



Could you use a nutritious meal or help with groceries?

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPSHIRE COUNTY (Updated June 9, 2023)

The Food Bank of Western Massachusetts
97 North Hatfield Road, PO Box 160
Hatfield, MA 01038
(413)247-9738
www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Amherst	Brown Bag: Food for Elders	Food Bank of Western MA, Amherst Brown Bag; 70 Boltwood Walk	(413)259-3062					THU			1st Thurs.: 1:30 - 4:00pm
Amherst	Meal Program**	Amherst Survival Center, Meal Site; 138 Sunderland Road	(413)549-3968		MON	TUE		THU	FRI		Open M, T, Th, F. Indoor dining service 12-3pm. Dining room & picnic area open 12-3pm. To go lunches & Fresh Food distribution outside 12-3pm. Also offers TO-GO options
Amherst	Meal Program**	Center for Human Development, Not Bread Alone Soup Kitchen; 165 Main Street	(413)256-0128	SUN			WED			SAT	Sat & Sun 11:45-1:15, Wed 3:45-5:15 for to-go meals.
Amherst	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Amherst Survival Center; 138 Sunderland Road	(413)549-3968				WED				1st Weds. of each month: 1:00 - 2:00pm[VERIFICATIONS: None; please bring empty shopping bag.]
Amherst	Pantry*	Amherst Survival Center, Senior Mobile Nutrition Program; 138 Sunderland Road	(413)549-3968		MON	TUE		THU	FRI		SENIORS ONLY. Registration required. Delivery by APPT only. Walk-ins are welcome during operating hours.
Amherst	Pantry*	Amherst Survival Center, Food Pantry; 138 Sunderland Road	(413)549-3968		MON	TUE		THU	FRI	SAT	Shopping hours: M and F 12-3pm, T and Th 12-7pm, 3rd Sat. 9am-12pm; Curbside pickup (by appointment) M and F 3-4pm, T and Th 5-7:30pm, 3rd Sat 9am-12pm. Guests can register online or schedule an appointment at calendly.com/amherstsurvival
Amherst	Pantry*	First Baptist Church, Food Pantry; 434 North Pleasant Street	(413)549-3596				WED				Outdoor Distribution: Wed: 2-4:00p.
Belchertown	Brown Bag: Food for Elders	Food Bank of Western MA, Belchertown Brown Bag; 60 State Street	(413)323-0420						FRI		2nd Fri.: 10:30 - 11:30am
Belchertown	Pantry*	Belchertown United Church of Christ, Helping Hands Cupboard; 18 Park Street	(413)323-7442					THU			3rd Thu: 4:30-6:00p (Also by appointment)
Belchertown	Pantry*	St. Francis Parish, St. Francis Parish Food Pantry; 10 Park Street	(413)323-6272		MON	TUE	WED	THU	FRI		Delivery only. Call to schedule appointment.
Chesterfield	Brown Bag: Food for Elders	Food Bank of Western MA, Chesterfield Brown Bag; 400 Main Road	(413)296-4007					THU			2nd Thurs.: 11:00am - 12:00pm
Easthampton	Brown Bag: Food for Elders	Food Bank of Western MA, Easthampton Brown Bag; 12 Clark Street	(413)527-5240				TUE				1st Tues.: 10:30am - 12:30pm
Easthampton	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Easthampton; 34 Franklin Street	(413)527-5240					THU			1st & 3rd Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None; please bring empty shopping bag.]

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDERLS** program provides healthy staples to qualifying seniors (over 55 years old). Application and annual renewal are required. Contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The following programs in The Food Bank of Western Massachusetts Emergency Food Network may be able to help.

HAMPSHIRE COUNTY (Updated June 9, 2023)

