



Could you use a nutritious meal or help with groceries?

The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.

HAMPDEN COUNTY (Updated May 23, 2024)

Food Bank of Western Massachusetts

25 Carew Street

Chicopee, MA 01020

(413)247-9738

www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN						HOURS/DETAILS (As provided by program)	
Agawam	Pantry*	Bethany Assembly of God Church, Best Life Food Ministry; 580 Main Street	(413)789-2930		MON				FRI		Mon & Fri 12:30-2:00pm. Closed Holidays.
Agawam	Pantry*	One Call Away, Inc., Veterans Support Center; 104 Ramah Circle South	(413)301-8125		MON	TUE	WED	THU	FRI	SAT	Mon, Wed, Fri 9am-3pm; Tue & Thu 12-6pm; 3rd Sat 10am-4pm
Chicopee	Pantry*	First Central Bible Church, The Lord's Food Pantry; 50 Broadway Street	(413)592-5353			TUE					1st/3rd/4th Tue: 9-11a; 2nd Tue: 6-8p (One visit/month. Closed on snow days and voting days.)
Chicopee	Meal Program**	First Congregational Church of Chicopee, Breaking Bread with Community; 306 Chicopee Street	(413)592-0396	SUN							1st & 3rd Sun: 5-6:30pm
Chicopee	Pantry*	First Congregational Church of Chicopee, Regina's Pantry; 306 Chicopee Street	(413)592-0396	SUN							Sun: 5:00-6:30pm
Chicopee	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Chicopee; 50 Broadway Street	(413)419-0079		MON						2nd & 4th Mon. of each month: 10:00 - 11:00am [VERIFICATIONS: None; please bring empty shopping bag.]
Chicopee	Pantry*	House of Refuge International, Inc., Project Hope Pantry; 292 New Ludlow Road	(413)437-8600				WED			SAT	Open for pre-packed bags distributed in parking lot. 2nd Sat. of each month: 2:00 - 4:00pm; 4th Weds. of each month: 3:00 - 5:30pm.
Chicopee	Meal Program**	Lorraine's Soup Kitchen and Pantry, Soup Kitchen; 170 Pendexter Avenue	(413)592-9528		MON	TUE	WED	THU	FRI		Mon-Fri: 4-6p
Chicopee	Pantry*	Lorraine's Soup Kitchen and Pantry, Pantry; 170 Pendexter Avenue	(413)592-9528		MON	TUE	WED	THU	FRI		M-F: 10am-2pm. Mobile Pantry 4-6 pm Mon - Fri
Chicopee	Pantry*	Mission Center New Jerusalem, One Way Outreach Pantry; 625 Front Street	(413)534-8103					THU			Thu: 5:30-7p [VERIFICATIONS: NONE]
Chicopee	Pantry*	Our Father's House, Dream Center Day; 938 Chicopee St	(413)437-8071							SAT	Drive thru 2nd Sat: 10-11am; Choice Pantry 4th Sat: 9:45-10:30am
Chicopee	Pantry*	United Way of Pioneer Valley, Chicopee Service Center; 226 Exchange Street	(413)693-0213				WED				Wed 2:30-5:30pm.
East Longmeadow	Pantry*	E.Longmeadow Senior Friendship Club, Pantry Distribution; 328 North Main Street	(413)525-5436								Emergency Distributions only. Call first.
Holyoke	Meal Program**	Bethlehem Baptist Community Church, Soup Kitchen; 304 Elm Street	(413)533-4590					THU			2nd & last Thurs: 11:30AM-1:30PM. No soup kitchen 1/11/24.
Holyoke	Meal Program**	Blessed Sacrament Parish, Take and Eat; 1945 Northampton Street	(413)532-0713	SUN							HOMEBOUND SENIORS ONLY: 2nd Sunday Home Delivery (Registraton required)
Holyoke	Pantry*	Care Center, Sodexo/HPS Backpack Program; 728 Main Street	(413)534-2000						FRI		KIDS ONLY. Backpacks distributed Fri. 7am-10am (Registration required)
Holyoke	Pantry*	Christian Pentecostal Church, Holyoke Food Pantry; 96 Cabot Street	(413)532-6192					THU			Thu: 10a-1p (12 visits/year)

*Income, household size, address and other verifications may be requested, but are not required..

**The Food Bank's MOBILE FOOD BANK program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. No verifications needed. Please bring a bag to fill for each distribution. No verifications are required.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **Food Bank of Western Massachusetts' SNAP Department at (413)992-6204**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.

