



## Could you use a nutritious meal or help with groceries?

The following programs in The Food Bank of Western Massachusetts Emergency Food Network may be able to help.

The Food Bank of Western Massachusetts  
 97 North Hatfield Road, PO Box 160  
 Hatfield, MA 01038  
**(413)247-9738**  
 www.foodbankwma.org

**HAMPDEN COUNTY – Springfield & Indian Orchard (Updated February 15, 2023)**

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Indian Orchard	Brown Bag: Food for Elders	Food Bank of Western MA, Indian Orchard Brown Bag; 117 Main Street	(413)636-8755						FRI		1st Fri.: 12:00 - 1:00pm
Indian Orchard	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Housing Authority; 29 Moxon Street	(413)247-9738						THU		1st & 3rd Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Indian Orchard	Pantry*	Community Survival Center, Food Pantry; 240 Main Street	(413)543-3930		MON	TUE			THU		REGULAR HOURS: Mon, Tue, Th: 9:30a-3:00p (6 visits/year)
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, North end Senior Center; 310 Plainfield Street	(413)787-5220						TUE		4th Tues.: 12:00 - 1:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Edgewater Brown Bag; 101 Lowell Street	(413)781-4941						TUE		4th Tues.: 11:00am - 4:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Forest Park Brown Bag; 25 Barney Lane	(413)785-5019						FRI		2nd Fri.: 2:00 - 4:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Saab Court Brown Bag; 307 Chestnut Street	(413)317-7691						TUE		4th Tues.: 11:15am - 12:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Jordan Sr Ctr Brown Bag; 1476 Roosevelt Avenue	(413)787-6785						THU		3rd Thurs.: 11:30am - 1:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Urban League Brown Bag; 1 Federal Street	(413)739-7211						FRI		1st Fri.: 12:00 - 1:00pm
Springfield	Meal Program**	Behavioral Health Network, The Living Room; 21 Warwick St Entrance L	(413)310-3312	SUN	MON	TUE	WED	THU	FRI	SAT	Open every day from 7:00am - 7:00pm. After hours with Crisis Supervision only.
Springfield	Meal Program**	Clinical & Support Options, Inc., Friends of the Homeless; 755 Worthington Street	(413)732-3069	SUN	MON	TUE	WED	THU	FRI	SAT	EVERY DAY. Breakfast: 8-9a; Lunch: 12-1p; Supper: 4:30-5:30p
Springfield	Meal Program**	Open Pantry Community Services, Inc., Loaves and Fishes Kitchen; 35 Chestnut Street	(413)731-5668	SUN	MON	TUE	WED	THU	FRI	SAT	Mon/Tue/Thu/Fri/Sat 12&5pm, Sun. 1&5pm at South Cong. Church, 45 Maple St., Springfield. Wed 12&5pm at Christ Church Cathedral, 35 Chestnut St., Springfield
Springfield	Meal Program**	St. John's Congregational Church, Friend's Place Meals; 69 Hancock Street	(413)734-2283						WED		Wed: 4:30-5:30p

\*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

\*\*No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDER**s program provides healthy staples to qualifying seniors (over 55 years old). Application and annual renewal required. Contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).



## Could you use a nutritious meal or help with groceries?

The following programs in The Food Bank of Western Massachusetts Emergency Food Network may be able to help.

**HAMPDEN COUNTY – Springfield & Indian Orchard (Updated February 15, 2023)**

The Food Bank of Western Massachusetts  
97 North Hatfield Road, PO Box 160  
Hatfield, MA 01038  
**(413)247-9738**  
www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)		
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Open Pantry State Street; 260 State Street	(413)247-9738							FRI		2nd Fri. of each month: 1:30 - 2:30pm	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Allen Street; 1602 Allen Street	(413)247-9738								WED		2nd Weds. of each month: 10:00 - 11:00am [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Brightwood; 82 Division Street	(413)247-9738								FRI		1st & 3rd Fri. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield South End - Dakin; 171 Union Street	(413)247-9738								MON		2nd & 4th Mon. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Dunbar Center; 33 Oak Street	(413)247-9738								FRI		4th Fri. of each month: 1:00 - 2:00pm
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Home City Housing; 7 Halsey Street	(413)348-2768								THU		2nd & 4th Thurs. of each month: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Martin Luther King, Jr. Fam. Svcs.; 3 Rutland Street	(413)247-9738								THU		2nd & 4th Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Revival Time Evangelistic Center; 116 Florence Street	(413)247-9738								WED		4th Weds. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, North End; 40 Waverly Street	(413)247-9738								TUE		1st & 3rd Tues. of each month: 10:30 - 11:30am [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Trinity United Methodist Church; 361 Sumner Avenue	(413)247-9738								WED		1st & 3rd Weds. of each month: 2:00 - 3:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Brightwood/Lincoln Elementary; 255 Plainfield Street	(413)247-9738								TUE		2nd Tues: 7:45-8:45am

\*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

\*\*No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDER**s program provides healthy staples to qualifying seniors (over 55 years old). Application and annual renewal required. Contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).



## Could you use a nutritious meal or help with groceries?

The following programs in The Food Bank of Western Massachusetts Emergency Food Network may be able to help.

