Could you use a nutritious meal or help with groceries?

The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.

**SPRINGFIELD & INDIAN ORCHARD (Updated May 23, 2024)**

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<tr>
<th>CITY</th>
<th>TYPE</th>
<th>PROGRAM &amp; ADDRESS</th>
<th>PHONE</th>
<th>DAYS OPEN</th>
<th>HOURS/DETAILS (As provided by program)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Indian Orchard</td>
<td>Pantry*</td>
<td>Community Survival Center, Food Pantry; 240 Main Street</td>
<td>(413)543-3930</td>
<td>MON TUE WED THU</td>
<td>Mon-Th: 9:30a-4:15p (6 visits/year). CLOSED 12/25/23 thru 1/1/24.</td>
</tr>
<tr>
<td>Indian Orchard</td>
<td>Mobile Food Bank**</td>
<td>Food Bank of Western MA, Mobile Food Bank, Springfield Housing Authority; 29 Moxon Street</td>
<td>(413)419-0079</td>
<td>THU</td>
<td>1st &amp; 3rd Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>All Nation Church of God, Food Pantry; 70 Leete St</td>
<td>(413)736-9775</td>
<td>SAT</td>
<td>2nd Sat AND 4th Sat 9am-1pm; Nov. 2023 schedule will be Nov. 11 and 18, CLOSED week of Nov. 20.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Meal Program**</td>
<td>Behavioral Health Network, The Living Room; 21 Warwick St Entrance L</td>
<td>(413)310-3312</td>
<td>SAT</td>
<td>Open every day from 7:30am - 7:00pm. After hours with Crisis Supervision only.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Casa De Oracion Emmanuel, COE Food Pantry; 111 D Mill St</td>
<td>(413)486-0550</td>
<td>SAT</td>
<td>2nd and 4th Sat. 10am-12pm and by appt.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Meal Program**</td>
<td>Clinical &amp; Support Options, Inc., Friends of the Homeless; 755 Worthington Street</td>
<td>(413)732-3069</td>
<td>SAT</td>
<td>EVERY DAY. Breakfast: 8-9a; Lunch: 12-1p; Supper: 4:30-5:30p</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Deeper Life Bible Church of Springfield Pantry; 67-69 Kenyon Street</td>
<td>(860)372-6170</td>
<td>2nd &amp; 4th Sunday: 1-3pm (CLOSED 12/10/23)</td>
<td></td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Ebenezer Missionary Baptist Church, Ebenezer Missionary Food Pantry; 44 Dearborn St.</td>
<td>(413)781-3177</td>
<td>THU</td>
<td>11am-2pm, 1st and 3rd Thurs.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>First Pioneer Valley Dream Center, DC Food Pantry; 133 Main St.</td>
<td>(<em><strong>)</strong></em>-____</td>
<td>WED TUE THU</td>
<td>Wed &amp; Thurs., 11:30am-1:30pm. Closed last week each month.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Freedom House of God, Community Lifeline Pantry; 563 Union Street</td>
<td>(413)351-0664</td>
<td>SAT</td>
<td>Sat. 10:30am-12:30pm</td>
</tr>
<tr>
<td>Springfield Mobile Bank**</td>
<td>Mobile Food Bank</td>
<td>Food Bank of Western MA, Mobile Food Bank, Springfield South End - Dakin; 171 Union Street</td>
<td>(413)419-0079</td>
<td>MON</td>
<td>2nd &amp; 4th Mon. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
</tr>
<tr>
<td>Springfield Mobile Bank**</td>
<td>Mobile Food Bank</td>
<td>Food Bank of Western MA, Mobile Food Bank, Springfield Brightwood; 82 Division Street</td>
<td>(413)419-0079</td>
<td>FRI</td>
<td>1st &amp; 3rd Fri. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
</tr>
<tr>
<td>Springfield Mobile Bank**</td>
<td>Mobile Food Bank</td>
<td>Food Bank of Western MA, Mobile Food Bank, Trinity United Methodist Church; 361 Sumner Avenue</td>
<td>(413)419-0079</td>
<td>WED</td>
<td>1st &amp; 3rd Weds. of each month: 2:00 - 3:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
</tr>
<tr>
<td>Springfield Mobile Bank**</td>
<td>Mobile Food Bank</td>
<td>Food Bank of Western MA, Mobile Food Bank, Home City Housing; 7 Halsey Street</td>
<td>(413)419-0079</td>
<td>THU</td>
<td>2nd &amp; 4th Thurs. of each month: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
</tr>
<tr>
<td>Springfield Mobile Bank**</td>
<td>Mobile Food Bank</td>
<td>Food Bank of Western MA, Mobile Food Bank, Allen Street, 1602 Allen Street</td>
<td>(413)419-0079</td>
<td>WED</td>
<td>2nd Weds. of each month: 10:00 - 11:00am [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
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*Income, household size, address and other verifications may be requested, but are not required.*

