



## Could you use a nutritious meal or help with groceries?

The following programs in The Food Bank of Western Massachusetts  
Emergency Food Network may be able to help.

**HAMPDEN COUNTY (Updated June 9, 2023)**

The Food Bank of Western Massachusetts  
97 North Hatfield Road, PO Box 160  
Hatfield, MA 01038  
**(413)247-9738**  
www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Agawam	Brown Bag: Food for Elders	Food Bank of Western MA, Agawam Senior Center Brown Bag; 954 Main Street	(413)821-0604					THU			3rd Thurs: 2:00-2:30pm
Agawam	Pantry*	Bethany Assembly of God Church, Best Life Food Ministry; 580 Main Street	(413)789-2930		MON					FRI	Mon & Fri 12:30-2:00pm. Closed Holidays.
Agawam	Pantry*	One Call Away, Inc., Veterans Support Center; 104 Ramah Circle South	(413)301-8125	MON	TUE	WED	THU	FRI	SAT		Mon, Wed, Fri 9am-3pm; Tue & Thu 12-6pm; 3rd Sat 10am-4pm
Brimfield	Brown Bag: Food for Elders	Food Bank of Western MA, Brimfield Brown Bag; 20 Main Street	(413)245-7253							FRI	Fri. after 2nd Thurs.: 9:00am - 1:00pm
Chester	Brown Bag: Food for Elders	Food Bank of Western MA, Chester Brown Bag; 15 Middlefield Road	(413)354-7808							FRI	3rd Fri.: 10:30 - 11:30am
Chicopee	Brown Bag: Food for Elders	Food Bank of Western MA, Chicopee McKinley Brown Bag; 38 Asinof Avenue	(413)594-1929			TUE					3rd Tues.: 12:00 - 1:00pm
Chicopee	Brown Bag: Food for Elders	Food Bank of Western MA, Chicopee Moose Brown Bag; 244 Fuller Road	(413)538-9020			TUE					3rd Tues.: 12:00 - 1:00pm
Chicopee	Meal Program**	First Congregational Church of Chicopee, Breaking Bread with Community; 306 Chicopee Street	(413)592-0396	SUN							1st & 3rd Sun: 5-6:30pm
Chicopee	Meal Program**	Lorraine's Soup Kitchen and Pantry, Soup Kitchen; 170 Pendexter Avenue	(413)592-9528	MON	TUE	WED	THU	FRI			Mon-Fri: 4-6p
Chicopee	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Chicopee; 50 Broadway Street	(413)437-7593	MON							2nd & 4th Mon. of each month: 10:00 - 11:00am [VERIFICATIONS: None; please bring empty shopping bag.]
Chicopee	Pantry*	First Central Bible Church, The Lord's Food Pantry; 50 Broadway Street	(413)592-5353			TUE					1st/3rd/4th Tue: 9-11a; 2nd Tue: 6-8p (One visit/month. Closed on snow days and voting days.)
Chicopee	Pantry*	First Congregational Church of Chicopee, Regina's Pantry; 306 Chicopee Street	(413)592-0396	SUN							Sun: 5:00-6:30pm
Chicopee	Pantry*	House of Refuge International, Inc., Project Hope Pantry; 292 New Ludlow Road	(413)437-8600				WED			SAT	Open for pre-packed bags distributed in parking lot. 2nd Sat. of each month: 2:00 - 4:00pm; 4th Weds. of each month: 3:00 - 5:30pm.
Chicopee	Pantry*	Lorraine's Soup Kitchen and Pantry, Pantry; 170 Pendexter Avenue	(413)592-9528	MON	TUE	WED	THU	FRI			M-F: 10am-2pm. For mobile pantry locations & schedule visit <a href="https://www.lorrainessoupkitchen.com/mobile/">https://www.lorrainessoupkitchen.com/mobile/</a>
Chicopee	Pantry*	Mission Center New Jerusalem, One Way Outreach Pantry; 625 Front Street	(413)534-8103				THU				Thu: 5:30-7p [VERIFICATIONS: NONE]
Chicopee	Pantry*	Our Father's House, Dream Center Day; 938 Chicopee St	(413)437-8071							SAT	Drive thru 2nd Sat: 10-11am; Choice Pantry 4th Sat: 9:45-10:30am