**HAMPDEN COUNTY – Springfield & Indian Orchard (Updated February 15, 2023)**

The Food Bank of Western Massachusetts  
97 North Hatfield Road, PO Box 160  
Hatfield, MA 01038  
**(413)247-9738**  
www.foodbankwma.org

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Springfield	Pantry*	All Nation Church of God, Food Pantry; 70 Leete St	(413)736-9775							SAT	2nd Sat AND 4th Sat 9a-1p at 70 Leete St., Springfield
Springfield	Pantry*	Deeper Life Bible Church of Springfield, Pantry; 67-69 Kenyon Street	(860)372-6170	SUN							2nd & 4th Sunday: 1-3pm
Springfield	Pantry*	Freedom House of God, Community Lifeline Pantry; 563 Union Street	(413)734-0273							SAT	Sat. 10:30am-12:30pm
Springfield	Pantry*	Gandara Mental Health Center, Springfield Family Resource Center; 18 Gaucher Street	(413)733-7699					THU			Thursdays 11am-3pm drive thru pantry.
Springfield	Pantry*	Gethsemane Church of Jesus Christ, Inc., Food Pantry; 47 Harvey Street	(413)783-8255							SAT	Open for pre-packed bags. 3rd Sat of every month, 10a - 12p
Springfield	Pantry*	Gray House, Inc., Emergency Services Pantry; 22 Sheldon Street	(413)734-6696					THU	FRI		Drive-Through Pickup: Thur 9:00 - 12:00pm; 2nd and 4th Fri 3:30-5:30pm; 2nd Friday 2-3:30pm for veterans & seniors (55+).
Springfield	Pantry*	Holy Redeemer Cathedral, Holy Redeemer Food Pantry; 44 Prospect Street	(413)218-2347					WED			2nd/4th Wed: 9-11:30pm
Springfield	Pantry*	Martin Luther King, Jr. Family Services, Inc., Food Pantry; 3 Rutland Street	(413)746-3655					THU			Thu: 6am-11am
Springfield	Pantry*	Mission Church of The Living God, Reaping the Harvest; 20 Bowdoin Terrace	(413)858-8111					WED			2nd & 4th Wed. 10am-2pm
Springfield	Pantry*	Open Pantry Community Services, Inc., Emergency Food Pantry; 2460 Main Street	(413)737-5353		MON	TUE	WED		FRI		M, T, W, F 9am-3pm. See Facebook page or call to verify.
Springfield	Pantry*	Revival Time Evangelistic Center, Community Pantry; 120 Florence Street	(413)734-4861							SAT	3rd Sat: 8:00am-11am (closed January)
Springfield	Pantry*	Rivera & Rivera Act Against Foreclosure, Inc., Rivera & Rivera Food For All; 924 Main Street	(413)252-4258		MON		WED		FRI		Mon, Wed, Fri 11am-2pm (3 visits/month)
Springfield	Pantry*	Shiloh Seventh-day Adventist Church, Community Service Department; 797 State Street	(413)739-4265	SUN		TUE	WED				2nd & 4th Sun 10a-12p; 2nd & 4th Tue & Wed 6-8p

\*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

\*\*No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDER**s program provides healthy staples to qualifying seniors (over 55 years old). Application and annual renewal required. Contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).



## Could you use a nutritious meal or help with groceries?

The following programs in The Food Bank of Western Massachusetts Emergency Food Network may be able to help.

The Food Bank of Western Massachusetts  
97 North Hatfield Road, PO Box 160  
Hatfield, MA 01038  
**(413)247-9738**  
www.foodbankwma.org

### HAMPDEN COUNTY – Springfield & Indian Orchard (Updated February 15, 2023)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Springfield	Pantry*	Spring Meadow Association of Responsible Tenants, S.M.A.R.T. Food Pantry; 30 Canon Circle	(413)426-9718					THU			Th: 5-6:30pm
Springfield	Pantry*	Spring of Hope Church Of God In Christ, Food Pantry; 35 Alden Street	(413)733-1032					THU	FRI		Thurs, Fri: 10:30am-12pm
Springfield	Pantry*	Springfield School Volunteers, Inc., Weekend Backpackers Program; 75 Cadwell Dr.	(413)266-9012						FRI		KIDS ONLY: Backpacks distributed Fridays through Spfld schools (Registration required)
Springfield	Pantry*	St. John's Congregational Church, Friend's Place Food Pantry; 643 Union Street	(413)734-2283		MON		WED				Wed: 11:00am-3:00pm (1 visit/week); SENIOR distribution - Mon: 10:00am - 2:00pm.
Springfield	Pantry*	Straitway To Heaven, COGIC, Food for the Souls Pantry; 4 Garfield Street	(413)785-1626							SAT	2nd & 4th Sat: 12-2pm
Springfield	Pantry*	The Salvation Army Emergency Disaster Services, Emergency Disaster Services; 170 Pearl Street	(339)502-5801	SUN	MON	TUE	WED	THU	FRI	SAT	24 hour disaster-relief services
Springfield	Pantry*	The Salvation Army operating through its Springfield Corps, Family Services Pantry; 170 Pearl Street	(413)733-1518			TUE	WED	THU			Bagged Distribution Outside: Tue/Wed/Thur 9a-12p (1 Visit/30 day period - 12X annually) [VERIFICATIONS: address, household size] Closed month of December
Springfield	Pantry*	United Way of Pioneer Valley, Springfield Cupboard; 1441 Main Street, Suite 147	(413)727-2691			TUE	WED				Tue. 2:30-4:30pm; Wed 9am-1pm

\*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

\*\*No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDERS** program provides healthy staples to qualifying seniors (over 55 years old). Application and annual renewal required. Contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).