HAMPDEN COUNTY (Updated May 23, 2024)

Food Bank of Western Massachusetts

25 Carew Street

Chicopee, MA 01020

(413)247-9738

www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)	
Holyoke	Pantry*	The Community Builders, Inc., Lyman Terrace Food Pantry; 17 Hampden Street	(413)887-6642				WED					2nd and 4th Wednesdays of every month. 12-2pm.
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Beaudoin Village/Yoerg Circle; 40 Leary Drive	(413)419-0079		MON							1st & 3rd Mon. of each month: 11:00 - 11:45am [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, One Holyoke CDC; 70 North Bridge Street	(413)419-0079						FRI			2nd & 4th Fri. of each month: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, St. Paul's Episcopal Church; 485 Appleton Street	(413)419-0079			TUE						2nd & 4th Tues., 11a-12p
Holyoke	Pantry*	Pentecostal Church Ebenezer Assemblies of God, Inc., Ebenezer Food Pantry; 200 Main Street	(413)536-0630				WED					Third Wednesday of the month when 4 Wednesdays. Fourth Wednesday of the month when 5 Wednesday. 8am-12pm.
Holyoke	Meal Program**	Providence Ministries, Kate's Kitchen; 51 Hamilton Street	(413)533-5909	SUN	MON	TUE	WED	THU	FRI	SAT		Open for lunch 12-1pm daily; dinner served M-F from 5-6pm
Holyoke	Pantry*	Providence Ministries, Margaret's Pantry; 56 Cabot Street	(413)538-8026		MON	TUE	WED	THU	FRI	SAT		M-F: 10:30a-12:00p, or by appt. between 8a-4p. Mobile Pantry at Holyoke High School, 500 Beech St., on May 15 and every 4th Saturday starting June 2021 from 12:30-2:00pm.
Holyoke	Meal Program**	The Salvation Army operating through its Holyoke Corps, Feeding Program; 271 Appleton Street	(413)532-6312					THU				Every Thursday from 2-4p. (bagged food at door)
Holyoke	Pantry*	The Salvation Army operating through its Holyoke Corps, CES Emergency Food Pantry; 271 Appleton Street	(413)532-6312			TUE	WED	THU				T, W, Th 9:30-12. (T & Th 11am for baked goods and vegetables.)
Holyoke	Pantry*	United Way of Pioneer Valley, Holyoke Community Cupboard; 164 Race St.	(413)302-3871					THU				Thurs. 2:30-5:30. Can visit 1x per month.
Indian Orchard	Pantry*	Community Survival Center, Food Pantry; 240 Main Street	(413)543-3930		MON	TUE	WED	THU				Mon-Th: 9:30a-4:15p (6 visits/year). CLOSED 12/25/23 thru 1/1/24.
Indian Orchard	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Housing Authority; 29 Moxon Street	(413)419-0079					THU				1st & 3rd Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Longmeadow	Pantry*	Friends of Longmeadow Older Citizens Association, Pantry; 211 Maple Road	(413)565-4150					THU				Thurs. 2-4pm and by appt.
Longmeadow	Pantry*	JGS Lifecare Corp., JGS Food Pantry; 770 Converse Street	(413)935-1770						FRI			Opens Aug. 4: Fri. 7am-5pm. Will be closed Friday 2/23/24, will reopen on 3/1/24.
Ludlow	Pantry*	One Call Away, Inc., Ludlow Veterans Services; 487 Holyoke St, Ludlow, MA	(413)707-5050		MON					FRI		Mondays 2-4:30pm; Fridays 9am-12pm

*Income, household size, address and other verifications may be requested, but are not required..

**The Food Bank's MOBILE FOOD BANK program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. No verifications needed. Please bring a bag to fill for each distribution. No verifications are required.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **Food Bank of Western Massachusetts' SNAP Department at (413)992-6204**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.