\*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

\*\*No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDER**s program provides healthy staples to qualifying seniors (over 55 years old). Application and annual renewal are required. Contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

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Chicopee	Pantry*	United Way of Pioneer Valley, Center Street Pantry; 226 Exchange Street	(413)737-2691			TUE	WED	THU			Tue 9am-12pm; Wed 3:30-5:00pm; Thur. 11am-1pm
East Longmeadow	Pantry*	E. Longmeadow Senior Friendship Club, Pantry Distribution; 328 North Main Street	(413)525-5436								Emergency Distributions only. Call first.
Hampden	Brown Bag: Food for Elders	Food Bank of Western MA, Hampden Senior Center Brown Bag; 104 Allen Street	(413)566-5588				WED				3rd Wed, 9:30-10:30am
Holyoke	Brown Bag: Food for Elders	Food Bank of Western MA, Holyoke Brown Bag; 291 Pine Street	(413)322-5625						FRI		1st Fri.: 10:00 - 11:00am
Holyoke	Meal Program**	Bethlehem Baptist Community Church, Soup Kitchen; 304 Elm Street	(413)533-4590					THU			2nd & last Thurs: 11:30AM-1:30PM
Holyoke	Meal Program**	Blessed Sacrament Parish, Take and Eat; 1945 Northampton Street	(413)532-0713	SUN							HOMEBOUND SENIORS ONLY: 2nd Sunday Home Delivery (Registraron required)
Holyoke	Meal Program**	Providence Ministries, Kate's Kitchen; 51 Hamilton Street	(413)533-5909	SUN	MON	TUE	WED	THU	FRI	SAT	Open 7 days 12-2pm
Holyoke	Meal Program**	The Salvation Army operating through its Holyoke Corps, Feeding Program; 271 Appleton Street	(413)532-6312					THU			Every Thursday from 2-4p. (bagged food at door)
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Beaudoin Village/Yoerg Circle; 40 Leary Drive	(413)539-2229		MON						1st & 3rd Mon. of each month: 11:00 - 11:45am [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, St. Paul's Episcopal Church; 485 Appleton Street	(413)537-3119			TUE					2nd & 4th Tues., 11a-12p
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Olde Holyoke Development Corp.; 70 North Bridge Street	(413)409-2004						FRI		2nd & 4th Fri. of each month: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Pantry*	Care Center, Sodexo/HPS Backpack Program; 728 Main Street	(413)534-2000					THU			KIDS ONLY. Backpacks distributed Th. 10-12:30pm (Registration required)
Holyoke	Pantry*	Christian Pentecostal Church, Holyoke Food Pantry; 96 Cabot Street	(413)532-6192					THU			Thu: 10a-2p (12 visits/year)
Holyoke	Pantry*	Pentecostal Church Ebenezer Assemblies of God, Inc., Ebenezer Food Pantry; 200 Main Street	(413)536-0630				WED				Third Wednesday of the month when 4 Wednesdays. Fourth Wednesday of the month when 5 Wednesday. 8am-12pm.
Holyoke	Pantry*	Providence Ministries, Margaret's Pantry; 56 Cabot Street	(413)538-8026		MON	TUE	WED	THU	FRI	SAT	M-F: 10:30a-12:00p, or by appt. between 8a-4p. Mobile Pantry at Holyoke High School, 500 Beech St., on May 15 and every 4th Saturday starting June 2021 from 12:30-2:00pm.

