



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPSHIRE COUNTY (Updated March 22, 2022)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Amherst	Brown Bag: Food for Elders	Food Bank of Western MA, Amherst Brown Bag; 70 Boltwood Walk	(413)259-3062					THU			1st Thurs.: 1:30 - 4:00pm
Amherst	Meal Program**	Amherst Survival Center, Meal Site; 138 Sunderland Road	(413)549-3968		MON	TUE		THU	FRI	SAT	M, T, Th, F 12-3pm. Outdoor distribution includes fresh foods. No registration needed.
Amherst	Meal Program**	Center for Human Development, Not Bread Alone Soup Kitchen; 165 Main Street	(413)256-0128	SUN				WED		SAT	Sat & Sun 11:45-1:15, Wed 3:45-5:15 for to-go meals.
Amherst	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Amherst Survival Center; 138 Sunderland Road	(413)247-9738					WED			1st Weds. of each month: 1:00 - 2:00pm[VERIFICATIONS: None; please bring empty shopping bag.]
Amherst	Pantry*	Amherst Survival Center, Senior Mobile Nutrition Program; 138 Sunderland Road	(413)549-3968					WED			SENIORS ONLY. Registration required. Delivery only.
Amherst	Pantry*	Amherst Survival Center, Food Pantry; 138 Sunderland Road	(413)549-3968		MON	TUE		THU	FRI	SAT	Shopping hours: M, T, Th, F 12-3pm, Th 5-7pm, 3rd Sat. 9am-12pm; Curbside pickup (by appointment) M, T, F 3-4pm, Th 5-7:30pm. Guests can register online or schedule an appointment at amherstsurvival.org.
Amherst	Pantry*	First Baptist Church, Food Pantry; 434 North Pleasant Street	(413)549-3596					WED			Outdoor Distribution: Wed: 2-4:00p.
Belchertown	Brown Bag: Food for Elders	Food Bank of Western MA, Belchertown Brown Bag; 60 State Street	(413)323-0420						FRI		2nd Fri.: 10:30 - 11:30am
Belchertown	Pantry*	Belchertown United Church of Christ, Helping Hands Cupboard; 18 Park Street	(413)323-7442					THU			Call to confirm hours. 3rd Thu: 4:30-6:30p (Also by appointment)
Belchertown	Pantry*	St. Francis Parish, St. Francis Parish Food Pantry; 10 Park Street	(413)323-6272		MON	TUE	WED	THU	FRI		Delivery only. Call to schedule appointment.
Chesterfield	Brown Bag: Food for Elders	Food Bank of Western MA, Chesterfield Brown Bag; 400 Main Road	(413)296-4007					THU			2nd Thurs.: 11:00am - 12:00pm
Easthampton	Brown Bag: Food for Elders	Food Bank of Western MA, Easthampton Brown Bag; 12 Clark Street	(413)527-5240			TUE					1st Tues.: 10:30am - 12:30pm
Easthampton	Meal Program**	Easthampton Community Center, Community Care Kitchen; 12 Clark Street	(413)527-5240			TUE					Tue: 4:30-6p
Easthampton	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Easthampton; 33 Adams Street	(413)247-9738					THU			1st & 3rd Thurs. of each month: 1:00 - 2:00pm [VERIFICATIONS: None; please bring empty shopping bag.]

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDER**S program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPSHIRE COUNTY (Updated March 22, 2022)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)	
Easthampton	Pantry*	Easthampton Community Center, Emergency Pantry; 12 Clark Street	(413)527-5240		MON		WED					Outdoor distribution. Mon/Wed: 9a-12p, 4-7p. GLUTEN FREE AVAILABLE. Delivery available on request. One visit/week for pantry staples, open daily for fresh foods & breads (call for availability).
Easthampton	Pantry*	Easthampton Community Center, Summer Kid Bag Program; 12 Clark Street	(413)527-5240		MON		WED					Open in Spring due to COVID-19: KIDS UNDER 18: Mon/Wed: 9a-12p, 4-7p
Easthampton	Pantry*	Easthampton Congregational Church, Food Cupboard; 112 Main Street	(413)527-4790				WED					2nd Wed: 10a-12p & 6-7:30p
Easthampton	Pantry*	Pioneer Valley Power Packs, Weekend Free Backpack Program; 126 Main Street	(413)364-6150				WED	THU	FRI			Delivery available on Fridays 12-6pm for students at select schools in Easthampton. Call for info.
Florence	Pantry*	Viability, Inc., Star Light Center Pantry; 251 Nonotuck Street	(413)586-8255			TUE				FRI		Open for to-go bags. Call to find out what they have and have a bag made.
Goshen	Pantry*	Northampton Survival Center, Northern Hilltown Food Pantry; 40 Main Street	(413)268-7578									Food available through councils on aging in Goshen, Worthington and Chesterfield for residents of those towns. Call for more information.
Granby	Brown Bag: Food for Elders	Food Bank of Western MA, Granby Brown Bag; 10 West State Street	(413)467-3239			TUE						3rd Tues.: 10:30am
Granby	Meal Program**	Immaculate Heart of Mary, Warm Meals-Warm Hearts; 256 State Street	(413)467-9821		SUN							HOMEBOUND SENIORS ONLY: 1st Sunday Home Delivery (Registraton required. Occasionally 5th Sunday also)
Granby	Pantry*	Neighbors Helping Neighbors, Inc., Granby to-go Program; 385 E. State Street	(413)467-7104		MON	TUE	WED	THU	FRI			M-F 12-2pm; Wed 6-7:30pm
Hadley	Brown Bag: Food for Elders	Food Bank of Western MA, Hadley Brown Bag; 46 Middle Street	(413)586-4023					THU				11:00am-4:00pm
Hatfield	Brown Bag: Food for Elders	Food Bank of Western MA, Hatfield Brown Bag; 59 Main Street	(413)247-9003			TUE						1st Tues.: 10:00 - 11:30am
Haydenville	Brown Bag: Food for Elders	Food Bank of Western MA, Williamsburg Brown Bag; 141 Main Street	(413)268-8407					THU				2nd Thurs.: 10:00 - 11:30am
Huntington	Brown Bag: Food for Elders	Food Bank of Western MA, Huntington Brown Bag; 26 Russell Road	(413)667-3141							FRI		3rd Fri.: 10:00 - 11:30am
Huntington	Pantry*	Pioneer Valley Assembly of God, Huntington Food Pantry; 63 Old Chester Road	(413)667-3196					THU				Th 9-11:30am and 2-4:30pm
Leeds	Pantry*	Soldier On, Inc., Soldier On Pantry for Homeless Vets; 421 North Main Street	(413)588-4232		SUN					FRI	SAT	To-go boxes distributed at door: Sat/Sun: 8:30-9:30a; Fri: 6-6:30p for working/new residents