HAMPDEN COUNTY (Updated May 23, 2024)

Food Bank of Western Massachusetts

25 Carew Street

Chicopee, MA 01020

(413)247-9738

www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)	
Palmer	Pantry*	Palmer Food Share, Inc., Palmer Food Share; 39 Walnut Street	(413)283-3614			TUE				FRI		Tue/Fri: 9:30-11:15a
Southwick	Pantry*	Our Community Food Pantry, Inc., Our Community Food Pantry; 222 College Highway	(413)569-9876		MON	TUE	WED	THU				Mon: 2-4p; Tue, Wed: 10a-12p; Thu: 4-6p.
Springfield	Pantry*	All Nation Church of God, Food Pantry; 70 Leete St	(413)736-9775							SAT		2nd Sat AND 4th Sat 9am-1pm; Nov. 2023 schedule will be Nov. 11 and 18, CLOSED week of Nov. 20.
Springfield	Meal Program**	Behavioral Health Network, The Living Room; 21 Warwick St Entrance L	(413)310-3312	SUN	MON	TUE	WED	THU	FRI	SAT		Open every day from 7:30am - 7:00pm. After hours with Crisis Supervision only.
Springfield	Pantry*	Casa De Oracion Emmanuel, COE Food Pantry; 111 D Mill St.	(413)486-0550							SAT		2nd and 4th Sat. 10am-12pm and by appt.
Springfield	Meal Program**	Clinical & Support Options, Inc., Friends of the Homeless; 755 Worthington Street	(413)732-3069	SUN	MON	TUE	WED	THU	FRI	SAT		EVERY DAY. Breakfast: 8-9a; Lunch: 12-1p; Supper: 4:30-5:30p
Springfield	Pantry*	Deeper Life Bible Church of Springfield, Pantry; 67-69 Kenyon Street	(860)372-6170	SUN								2nd & 4th Sunday: 1-3pm (CLOSED 12/10/23)
Springfield	Pantry*	Ebenezer Missionary Baptist Church, Ebenezer Missionary Food Pantry; 44 Dearborn St.	(413)781-3177					THU				11am-2pm, 1st and 3rd Thurs.
Springfield	Pantry*	First Pioneer Valley Dream Center, DC Food Pantry; 133 Main St.	() - - - -				WED	THU				Wed. & Thurs., 11:30am-1:30pm. Closed last week each month.
Springfield	Pantry*	Freedom House of God, Community Lifeline Pantry; 563 Union Street	(413)351-0664							SAT		Sat. 10:30am-12:30pm
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield South End - Dakin; 171 Union Street	(413)419-0079		MON							2nd & 4th Mon. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Brightwood; 82 Division Street	(413)419-0079							FRI		1st & 3rd Fri. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Trinity United Methodist Church; 361 Sumner Avenue	(413)419-0079				WED					1st & 3rd Weds. of each month: 2:00 - 3:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Home City Housing; 7 Halsey Street	(413)419-0079					THU				2nd & 4th Thurs. of each month: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Allen Street; 1602 Allen Street	(413)419-0079				WED					2nd Weds. of each month: 10:00 - 11:00am [VERIFICATIONS: None. Please bring empty shopping bag.]

*Income, household size, address and other verifications may be requested, but are not required..

**The Food Bank's MOBILE FOOD BANK program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. No verifications needed. Please bring a bag to fill for each distribution. No verifications are required.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **Food Bank of Western Massachusetts' SNAP Department at (413)992-6204**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.

HAMPDEN COUNTY (Updated May 23, 2024)

