



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPDEN COUNTY (Updated July 15, 2019)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)	
Agawam	Pantry*	Bethany Assembly of God Church, Best Life Food Ministry; 580 Main Street	(413)789-2930		MON					FRI		Mondays and Fridays: 1-3p; first Tues. of the month: 6-8p; last Sat. of the month: 9a-12p (12 visits/year, closed holidays)
Brimfield	Brown Bag: Food for Elders	Food Bank of Western MA, Brimfield Brown Bag; 20 Main Street	(413)245-7253							FRI		Fri. after 2nd Thurs.: 9:00am - 1:00pm
Chester	Brown Bag: Food for Elders	Food Bank of Western MA, Chester Brown Bag; 15 Middlefield Road	(413)354-7735							FRI		3rd Fri.: 10:30 - 11:30am
Chicopee	Brown Bag: Food for Elders	Food Bank of Western MA, Chicopee McKinley Brown Bag; 38 Asinof Avenue	(413)594-1929			TUE						3rd Tues.: 12:00 - 1:00pm
Chicopee	Brown Bag: Food for Elders	Food Bank of Western MA, Chicopee Moose Brown Bag; 244 Fuller Road	(413)538-9020			TUE						3rd Tues.: 12:00 - 1:00pm
Chicopee	Meal Program**	Lorraine's, Soup Kitchen; 170 Pendexter Avenue	(413)592-9528		MON	TUE	WED	THU	FRI			Mon-Fri: 4:30-6p
Chicopee	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Chicopee; 50 Broadway Street	(413)592-9528		MON							2nd & 4th Monday of each month: 10:00 - 11:00am [VERIFICATIONS: None; please bring empty shopping bag.]
Chicopee	Pantry*	First Central Bible Church, The Lord's Food Pantry; 50 Broadway Street	(413)592-5353			TUE						1st/3rd/4th Tue: 9-11a; 2nd Tue: 6-8p (One visit/month. Closed on snow days and voting days.) [VERIFICATIONS: address, ID]
Chicopee	Pantry*	House of Refuge International, Inc., Project Hope Pantry; 292 New Ludlow Road	(413)437-8600				WED				SAT	2nd Sat. of each month: 2:00 - 4:00pm; 4th Weds. of each month: 3:00 - 5:30pm.
Chicopee	Pantry*	Lorraine's Soup Kitchen and Pantry, Pantry; 170 Pendexter Avenue	(413)592-9528		MON	TUE	WED	THU	FRI			M-W-Th-Fri: 10a-2p; Every 1st & 3rd Tuesday 10a-2p; every 2nd & 4th Tuesday 6p-8p (Also as needed for emergencies. Visits allowed every 45 business days) [VERIFICATIONS: does not have to be resident of Chicopee]
Chicopee	Pantry*	Mission Center New Jerusalem, One Way Outreach Pantry; 625 Front Street	(413)534-8103					THU				Thu: 5:30-7p [VERIFICATIONS: NONE]
Chicopee	Pantry*	Our Father's House, Dream Center Day; 938 Chicopee St	(413)437-8071								SAT	4th Sat of every month: 10a-12p (Registration 10:00-10:45am)
Chicopee	Pantry*	USO Council of Pioneer Valley, USO Food Pantry; 250 Jenkins Street, Box 17	(413)557-3290	SUN	MON	TUE	WED	THU	FRI	SAT		Mon-Fri: 8a-4p & 1st weekend (Sat-Sun) 8a-4p (24 visits/year) military personnel only
East Longmeadow	Pantry*	E.Longmeadow Senior Friendship Club, Pantry Distribution; 328 North Main Street	(413)525-5436		MON	TUE	WED	THU	FRI			Mon-Fri: 9a-3p (2 visits/month) [VERIFICATIONS: address]
Granville	Brown Bag: Food for Elders	Food Bank of Western MA, Granville Brown Bag; 85 Sodom Street	(413)214-2686								SAT	Sat. after 2nd Tues.: 9:00 - 11:00am

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDERLS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families.