\*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

\*\*No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDER**s program provides healthy staples to qualifying seniors (over 55 years old). Application and annual renewal are required. Contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

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Holyoke	Pantry*	The Community Builders, Inc., Lyman Terrace Food Pantry; 17 Hampden Street	(413)887-6641					WED				2nd and 4th Wednesdays of every month. 12-2pm Pantry will be closed month of February due to renovations.	
Holyoke	Pantry*	The Salvation Army operating through its Holyoke Corps, CES Emergency Food Pantry; 271 Appleton Street	(413)532-6312			TUE	WED	THU				T, W, Th 9:30-12. (T & Th 11am for baked goods and vegetables.)	
Indian Orchard	Brown Bag: Food for Elders	Food Bank of Western MA, Indian Orchard Brown Bag; 117 Main Street	(413)636-8755								FRI	1st Fri.: 12:00 - 1:00pm	
Indian Orchard	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Housing Authority; 29 Moxon Street	(413)247-9738								THU	1st & 3rd Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]	
Indian Orchard	Pantry*	Community Survival Center, Food Pantry; 240 Main Street	(413)543-3930		MON	TUE	WED	THU				REGULAR HOURS: Mon-Th: 9:30a-4:15p (6 visits/year)	
Longmeadow	Pantry*	Friends of Longmeadow Older Citizens Association, Pantry; 211 Maple Road	(413)565-4150								FRI	Fridays by appointment only. Emergency food provided on other days, call for more information.	
Longmeadow	Pantry*	JGS Lifecare Corp., JGS Food Pantry; 770 Converse Street	(413)567-6211								FRI	Fri. 7am-5pm	
Ludlow	Brown Bag: Food for Elders	Food Bank of Western MA, Ludlow Brown Bag; 228 State Street	(413)583-3564					TUE				3rd Tues.: 1:00 - 3:00pm	
Ludlow	Pantry*	One Call Away, Inc., Ludlow Veterans Services; 487 Holyoke St, Ludlow, MA	(413)707-5050		MON						FRI	SAT	Currently Fri. 10am-2pm -- Starting May 1, 2023 New Hours Mondays 2-4:30pm; Fridays 9am-12pm; and 1st Sat 9am-12pm
Palmer	Brown Bag: Food for Elders	Food Bank of Western MA, Palmer Brown Bag; 1029 Central Street	(413)283-2670								FRI		2nd Fri.: 10:30 - 11:30am
Palmer	Pantry*	Palmer Food Share, Inc., Palmer Food Share; 39 Walnut Street	(413)283-3614			TUE					FRI		Tue/Fri: 9:30-11:15a
Russell	Brown Bag: Food for Elders	Food Bank of Western MA, Russell Brown Bag; 65 Main Street	(413)862-6217								FRI		3rd Fri.: 10:30 - 11:30 am
Southwick	Brown Bag: Food for Elders	Food Bank of Western MA, Southwick Brown Bag; 454 College Highway	(413)569-5498					TUE					2nd Tues 12:00-12:30 pm
Southwick	Pantry*	Our Community Food Pantry, Inc., Our Community Food Pantry; 220 College Highway	(413)569-9876		MON	TUE	WED	THU					Serving Southwick, Granville & Tolland. Hours of Operation BEGINNING 1/1/23 - Mon: 2-4p; Tue, Wed: 10a-12p; Thu: 4-6p; And by Appt
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, North end Senior Center; 310 Plainfield Street	(413)787-5220					TUE					4th Tues.: 12:00 - 1:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Edgewater Brown Bag; 101 Lowell Street	(413)781-4941					TUE					4th Tues.: 11:00am - 4:00pm