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDER**S program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPSHIRE COUNTY (Updated March 22, 2022)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Northampton	Brown Bag: Food for Elders	Food Bank of Western MA, Northampton Brown Bag; 67 Conz Street	(413)587-1228					THU			2nd Thurs.: 10:00 - 11:00am
Northampton	Meal Program**	MANNA Soup Kitchen, Inc., MANNA Main Street; 297 Main Street	(413)584-1757					WED		SAT	Wed: 6-7p; Sat: 11:30a-1:30p. To-go meals.
Northampton	Meal Program**	MANNA Soup Kitchen, Inc., MANNA Elm Street; 48 Elm Street	(413)584-1757		MON	TUE		THU			Mon, Tues, Thurs: 11:30a-1p. To-go meals.
Northampton	Pantry*	Northampton Survival Center, Kids' Summer Food Program; 265 Prospect Street	(413)586-6564								Call for updated hours and distribution locations.
Northampton	Pantry*	Northampton Survival Center, Pantry; 265 Prospect Street	(413)586-6564		MON			WED		FRI	Mon: 2-6pm; Wed., Fri: 12-3pm. Online ordering & curbside pickup available. Call to register.
Northampton	Pantry*	Pioneer Valley Workers Center, People's Pantry/Dispensa del Pueblo; 20 Hampton Ave., #200	(413)570-3060	SUN					THU		380 Plainfield St. Springfield, 2nd Sun, 3-5pm; 111 Avenue A Turners Falls, 3rd Thu 2:30-4pm
South Hadley	Brown Bag: Food for Elders	Food Bank of Western MA, South Hadley Brown Bag; 45 Dayton Street	(413)538-5030					TUE			3rd Tues.: 10:00 - 11:00am
South Hadley	Meal Program**	First Congregational Church of South Hadley, Food for Friends; 1 Church Street	(413)374-6022							SAT	HOMEBOUND SENIORS ONLY: 3rd Saturday Home Delivery (Registraton required. Call Take & Eat 413-672-1404)
South Hadley	Meal Program**	St. Patrick's Church, Take & Eat of St. Patrick's; 30 Main Street	(413)532-2850	SUN							HOMEBOUND SENIORS ONLY: 4th Sunday Home Delivery (Registraton required)
South Hadley	Pantry*	Neighbors Helping Neighbors, Inc., Neighbors Helping Neighbors; 30 Carew Street	(413)437-7593					WED		SAT	Wed: 12:30-5:30pm; Sat: 10a-12p; Mobile Pantry 3rd Tues. 10-11:30am at South Hadley Council On Aging (45 Dayton St., South Hadley) and 12-2pm at Granby COA (10 West St., Granby)
Southampton	Pantry*	Southampton Congregational Church, Southampton Community Cupboard; 212 College Highway	(413)527-1173							SAT	Open for delivery to car. Call to set up food drop-off. 2nd & 4th Saturday of the month from 10:00AM-12:00PM
Ware	Brown Bag: Food for Elders	Food Bank of Western MA, Ware Brown Bag; 1 Robbins Road	(413)967-9645							FRI	2nd Fri.: 11:00am - 12:00pm
Ware	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Grenville Park; 73 Church Street	(413)247-9738					TUE			3rd Tues. of each month: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.] at Grenville Park

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDERS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPSHIRE COUNTY (Updated March 22, 2022)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN					HOURS/DETAILS (As provided by program)	
Ware	Pantry*	Trinity Episcopal Church, Jubilee Cupboard; 20 Park Street	(413)967-3274					THU		Thu: 9a-12p (12 visits/year) [VERIFICATIONS: address]

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDERS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP** (formerly known as "food stamps"), which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**. Households that receive SNAP are also eligible for HIP, which provides extra money for fresh produce each month.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.