To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738.**



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPDEN COUNTY (Updated July 15, 2019)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Holyoke	Brown Bag: Food for Elders	Food Bank of Western MA, Holyoke Brown Bag; 291 Pine Street	(413)322-5625						FRI		1st Fri.: 10:00 - 11:00am
Holyoke	Meal Program**	Blessed Sacrament Parish, Take and Eat; 1945 Northampton Street	(413)532-0713	SUN							HOMEBOUND SENIORS ONLY: 2nd Sunday Home Delivery (Registration required)
Holyoke	Meal Program**	Providence Ministries, Kate's Kitchen; 51 Hamilton Street	(413)536-9109	SUN	MON	TUE	WED	THU	FRI	SAT	Lunch Every Day: 12-2p
Holyoke	Meal Program**	The Salvation Army operating through its Holyoke Corps, Feeding Program; 271 Appleton Street	(413)532-6312					THU			Every Thursday from 3-4p.
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Beaudoin Village/Yoerg Circle; 40 Leary Drive	(413)247-9738		MON						1st/3rd Mon: 11:00 - 11:45am [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Salvation Army Holyoke; 271 Appleton Street	(413)247-9738			TUE					2nd and 4th Tuesdays each month: 11:00am - 12:00pm
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, South Summer Street; 531 South Summer Street	(413)247-9738		MON						1st/3rd Mon: 2:00 - 2:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Olde Holyoke Development Corp.; 70 North Bridge Street	(413)247-9738						FRI		2nd/4th Fri: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Pantry*	Care Center, Sodexo/HPS Backpack Program; 728 Main Street	(413)246-2774						FRI		KIDS ONLY. Backpacks distributed Fri through Holyoke schools (Registration required)
Holyoke	Pantry*	Christian Pentecostal Church, Holyoke Food Pantry; 96 Cabot Street	(413)682-4447					THU			Thu: 10a-2p (12 visits/year)
Holyoke	Pantry*	Pentecostal Church Ebenezer Assemblies of God, Inc., Ebenezer Food Pantry; 200 Main Street	(413)536-0630				WED				3rd Wed: 8:30a-12p (when five Wednesdays in a month, distribution will be the 4th Wednesday)
Holyoke	Pantry*	Providence Ministries, Margaret's Pantry; 56 Cabot Street	(413)538-8026		MON	TUE	WED	THU	FRI		Mon - Fri: 10:30am - 12pm (One visit/month) [VERIFICATION: identity, residency, household size] - CLOSED FRIDAYS IN SUMMER
Holyoke	Pantry*	The Salvation Army operating through its Holyoke Corps, CES Emergency Food Pantry; 271 Appleton Street	(413)532-6312			TUE		THU			Tue & Thu: 11a-12p for baked goods & veg. Grocery bag distribution once/month, 9a-12p (Call for dates). [VERIFICATIONS: address - unless homeless]
Indian Orchard	Brown Bag: Food for Elders	Food Bank of Western MA, Indian Orchard Brown Bag; 117 Main Street	(413)543-3172						FRI		1st Fri.: 12:00 - 1:00pm
Indian Orchard	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Housing Authority; 29 Moxon Street	(413)247-9738					THU			1st/3rd Thurs: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDERLS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families.