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Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Forest Park Brown Bag; 25 Barney Lane	(413)785-5019							FRI	2nd Fri.: 2:00 - 4:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Saab Court Brown Bag; 307 Chestnut Street	(413)317-7691				TUE				4th Tues.: 11:15am - 12:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Jordan Sr Ctr Brown Bag; 1476 Roosevelt Avenue	(413)787-6785							THU	3rd Thurs.: 11:30am - 1:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Urban League Brown Bag; 1 Federal Street	(413)739-7211							FRI	1st Fri.: 12:00 - 1:00pm
Springfield	Meal Program**	Behavioral Health Network, The Living Room; 21 Warwick St Entrance L	(413)310-3312	SUN	MON	TUE	WED	THU	FRI	SAT	Open every day from 7:30am - 7:00pm. After hours with Crisis Supervision only.
Springfield	Meal Program**	Clinical & Support Options, Inc., Friends of the Homeless; 755 Worthington Street	(413)732-3069	SUN	MON	TUE	WED	THU	FRI	SAT	EVERY DAY. Breakfast: 8-9a; Lunch: 12-1p; Supper: 4:30-5:30p
Springfield	Meal Program**	Open Pantry Community Services, Inc., Loaves and Fishes Kitchen; 35 Chestnut Street	(413)731-5668	SUN	MON	TUE	WED	THU	FRI	SAT	Mon/Tue/Thu/Fri/Sat 12&5pm, Sun. 1&5pm at South Cong. Church, 45 Maple St., Springfield. Wed 12&5pm at Christ Church Cathedral, 35 Chestnut St., Springfield
Springfield	Meal Program**	St. John's Congregational Church, Friend's Place Meals; 69 Hancock Street	(413)734-2283				WED				Wed: 4:30-5:30p (Takeout)
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Open Pantry State Street; 260 State Street	(413)218-2634							FRI	2nd Fri. of each month: 1:30 - 2:30pm
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Allen Street; 1602 Allen Street	(413)731-8087				WED				2nd Weds. of each month: 10:00 - 11:00am [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Brightwood; 82 Division Street	(413)218-2634							FRI	1st & 3rd Fri. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield South End - Dakin; 171 Union Street	(413)858-3165		MON						2nd & 4th Mon. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Dunbar Center; 33 Oak Street	(413)262-1429							FRI	4th Fri. of each month: 1:00 - 2:00pm
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Home City Housing; 7 Halsey Street	(413)348-2768							THU	2nd & 4th Thurs. of each month: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Martin Luther King, Jr. Fam. Svcs.; 3 Rutland Street	(413)746-3655							THU	2nd & 4th Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]

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Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Revival Time Evangelistic Center; 116 Florence Street	(413)734-4861				WED		4th Weds. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, North End; 40 Waverly Street	(413)218-2634				TUE		1st & 3rd Tues. of each month: 10:30 - 11:30am [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Trinity United Methodist Church; 361 Sumner Avenue	(413)737-5311				WED		1st & 3rd Weds. of each month: 2:00 - 3:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Brightwood/Lincoln Elementary; 255 Plainfield Street	(413)247-9738				TUE		2nd Tues: 7:45-8:45am
Springfield	Pantry*	All Nation Church of God, Food Pantry; 70 Leete St	(413)736-9775					SAT	2nd Sat AND 4th Sat 9a-1p at 70 Leete St., Springfield
Springfield	Pantry*	Deeper Life Bible Church of Springfield, Pantry; 67-69 Kenyon Street	(860)372-6170	SUN					2nd & 4th Sunday: 1-3pm
Springfield	Pantry*	Freedom House of God, Community Lifeline Pantry; 563 Union Street	(413)351-0664					SAT	Sat. 10:30am-12:30pm
Springfield	Pantry*	Gandara Mental Health Center, Springfield Family Resource Center; 18 Gaucher Street	(413)733-7699				THU		Thursdays 11am-3pm drive thru pantry.
Springfield	Pantry*	Gethsemane Church of Jesus Christ, Inc., Food Pantry; 47 Harvey Street	(413)783-8255					SAT	Open for pre-packed bags. 3rd Sat of every month, 10a - 12p
Springfield	Pantry*	Gray House, Inc., Emergency Services Pantry; 22 Sheldon Street	(413)734-6696				THU	FRI	Drive-Through Pickup: Thur 9:00 - 12:00pm; 2nd and 4th Fri 3:30-5:30pm; 2nd Friday 2-3:30pm for veterans & seniors (55+).
Springfield	Pantry*	Holy Redeemer Cathedral, Holy Redeemer Food Pantry; 44 Prospect Street	(413)218-2347				WED	SAT	2nd/4th Wed: 9-11:30am 2nd/4th Sat 9-11:30am NOV and DEC ONLY: 2nd and 3rd Wednesdays
Springfield	Pantry*	Martin Luther King, Jr. Family Services, Inc., Food Pantry; 3 Rutland Street	(413)746-3655				THU		Thu: 8am-12pm
Springfield	Pantry*	Mission Church of The Living God, Reaping the Harvest; 20 Bowdoin Terrace	(413)858-8111				WED		2nd & 4th Wed. 10am-2pm
Springfield	Pantry*	Open Pantry Community Services, Inc., Emergency Food Pantry; 2460 Main Street	(413)737-5353	MON	TUE	WED		FRI	M, T, W, F 9am-3pm. See Facebook page or call to verify.
Springfield	Pantry*	Revival Time Evangelistic Center, Community Pantry; 120 Florence Street	(413)734-4861					SAT	3rd Sat: 8:00am-11am (closed January)