The Food Bank of Western Massachusetts
97 North Hatfield Road, PO Box 160
Hatfield, MA 01038
(413)247-9738
www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)	
Easthampton	Pantry*	Easthampton Community Center, Summer Kid Bag Program; 12 Clark Street	(413)527-5240		MON		WED					KIDS UNDER 18: Mon/Wed: 9a-12p, 4-7p; appointments available for emergencies outside regular hours.
Easthampton	Pantry*	Easthampton Community Center, Emergency Pantry; 12 Clark Street	(413)527-5240		MON		WED					Outdoor distribution. Mon/Wed: 9a-12p, 4-7p. GLUTEN FREE AVAILABLE. Appointments can be made for emergencies outside regular hours.
Easthampton	Pantry*	Easthampton Congregational Church, Food Cupboard; 112 Main Street	(413)203-9759				WED					2nd Wed: 10a-12p. Now offering delivery. Please call or email ecchurchfood@gmail.com
Easthampton	Pantry*	Pioneer Valley Power Packs, Weekend Free Backpack Program; 128 Main Street	(413)364-6150				WED	THU	FRI			Delivery available on Fridays 12-6pm for students at select schools in Easthampton. Call for info.
Florence	Pantry*	Viability, Inc., Star Light Center Pantry; 251 Nonotuck Street	(413)586-8255			TUE				FRI		Open for to-go bags. Call to find out what they have and have a bag made.
Goshen	Pantry*	Northampton Survival Center, Northern Hilltown Food Pantry; 40 Main Street	(413)268-7578				WED					Wed: 1-3pm
Granby	Brown Bag: Food for Elders	Food Bank of Western MA, Granby Brown Bag; 10 West State Street	(413)467-3239			TUE						3rd Tues.: 10:30am
Granby	Pantry*	Neighbors Helping Neighbors, Inc., Granby to-go Program; 385 E. State Street	(413)467-7104			TUE						During School Year: Tue 6-7:30pm or by appointment (email granbytogo@granbyschoolsma.net)
Hadley	Brown Bag: Food for Elders	Food Bank of Western MA, Hadley Brown Bag; 46 Middle Street	(413)586-4023					THU				11:00am-4:00pm
Hatfield	Brown Bag: Food for Elders	Food Bank of Western MA, Hatfield Brown Bag; 59 Main Street	(413)247-9003			TUE						1st Tues.: 10:00 - 11:30am
Haydenville	Brown Bag: Food for Elders	Food Bank of Western MA, Williamsburg Brown Bag; 141 Main Street	(413)268-8407					THU				2nd Thurs.: 10:00 - 11:30am
Huntington	Brown Bag: Food for Elders	Food Bank of Western MA, Huntington Brown Bag; 26 Russell Road	(413)667-3141							FRI		3rd Fri.: 10:00 - 11:30am
Huntington	Pantry*	Pioneer Valley Assembly of God, Huntington Food Pantry; 63 Old Chester Road	(413)667-3196					THU				Th 9-11:30am and 2-4:30pm
Leeds	Pantry*	Soldier On, Inc., Soldier On Pantry for Homeless Vets; 421 North Main Street	(413)588-4232	SUN						FRI	SAT	To-go boxes distributed at door: Sat/Sun: 8:30-9:30a; Fri: 6-6:30p for working/new residents
Northampton	Brown Bag: Food for Elders	Food Bank of Western MA, Northampton Brown Bag; 67 Conz Street	(413)587-1228					THU				2nd Thurs.: 10:00 - 11:00am
Northampton	Meal Program**	MANNA Soup Kitchen, Inc., MANNA Main Street; 297 Main Street	(413)887-0500								SAT	Sat: 11:30a-12:30p. To-go meals.
Northampton	Meal Program**	MANNA Soup Kitchen, Inc., MANNA Elm Street; 48 Elm Street	(413)887-0500		MON	TUE	WED	THU				Mon, Tues, Thurs: 11:30a-12:30p. Wed 6-7pm. To-go meals.

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDER**s program provides healthy staples to qualifying seniors (over 55 years old). Application and annual renewal are required. Contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The following programs in The Food Bank of Western Massachusetts Emergency Food Network may be able to help.

HAMPSHIRE COUNTY (Updated June 9, 2023)

The Food Bank of Western Massachusetts
97 North Hatfield Road, PO Box 160
Hatfield, MA 01038
(413)247-9738
www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Northampton	Pantry*	Northampton Survival Center, Pantry; 265 Prospect Street	(413)586-6564		MON		WED		FRI		Mon: 2-6pm; Wed., Fri: 12-3pm. Online ordering & curbside pickup available. Call to register.
Northampton	Pantry*	Northampton Survival Center, Kids' Summer Food Program; 265 Prospect Street	(413)586-6564								Call for updated hours and distribution locations.
Northampton	Pantry*	Pioneer Valley Workers Center, People's Pantry/Dispensa del Pueblo; 20 Hampton Ave., #200	(413)570-3060	SUN					FRI		380 Plainfield St. Springfield, 3rd Sun, 3-5pm; 104 4th St., Turners Falls, 3rd Fri 4-6pm. No distributions in February.
South Hadley	Brown Bag: Food for Elders	Food Bank of Western MA, South Hadley Brown Bag; 45 Dayton Street	(413)538-5030			TUE					3rd Tues.: 10:00 - 11:00am
South Hadley	Meal Program**	First Congregational Church of South Hadley, Food for Friends; 1 Church Street	(413)374-6022						SAT		HOMEBOUND SENIORS ONLY: 3rd Saturday Home Delivery (Registration required. Call Take & Eat 413-672-1404)
South Hadley	Meal Program**	St. Patrick's Church, Take & Eat of St. Patrick's; 30 Main Street	(413)532-2850	SUN							HOMEBOUND SENIORS ONLY: 4th Sunday Home Delivery (Registration required)
South Hadley	Pantry*	Neighbors Helping Neighbors, Inc., Neighbors Helping Neighbors; 30 Carew Street	(413)437-7593				WED		SAT		CLOSED SAT. 2/4/23. Wed: 12:30-6:00pm; Sat: 10a-12p; Mobile Pantry at Granby COA on 4th Tues., 11:30a-12:30p, 1st Thur. at Newton Manor (643 Newton St, S.Hadley) 11a-12p, 3rd Thur. at Lathrop Village (68 Lathrop St., S. Hadley) 11a-12p
Southampton	Pantry*	Southampton Congregational Church, Southampton Community Cupboard; 212 College Highway	(413)527-1173						SAT		Open for delivery to car. Call to set up food drop-off. 2nd & 4th Saturday of the month from 10:00AM-12:00PM
Ware	Brown Bag: Food for Elders	Food Bank of Western MA, Ware Brown Bag; 1 Robbins Road	(413)967-9645						FRI		2nd Fri.: 11:00am - 12:00pm
Ware	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Greenville Park; 73 Church Street	(413)277-0426			TUE					3rd Tues. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.] at Greenville Park
Ware	Pantry*	Trinity Episcopal Church, Jubilee Cupboard; 20 Park Street	(413)967-3274					THU			Thu: 9a-12p (12 visits/year) [VERIFICATIONS: address]

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDERLS** program provides healthy staples to qualifying seniors (over 55 years old). Application and annual renewal are required. Contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.