To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738.**

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPDEN COUNTY (Updated July 15, 2019)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Indian Orchard	Pantry*	Community Survival Center, Food Pantry; 240 Main Street	(413)543-3930		MON	TUE		THU	FRI		July & August 2019: Mon/Tue: 9:30a-3:00p; Thur: 9:30a-7:00p; Fri: 9:30a-12:30p (6 visits/year)
Longmeadow	Pantry*	Friends of Longmeadow Older Citizens Association, Pantry; 231 Maple Road	(413)565-4150			TUE			FRI		Tue: 10a-12p; Fri: 9a-11a [VERIFICATIONS: address, income]
Ludlow	Brown Bag: Food for Elders	Food Bank of Western MA, Ludlow Brown Bag; 37 Chestnut Street	(413)583-3564			TUE					3rd Tues.: 1:00 - 3:00pm
Palmer	Brown Bag: Food for Elders	Food Bank of Western MA, Palmer Brown Bag; 1029 Central Street	(413)283-2670						FRI		2nd Fri.: 10:30 - 11:30am
Palmer	Pantry*	Palmer Food Share, Inc., Palmer Food Share; 39 Walnut Street	(413)283-3614			TUE			FRI		Tue/Fri: 9:30-11:15a (4 visits/year)
Russell	Brown Bag: Food for Elders	Food Bank of Western MA, Russell Brown Bag; 65 Main Street	(413)862-6202						FRI		3rd Fri.: 10:30 - 11:30 am
Southwick	Brown Bag: Food for Elders	Food Bank of Western MA, Southwick Brown Bag; 458 College Highway	(413)569-5498			TUE					2nd Tues.: 10:30 - 11:30am
Southwick	Pantry*	Our Community Food Pantry, Inc., Our Community Food Pantry; 220 College Highway	(413)569-9876		MON	TUE	WED	THU			Mon: 3-5p; Tue, Wed: 10a-12p; Thu: 5-6p (weekly for desserts and produce, monthly for full distribution; VERIFICATIONS: address)
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Edgewater Brown Bag; 101 Lowell Street	(413)781-4941			TUE					4th Tues.: 11:00am - 4:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Forest Park Brown Bag; 25 Barney Lane	(413)782-4536						FRI		2nd Fri.: 2:00 - 4:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Jordan Sr Ctr Brown Bag; 1476 Roosevelt Avenue	(413)787-6785					THU			3rd Thurs.: 11:30am - 1:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Riverview Brown Bag; 122 Clyde Street	(413)787-5220			TUE					4th Tues.: 12:00 - 1:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Saab Court Brown Bag; 18 Saab Court	(413)747-0127			TUE					4th Tues.: 11:15am - 12:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Urban League Brown Bag; 33 Oak Street	(413)739-7211						FRI		1st Fri.: 12:00 - 1:00pm
Springfield	Meal Program**	Behavioral Health Network, The Living Room; 21 Warwick St Entrance L	(413)310-3312	SUN	MON	TUE	WED	THU	FRI	SAT	Open every day. Breakfast, 8a-10a; Dinner, 6p-730p
Springfield	Meal Program**	Clinical & Support Options, Inc., Friends of the Homeless; 755 Worthington Street	(413)732-3069	SUN	MON	TUE	WED	THU	FRI	SAT	EVERY DAY. Breakfast: 8-9a; Lunch: 12-1p; Supper: 4:30-5:30p
Springfield	Meal Program**	Holy Redeemer Cathedral, Holy Redeemer Meal Site; 44 Prospect Street	(413)218-2347				WED				Wed: 1-3p

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDERLS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738**.

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPDEN COUNTY (Updated July 15, 2019)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Springfield	Meal Program**	Open Pantry Community Services, Inc., Loaves and Fishes Kitchen; 35 Chestnut Street	(413)731-5668	SUN	MON	TUE	WED	THU	FRI	SAT	LUNCH & SUPPER: Mo/Tu/Th/Fr/Sa (So. Cong. Church, 45 Maple St.): 12&5p; Wed (Christ Church Cath., 35 Chestnut St): 12&5p; Sun (Shiloh 7th Day Adv. Church, 797 State St): 1&5p
Springfield	Meal Program**	St. John's Congregational Church, Friend's Place Meals; 69 Hancock Street	(413)734-2283				WED				Wed: 4:30-5:30p
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Allen Street; 1602 Allen Street	(413)247-9738				WED				2nd Weds: 10:00 - 11:00am [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Brightwood; 82 Division Street	(413)247-9738						FRI		1st/3rd Fri: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield South End - Dakin; 171 Union Street	(413)247-9738		MON						2nd/4th Mon: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Dunbar Center; 33 Oak Street	(413)247-9738						FRI		4th Friday, 1-2p
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Home City Housing; 7 Halsey Street	(413)247-9738					THU			2nd/4th Thurs: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Martin Luther King, Jr. Fam. Svcs.; 3 Rutland Street	(413)247-9738					THU			2nd and 4th Thurs, 1-2p [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Open Pantry State Street; 260 State Street	(413)247-9738						FRI		2nd Friday of each month: 1:30 - 2:30pm
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Revival Time Evangelistic Center; 116 Florence Street	(413)247-9738				WED				4th Weds: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, North End; 50 Waverly Street	(413)247-9738			TUE					1st & 3rd Tues: 10:30 - 11:30am [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Trinity United Methodist Church; 361 Sumner Avenue	(413)247-9738				WED				1st/3rd Wed: 2:00 - 3:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Pantry*	All Nation Church of God, Food Pantry; 67 Kenyon Street	(413)736-9775							SAT	2nd Sat: 10a-12p
Springfield	Pantry*	Freedom House of God, Community Lifeline Pantry; 563 Union Street	(413)271-7320							SAT	Sat: 10a (Also by appointment for emergencies. Open until food runs out.)
Springfield	Pantry*	Gandara Mental Health Center, Springfield Family Resource Center; 18 Gaucher Street	(413)733-7699		MON						Mon 1-3p (can go 2x/month) please bring own bag

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDERLY** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families.