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Springfield	Pantry*	Rivera & Rivera Act Against Foreclosure, Inc., Rivera & Rivera Food For All; 924 Main Street	(413)252-4258		MON		WED		FRI		Mon, Wed, Fri 11am-2pm (3 visits/month)
Springfield	Pantry*	Shiloh Seventh-day Adventist Church, Community Service Department; 797 State Street	(413)739-4265	SUN		TUE	WED				2nd & 4th Sun 10a-12p; 2nd & 4th Tue & Wed 6-8p
Springfield	Pantry*	Spring Meadow Association of Responsible Tenants, S.M.A.R.T. Food Pantry; 30 Canon Circle	(413)426-9718				THU				Th: 5-6:30pm
Springfield	Pantry*	Spring of Hope Church Of God In Christ, Food Pantry; 35 Alden Street	(413)733-1032				THU	FRI			Thurs, Fri: 10:30am-12pm
Springfield	Pantry*	Springfield School Volunteers, Inc., Weekend Backpackers Program; 75 Cadwell Dr.	(413)266-9012						FRI		KIDS ONLY: Backpacks distributed Fridays through Spfld schools (Registration required)
Springfield	Pantry*	St. John's Congregational Church, Friend's Place Food Pantry; 643 Union Street	(413)734-2283		MON		WED				Wed: 11:00am-3:00pm (1 visit/week); SENIOR distribution - Mon: 10:00am - 2:00pm.
Springfield	Pantry*	Straitway To Heaven, COGIC, Food for the Souls Pantry; 4 Garfield Street	(413)785-1626							SAT	2nd & 4th Sat: 12-2pm
Springfield	Pantry*	The Salvation Army Emergency Disaster Services, Emergency Disaster Services; 170 Pearl Street	(339)502-5801	SUN	MON	TUE	WED	THU	FRI	SAT	24 hour disaster-relief services
Springfield	Pantry*	The Salvation Army operating through its Springfield Corps, Family Services Pantry; 170 Pearl Street	(413)733-1518			TUE	WED	THU			Tue/Wed/Thur 9a-12p (1 Visit/30 day period + perishables daily)
Springfield	Pantry*	Trinity United Methodist Church, Parkside Pantry; 361 Sumner Avenue	(413)351-0601				WED				4th Wed.: 5:30-6:30pm
Springfield	Pantry*	United Way of Pioneer Valley, Springfield Cupboard; 1441 Main Street, Suite 147	(413)727-2691			TUE	WED				Tue. 2:30-5:30pm; Wed 9am-1pm
Wales	Pantry*	Wales Community Pantry, Tri-Town Food Pantry; 85 Main Street	(774)200-4380		MON	TUE	WED				M-W: 8am-12pm. Available 24/7 by phone at 774-200-4380 and/or 413-245-4472.
West Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, West Springfield Brown Bag; 2112 Riverdale Street, Suite 1	(413)827-4370						FRI		3rd Friday of each month: 1:30-2:30pm
West Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, W. Springfield Sr. Brown Bag; 128 Park Street	(413)495-1802						FRI		3rd Fri. 1-1:30pm
West Springfield	Meal Program**	Parish Cupboard, Inc., Parish Cupboard Kitchen; 738 Main Street	(413)734-7969		MON	TUE	WED	THU	FRI		Mon-Fri: 11:10a-12:20p (to-go meals distributed through kitchen window)
West Springfield	Pantry*	Parish Cupboard, Inc., Parish Cupboard Pantry; 738 Main Street	(413)734-7969		MON	TUE	WED	THU	FRI		Open for to-go bags for W. Springfield and Agawam residents. Only one person allowed in at a time. Mon-Fri: 9-11am (1 visit/month) [Verifications: Address]
West Springfield	Pantry*	Victory Temple COGIC, Victory Temple Food Pantry; 521 Union Street	(413)827-8088				WED		FRI	SAT	Wed: 11a-1p; Fri: 6-8p by appointment only (2 visits/month); Saturdays 10:00am-1:00pm