**The Food Bank’s MOBILE FOOD BANK program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. No verifications needed. Please bring a bag to fill for each distribution. No verifications are required.**

In addition, you may be eligible for SNAP (formerly known as “food stamps”), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact Food Bank of Western Massachusetts’ SNAP Department at (413)992-6204. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint_filing_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.
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<tr>
<td>Springfield</td>
<td>Mobile Food Bank**</td>
<td>Food Bank of Western MA, Mobile Food Bank, North End; 40 Waverly Street</td>
<td>(413)419-0079</td>
<td>TUE</td>
<td>1st &amp; 3rd Tues. of each month: 10:30 - 11:30am [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
</tr>
<tr>
<td>Springfield</td>
<td>Mobile Food Bank**</td>
<td>Food Bank of Western MA, Mobile Food Bank, Open Pantry State Street; 260 State Street</td>
<td>(413)218-2634</td>
<td>FRI</td>
<td>2nd Fri. of each month: 1:30 - 2:30pm [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
</tr>
<tr>
<td>Springfield</td>
<td>Mobile Food Bank**</td>
<td>Food Bank of Western MA, Mobile Food Bank, Martin Luther King, Jr. Fam. Svcs.; 3 Rutland Street</td>
<td>(413)419-0079</td>
<td>THU</td>
<td>2nd &amp; 4th Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
</tr>
<tr>
<td>Springfield</td>
<td>Mobile Food Bank**</td>
<td>Food Bank of Western MA, Mobile Food Bank, Dunbar Center; 33 Oak Street</td>
<td>(413)419-0079</td>
<td>FRI</td>
<td>4th Fri. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
</tr>
<tr>
<td>Springfield</td>
<td>Mobile Food Bank**</td>
<td>Food Bank of Western MA, Mobile Food Bank, Third Baptist Church; 149 Walnut Street</td>
<td>(413)419-0079</td>
<td>WED</td>
<td>4th Weds. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Gethsemane Church of Jesus Christ, Inc., Food Pantry; 47 Harvey Street</td>
<td>(413)783-8255</td>
<td>SAT</td>
<td>Open for pre-packed bags. 3rd Sat of every month, 10a - 12p</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Gray House, Inc., Emergency Services Pantry; 22 Sheldon Street</td>
<td>(413)734-6696</td>
<td>THU FRI</td>
<td>Drive-Through Pickup: Thur 9:00 - 12:00pm; 2nd and 4th Fri 3:30-5:30pm; 2nd Friday 2-3:30pm for veterans &amp; seniors (55+).</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Holy Redeemer Cathedral, Holy Redeemer Food Pantry; 44 Prospect Street</td>
<td>(413)218-2347</td>
<td>WED SAT</td>
<td>2nd/4th Wed: 9-11:30am; 2nd/4th Sat 9-11:30am NOV and DEC ONLY: 2nd and 3rd Wednesdays</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Martin Luther king Jr. Family Services, Food Pantry; 3 Rutland Street</td>
<td>(413)746-3655</td>
<td>THU</td>
<td>Th: 8am-12pm. No Thurs. pantry 7/13-8/29. Pantry days will be every other Sat.(July 13 + 27, Aug 10 + 24) 9am-12pm. Thurs. pantry resumes 9/5.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>McKnight Community Development Corp., Born Free Foods; 235 Hancock St.</td>
<td>(413)237-2669</td>
<td>TUE SAT</td>
<td>Tues. 10am-3pm and by appointment</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Mission Church of The Living God, Reaping the Harvest; 20 Bowdoin Terrace</td>
<td>(413)858-8111</td>
<td>WED</td>
<td>2nd &amp; 4th Wed. 10am-2pm</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Revival Time Evangelistic Center, Community Pantry; 120 Florence Street</td>
<td>(413)734-4861</td>
<td>SAT</td>
<td>3rd Sat: 8:00am-11am (closed January)</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Rivera &amp; Rivera Act Against Foreclosure, Inc., Rivera &amp; Rivera Food For All; 924 Main Street</td>
<td>(413)252-4258</td>
<td>MON WED FRI</td>
