No verifications are required.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **Food Bank of Western Massachusetts' SNAP Department at (413)992-6204**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



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Easthampton	Pantry*	Pioneer Valley Power Packs, Weekend Free Backpack Program; 128 Main Street	(413)364-6150				WED	THU	FRI		Serves Easthampton schools and Smith Vocational High School.
Goshen	Pantry*	Northampton Survival Center, Northern Hilltown Food Pantry; 40 Main Street	(413)268-7578				WED				Wed: 1-3pm
Granby	Pantry*	Neighbors Helping Neighbors, Inc., Granby to-go Program; 385 E. State Street	(413)493-5000			TUE					During School Year: Tue 6-7:30pm or by appointment (email granbytogo@granbyschoolsma.net)
Huntington	Pantry*	Pioneer Valley Assembly of God, Huntington Food Pantry; 63 Old Chester Road	(413)667-3196					THU			Th 9-11:30am and 2-4:30pm
Huntington	Pantry*	Pioneer Valley Assembly of God, Gateway Free & Sustainable Store; 12 Littleville Rd.	(413)685-1041		MON	TUE	WED	THU	FRI		M-F, 7:30am-2:30pm and by appt.- Gateway students and families only.
Leeds	Pantry*	Project New Hope, Inc., VA Food Pantry; 421 N. Main St.	(413)582-3033				WED				Wed. 9am-3pm
Leeds	Pantry*	Soldier On, Inc., Soldier On Pantry for Homeless Vets; 421 North Main Street	(413)588-4232	SUN					FRI	SAT	To-go boxes distributed at door: Sat/Sun: 8:30-9:30a; Fri: 6-6:30p for working/new residents
Northampton	Meal Program**	First Churches of Northampton, Friday Community Breakfast; 129 Main St.	(413)584-9392						FRI		Fri. 8am-10am, doors open 7am
Northampton	Meal Program**	MANNA Soup Kitchen, Inc., MANNA Main Street; 297 Main Street	(413)887-0500						FRI	SAT	In person Fri & Sat: 11:30a-12:30p; Delivery Mon, Tue, Thu, and Sat at 1pm to Forence + Northampton. Email laura@mannanorthampton.org to sign up for delivery.
Northampton	Meal Program**	MANNA Soup Kitchen, Inc., MANNA Elm Street; 48 Elm Street	(413)887-0500		MON	TUE	WED	THU			In person Mon - Thurs: 11:30a-12:30p; Delivery Mon, Tue, Thu, and Sat at 1pm to Forence + Northampton. Email laura@mannanorthampton.org to sign up for delivery.
Northampton	Pantry*	Northampton Survival Center, Kids' Summer Food Program; 265 Prospect Street	(413)586-6564								Mon: 2-6pm; Wed. 12-6pm, Fri: 12-3pm. Online ordering, curbside pickup, and delivery options available. Call to register.
Northampton	Pantry*	Northampton Survival Center, Pantry; 265 Prospect Street	(413)586-6564		MON		WED		FRI		Mon: 2-6pm; Wed. 12-6pm, Fri: 12-3pm. Online ordering, curbside pickup, and delivery options available. Call to register.
Northampton	Pantry*	St. John's Episcopal Church at Northampton, Weekend Nutrit. for N'hamp. Student; Bridge St. School, 2 Parsons St.	(413)268-4102						FRI		Backpacks distributed Fridays to Bridge St. School students (Registration required)
Northampton	Pantry*	Tapestry Health Systems, Inc., Tapestry Harm Reduction Pantry; 16 Center St. Suite 415	(413)316-4684		MON	TUE	WED	THU	FRI		Mon.-Fri. 8:30-4:30, one pantry visit per week

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South Hadley	Pantry*	Neighbors Helping Neighbors, Inc., Neighbors Helping Neighbors; 30 Carew Street	(413)437-7593				WED			SAT	Wed: 12:30-6:00pm; Sat: 10a-12p;
Southampton	Pantry*	Southampton Congregational Church, Southampton Community Cupboard; 212 College Highway	(413)527-1173							SAT	Open for delivery to car. Call to set up food drop-off. 2nd & 4th Saturday of the month from 10:00AM-12:00PM
Ware	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Greenville Park; 73 Church Street	(413)419-0079			TUE					3rd Tues. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.] at Greenville Park
Ware	Pantry*	All Saints and St. Mary's Church, All St.'s & St. Mary's Food Pantry; 17 North Street	(774)371-1709							SAT	2nd & 4th Sat. 9am-12pm
Ware	Pantry*	Trinity Episcopal Church, Jubilee Cupboard; 80 Pleasant Street	(413)967-3274					THU			Thu: 9a-12p (12 visits/year)

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