Food Bank of Western Massachusetts

25 Carew Street

Chicopee, MA 01020

(413)247-9738

www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN					HOURS/DETAILS (As provided by program)
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, North End; 40 Waverly Street	(413)419-0079		TUE				1st & 3rd Tues. of each month: 10:30 - 11:30am [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Open Pantry State Street; 260 State Street	(413)218-2634				FRI		2nd Fri. of each month: 1:30 - 2:30pm
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Martin Luther King, Jr. Fam. Svcs.; 3 Rutland Street	(413)419-0079			THU			2nd & 4th Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Dunbar Center; 33 Oak Street	(413)419-0079				FRI		4th Fri. of each month: 1:00 - 2:00pm
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Third Baptist Church; 149 Walnut Street	(413)419-0079		WED				4th Weds. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Pantry*	Gethsemane Church of Jesus Christ, Inc., Food Pantry; 47 Harvey Street	(413)783-8255					SAT	Open for pre-packed bags. 3rd Sat of every month, 10a - 12p
Springfield	Pantry*	Gray House, Inc., Emergency Services Pantry; 22 Sheldon Street	(413)734-6696			THU	FRI		Drive-Through Pickup: Thur 9:00 - 12:00pm; 2nd and 4th Fri 3:30-5:30pm; 2nd Friday 2-3:30pm for veterans & seniors (55+).
Springfield	Pantry*	Holy Redeemer Cathedral, Holy Redeemer Food Pantry; 44 Prospect Street	(413)218-2347		WED			SAT	2nd/4th Wed: 9-11:30am 2nd/4th Sat 9-11:30am NOV and DEC ONLY: 2nd and 3rd Wednesdays
Springfield	Pantry*	Martin Luther king Jr. Family Services, Food Pantry; 3 Rutland Street	(413)746-3655			THU			Thu: 8am-12pm. No Thurs. pantry 7/13-8/29. Pantry days will be every other Sat.(July 13 + 27, Aug 10 + 24) 9am-12pm. Thurs. pantry resumes 9/5.
Springfield	Pantry*	McKnight Community Development Corp., Born Free Foods; 235 Hancock St.	(413)237-2669		TUE				Tues. 10am-3pm and by appointment
Springfield	Pantry*	Mission Church of The Living God, Reaping the Harvest; 20 Bowdoin Terrace	(413)858-8111		WED				2nd & 4th Wed. 10am-2pm
Springfield	Pantry*	Revival Time Evangelistic Center, Community Pantry; 120 Florence Street	(413)734-4861					SAT	3rd Sat: 8:00am-11am (closed January)
Springfield	Pantry*	Rivera & Rivera Act Against Foreclosure, Inc., Rivera & Rivera Food For All; 924 Main Street	(413)252-4258	MON	WED		FRI		Mon, Wed, Fri 11am-2pm (3 visits/month)
Springfield	Pantry*	The Salvation Army operating through its Springfield Corps, Family Services Pantry; 170 Pearl Street	(413)733-1518		TUE	WED	THU		Tue/Wed/Thur 9a-12p (1 Visit/30 day period + perishables daily)
Springfield	Meal Program**	Shiloh Seventh-day Adventist Church, Shiloh ACS Soup Kitchen; 797 State St.	(413)734-0103	SUN					2nd & 4th Sundays, 10am - Noon beginning April 14.

*Income, household size, address and other verifications may be requested, but are not required..

**The Food Bank's MOBILE FOOD BANK program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. No verifications needed. Please bring a bag to fill for each distribution. No verifications are required.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **Food Bank of Western Massachusetts' SNAP Department at (413)992-6204**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.

HAMPDEN COUNTY (Updated May 23, 2024)

Food Bank of Western Massachusetts

25 Carew Street

Chicopee, MA 01020

(413)247-9738

www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)	
				SUN	MON	TUE	WED	THU	FRI	SAT		
Springfield	Pantry*	Shiloh Seventh-day Adventist Church, Shiloh ACS Food Pantry; 797 State Street	(413)739-4265	SUN		TUE	WED					2nd & 4th Sun 10a-12p; 2nd & 4th Tue & Wed 6-8p. Call 413-734-0103 for more info.
Springfield	Meal Program**	South Middlesex Opportunity Council, Open Pantry Loaves & Fishes Kitchen; 35 Chestnut St.	(413)731-5668	SUN	MON	TUE	WED	THU	FRI	SAT		Mon/Tue/Thu/Fri/Sat 12&5pm, Sun. 1&5pm at South Cong. Church, 45 Maple St., Springfield. Wed 12&5pm at Christ Church Cathedral, 35 Chestnut St., Springfield
Springfield	Pantry*	South Middlesex Opportunity Council, Open Pantry Emergency Food Pantry; 2460 Main St.	(413)737-5353		MON	TUE	WED		FRI			M,T,W,F 9am-3pm.
Springfield	Pantry*	Springfield School Volunteers, Inc., Weekend Backpackers Program; 75 Cadwell Dr.	(413)266-9012						FRI			KIDS ONLY: Backpacks distributed Fridays through Spfld schools (Registration required)
Springfield	Pantry*	Spring Meadow Association of Responsible Tenants, S.M.A.R.T. Food Pantry; 30 Canon Circle	(413)426-9718					THU				Th: 5-6:30pm
Springfield	Pantry*	Spring of Hope Church Of God In Christ, Food Pantry; 35 Alden Street	(413)733-1032			TUE		THU				Tues. 2-4pm, Thurs. 12-2pm
Springfield	Meal Program**	St. John's Congregational Church, Friend's Place Meals; 69 Hancock Street	(413)734-2283				WED					Wed: 4:30-5:30p (Takeout)
Springfield	Pantry*	St. John's Congregational Church, Friend's Place Food Pantry; 643 Union Street	(413)734-2283		MON		WED					Wed: 11:00am-3:00pm (1 visit/week); SENIOR distribution - Mon: 10:00am - 2:00pm. CLOSED April 1, 2024, reopening April 3.
Springfield	Pantry*	Straitway To Heaven, COGIC, Food for the Souls Pantry; 4 Garfield Street	(413)785-1626							SAT		2nd & 4th Sat: 12-2pm
Springfield	Pantry*	Tabernaculo Christiano Misionero, TCM Food Pantry; 32 Hancock St.	(413)342-0898			TUE						Tues. 10am-noon
Springfield	Pantry*	Trinity United Methodist Church, Parkside Pantry; 361 Sumner Avenue	(413)351-0601				WED					4th Wed.: 5:30-6:30pm; Nov. 2023 distribution will be Nov. 19, 12:30-1:30pm; Dec. 2023 distribution will be Dec. 13 5:30-6:30pm. These will take the place of the regular 4th Wed. distributions.
Springfield	Pantry*	United Way of Pioneer Valley, Springfield Cupboard; 1441 Main Street, Suite 147	(413)727-2691			TUE						Tue. 1:30-5:30pm.
Springfield	Pantry*	Western Mass Training Consortium, Wildflower All. Bowen Center Pantry; 235 Chestnut St., 1st floor	(413)378-5652			TUE	WED	THU	FRI	SAT		Tues.-Fri. 9am-1pm, Sat. 10am-1pm
Wales	Pantry*	Wales Community Pantry, Wales Community Pantry; 85 Main Street	(413)245-0055		MON	TUE		THU				M-T 9:00am-1:00pm, Thurs 4:00pm-7:00pm, deliveries on Wed