<td>Mon, Wed, Fri 11am-2pm (3 visits/month)</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>The Salvation Army operating through its Springfield Corps, Family Services Pantry; 170 Pearl Street</td>
<td>(413)733-1518</td>
<td>TUE WED THU</td>
<td>Tue/Wed/Thur 9a-12p (1 Visit/30 day period + perishables daily)</td>
</tr>
<tr>
<td>Springfield</td>
<td>Meal Program**</td>
<td>Shiloh Seventh-day Adventist Church, Shiloh ACS Soup Kitchen; 797 State St.</td>
<td>(413)734-0103</td>
<td>SUN</td>
<td>2nd &amp; 4th Sundays, 10am - Noon beginning April 14.</td>
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<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Shiloh Seventh-day Adventist Church, Shiloh ACS Food Pantry; 797 State Street</td>
<td>(413)739-4265</td>
<td>SUN/WED</td>
<td>2nd &amp; 4th Sun 10a-12p; 2nd &amp; 4th Tue &amp; Wed 6-8p. Call 413-734-0103 for more info.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Meal Program**</td>
<td>South Middlesex Opportunity Council, Open Pantry Loaves &amp; Fishes Kitchen; 35 Chestnut St.</td>
<td>(413)731-5668</td>
<td>SUN/MON/TUE/THU/FRI/SAT</td>
<td>Mon/Tue/Thu/Fri/Sat 12&amp;5pm, Sun. 1&amp;5pm at South Cong. Church, 45 Maple St., Springfield. Wed 12&amp;5pm at Christ Church Cathedral, 35 Chestnut St., Springfield</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>South Middlesex Opportunity Council, Open Pantry Emergency Food Pantry; 2460 Main St.</td>
<td>(413)737-5353</td>
<td>MON/TUE/WED/FRI</td>
<td>M,T,W,F 9am-3pm.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Springfield School Volunteers, Inc., Weekend Backpackers Program; 75 Cadwell Dr.</td>
<td>(413)266-9012</td>
<td>FRI</td>
<td>KIDS ONLY: Backpacks distributed Fridays through Spfld schools (Registration required)</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Spring Meadow Association of Responsible Tenants, S.M.A.R.T. Food Pantry; 30 Canon Circle</td>
<td>(413)426-9718</td>
<td>THU</td>
<td>Th: 5-6:30pm</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Spring of Hope Church Of God In Christ, Food Pantry; 35 Alden Street</td>
<td>(413)733-1032</td>
<td>TUE/THU</td>
<td>Tues. 2-4pm, Thurs. 12-2pm</td>
</tr>
<tr>
<td>Springfield</td>
<td>Meal Program**</td>
<td>St. John's Congregational Church, Friend's Place Meals; 69 Hancock Street</td>
<td>(413)734-2283</td>
<td>WED</td>
<td>Wed: 4:30-5:30p (Takeout)</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>St. John's Congregational Church, Friend's Place Food Pantry; 643 Union Street</td>
<td>(413)734-2283</td>
<td>MON/WED</td>
<td>Wed:11:00am-3:00pm (1 visit/week); SENIOR distribution - Mon: 10:00am - 2:00pm. CLOSED April 1, 2024, reopening April 3.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Straitway To Heaven, COGIC, Food for the Souls Pantry; 4 Garfield Street</td>
<td>(413)785-1626</td>
<td>SAT</td>
<td>2nd &amp; 4th Sat: 12-2pm</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Tabernaculo Cristiano Missionero, TCM Food Pantry; 32 Hancock St.</td>
<td>(413)342-0898</td>
<td>TUE</td>
<td>Tues. 10am-noon</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Trinity United Methodist Church, Parkside Pantry; 361 Sumner Avenue</td>
<td>(413)351-0601</td>
<td>WED</td>
<td>4th Wed.: 5:30-6:30pm; Nov. 2023 distribution will be Nov. 19, 12:30-1:30pm; Dec. 2023 distribution will be Dec. 13 5:30-6:30pm. These will take the place of the regular 4th Wed. distributions.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>United Way of Pioneer Valley, Springfield Cupboard; 1441 Main Street, Suite 147</td>
<td>(413)727-2691</td>
<td>TUE</td>
<td>Tue. 1:30-5:30p.</td>
</tr>
<tr>
<td>Springfield</td>
<td>Pantry*</td>
<td>Western Mass Training Consortium, Wildflower All. Bowen Center Pantry; 235 Chestnut St., 1st floor</td>
<td>(413)378-5652</td>
<td>TUE/WED/FRI/SAT</td>
<td>Tues.-Fri. 9am-1pm, Sat. 10am-1pm</td>
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