# FOOD BANK of western massachusetts

### We Envision a World Where Everyone Has Access to Healthy Food

Food has a critical impact on people's lives — nourishing our bodies, bringing our families together, and connecting us across time and distance. We believe in a world where everyone has the right to healthy food ... where children enjoy a full school breakfast and lunch, where veterans receive the nutrition they need, and where families bond over warm meals.

The Food Bank distributed millions of pounds of food last year, impacting the lives of hundreds of thousands of people monthly. While our accomplishments are substantial, the need for nourishment in our communities persists.





### We Know It Takes More Than Food To End Hunger

The Food Bank tackles the complex, underlying causes of hunger through Supplemental Nutrition Assistance Program (SNAP) outreach, nutrition education, public awareness, and advocacy. Our Food Assistance Navigators partner with health centers to identify and support those facing food insecurity. Our Food Bank Farms preserve farmland for local farmers and our own Cultivating for Community initiative to grow organic vegetables for households, to educate the public, and to support future farmers.

#### We Believe in the Power of Community

Every dollar you donate provides three healthy meals for our neighbors. Every advocacy initiative you support advances solutions. Every hour you volunteer directly contributes to building a Western Massachusetts where no one faces food insecurity and everyone has access to nutritious food. Your partnership creates a better world, now and for generations to come.



## TOGETHER, WE END HUNGER