*Income, household size, address and other verifications may be requested, but are not required.

**The Food Bank's MOBILE FOOD BANK program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. No verifications needed. Please bring a bag to fill for each distribution. No verifications are required.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **Food Bank of Western Massachusetts' SNAP Department at (413)992-6204**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The following programs in the Food Bank of Western Massachusetts Food Assistance Network may be able to help.

HAMPDEN COUNTY (Updated May 23, 2024)

Food Bank of Western Massachusetts

25 Carew Street

Chicopee, MA 01020

(413)247-9738

www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN						HOURS/DETAILS (As provided by program)
Westfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Westfield; 60 Broad Street	(413)419-0079	MON						1st & 3rd Mon. of each month: 10:00 - 11:00am [VERIFICATIONS: None; please bring shopping bag]
Westfield	Pantry*	Greater Westfield Food Pantry, Food Pantry; 101 Meadow Street	(413)572-0802	MON			THU	FRI	SAT	CLOSED 4/29 THRU 5/13, 2024. Every M and TH from 10am-12pm, Fridays 5:00-6:00pm, and the 1st Saturday of every month from 10am-12pm.
Westfield	Pantry*	Project New Hope, Inc., Sully's Pantry; 1029 North Road, Suite 9	(413)485-7988	MON	TUE		THU			Mon, Tues Thurs: 8:30am-1:30pm
Westfield	Pantry*	St. Vincent de Paul Society - Westfield, Food Pantry; 30 Bartlett Street	(413)568-5619			WED				Wed only, 3-5pm. Pre-packed bags.
West Springfield	Meal Program**	Parish Cupboard, Inc., Parish Cupboard Kitchen; 738 Main Street	(413)734-7969	MON	TUE	WED	THU	FRI		Mon-Fri: 11:10a-12:20p (to-go meals distributed through kitchen window)
West Springfield	Pantry*	Parish Cupboard, Inc., Parish Cupboard Pantry; 738 Main Street	(413)734-7969	MON	TUE	WED	THU	FRI		Open for to-go bags for W. Springfield and Agawam residents. Only one person allowed in at a time. Mon-Fri: 9-11am (1 visit/month) [Verifications: Address]
West Springfield	Pantry*	Victory Temple COGIC, Victory Temple Food Pantry; 521 Union Street	(413)827-8088			WED		FRI	SAT	Wed: 11a-1p; Fri: 6-8p by appointment only (2 visits/month); Saturdays 10:00am-1:00pm
Wilbraham	Pantry*	Evangel Assembly of God, Evangel Food Pantry; 348 Stony Hill Road	(413)599-1729			WED				Every Wed: 1-3p; 2nd and 4th Wed: 5-7p (and by appt) (1 visit/month)

**Income, household size, address and other verifications may be requested, but are not required..*

****The Food Bank's MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. No verifications needed. Please bring a bag to fill for each distribution. No verifications are required.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **Food Bank of Western Massachusetts' SNAP Department at (413)992-6204**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.