\*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

\*\*No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDER**s program provides healthy staples to qualifying seniors (over 55 years old). Application and annual renewal are required. Contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).



## Could you use a nutritious meal or help with groceries?

The following programs in The Food Bank of Western Massachusetts  
Emergency Food Network may be able to help.

**HAMPDEN COUNTY (Updated June 9, 2023)**

The Food Bank of Western Massachusetts  
97 North Hatfield Road, PO Box 160  
Hatfield, MA 01038  
**(413)247-9738**  
www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Westfield	Brown Bag: Food for Elders	Food Bank of Western MA, Westfield Brown Bag; 45 Noble Street	(413)562-6435				WED				Wed after the 2nd Tuesday.
Westfield	Brown Bag: Food for Elders	Food Bank of Western MA, Washington House Wstfld. Brown Bag; 16 Washington Street	(413)247-9738				TUE				2nd Tues: 11am - 1pm
Westfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Westfield; 60 Broad Street	(870)814-4824		MON						1st & 3rd Mon. of each month: 10:00 - 11:00am [VERIFICATIONS: None; please bring shopping bag]
Westfield	Pantry*	Greater Westfield Food Pantry, Food Pantry; 101 Meadow Street	(413)572-0802		MON			THU	FRI	SAT	Every M and TH from 10am-12pm, Fridays 5:00-6:00pm, and the 1st Saturday of every month form 10am-12pm.
Westfield	Pantry*	Project New Hope, Inc., Sully's Pantry; 1029 North Road, Suite 9	(413)485-7988		MON	TUE		THU	FRI		Mon, Tues Thurs: 9am-2pm; Friday: 9am-12pm
Westfield	Pantry*	St. Vincent de Paul Society - Westfield, Food Pantry; 30 Bartlett Street	(413)568-5619				WED				Wed only, 3-5pm. Pre-packed bags.
Wilbraham	Brown Bag: Food for Elders	Food Bank of Western MA, Wilbraham Brown Bag; 45B Post Office Park	(413)596-8379						FRI		3rd Friday of each month: 1 - 2pm
Wilbraham	Pantry*	Evangel Assembly of God, Evangel Food Pantry; 348 Stony Hill Road	(413)599-1729				WED				Every Wed: 1-3p; 2nd and 4th Wed: 5-7p (and by appt) (1 visit/month) [VERIFICATIONS: address; household]

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