To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738.**

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPDEN COUNTY (Updated July 15, 2019)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN					HOURS/DETAILS (As provided by program)		
Springfield	Pantry*	Gethsemane Church of Jesus Christ, Inc., Food Pantry; 47 Harvey Street	(413)783-8255						SAT	10a - 1p, 3rd Sat of every month	
Springfield	Pantry*	Gray House, Inc., Emergency Services Pantry; 22 Sheldon Street	(413)734-6696					THU	FRI	Thur 9:00 - 12:00pm ; 2nd and 4th Fri 4:00 - 6:00pm (10x/yr) [VERIFICATIONS: Income, Address, ID]	
Springfield	Pantry*	Greater Love Church of God, Food Pantry; 65 Newland Street	(413)736-5147							SAT	Last Sat: 9:30a-12p [closed November]
Springfield	Pantry*	Holy Redeemer Cathedral, Holy Redeemer Food Pantry; 44 Prospect Street	(413)218-2347				WED				2nd/4th Wed: 1-3pm
Springfield	Pantry*	Martin Luther King, Jr. Family Services, Inc., Food Pantry; 3 Rutland Street	(413)746-3655					THU			Thu: 6a-11a (also emergencies) [VERIFICATIONS: address] CLOSED THANKSGIVING
Springfield	Pantry*	Mission Church of The Living God, Reaping the Harvest; 20 Bowdoin Terrace	(413)858-8111				WED				2nd & 4th Wed 10a-3p
Springfield	Pantry*	Open Pantry Community Services, Inc., Emergency Food Pantry; 2460 Main Street	(413)737-5353		MON	TUE	WED		FRI		Mon/Tue/Wed/Fri: 9a-3p. Senior program 3rd Monday of month)
Springfield	Pantry*	Project-13, Inc., Oasis Food Pantry; 175 Central Street	(413)237-5125						FRI		Fridays from 3p-6p. 3p-4p for seniors and handicapped. 4p-6p for everyone.
Springfield	Pantry*	Revival Time Evangelistic Center, Community Pantry; 120 Florence Street	(413)734-4861							SAT	3rd Sat: 10a-1p (closed January)
Springfield	Pantry*	Spring of Hope Church Of God In Christ, Food Pantry; 35 Alden Street	(413)733-1032				WED	THU	FRI		Every Wed, Thu, & Fri 3:30-5:00pm. Closed all major holidays.
Springfield	Pantry*	Springfield School Volunteers, Inc., Weekend Backpackers Program; 49 Cadwell Drive	(413)787-7111						FRI		KIDS ONLY: Backpacks distributed Fridays through Spfld schools (Registration required)
Springfield	Pantry*	St. John's Congregational Church, Friend's Place Food Pantry; 643 Union Street	(413)734-2283		MON		WED				Wed: 11:00am-3:00pm (1 visit/week); SENIOR distribution - Mon: 10:00am - 2:00pm
Springfield	Pantry*	The Salvation Army operating through its Springfield Corps, Family Services Pantry; 170 Pearl Street	(413)733-1518			TUE	WED	THU			Tue/Wed/Thur 9a-12p (1 Visit/30 day period - 12X annually) [VERIFICATIONS: address, household size] Closed month of December
Springfield	Pantry*	Third Baptist Church, Food Pantry; 149 Walnut Street	(413)734-4143				WED				4th Wed: 12-3p [VERIFICATIONS: address, household size];
Wales	Pantry*	Wales Community Pantry, Tri-Town Food Pantry; 85 Main Street	(413)245-0055				WED				Weds: 10:00a-2:00p (Also by appointment, Can come once every two weeks)
West Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, West Springfield Brown Bag; 2112 Riverdale Street, Suite 1	(413)827-4370						FRI		3rd Friday of each month: 1:30-2:30pm
West Springfield	Meal Program**	Parish Cupboard, Inc., Parish Cupboard Kitchen; 1023 Main Street	(413)734-7969		MON	TUE	WED	THU	FRI		Mon-Fri: 11:20a-12:30p

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDER**s program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families.

To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738.**



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPDEN COUNTY (Updated July 15, 2019)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN						HOURS/DETAILS (As provided by program)	
West Springfield	Pantry*	Healing Temple Outreach Ministry, Healing Temple Food Pantry; 9 Willard Avenue	(413)733-5573					THU		Thur: 11:15a-1:15p (2 visits/month) every other Thursday - call ahead to confirm	
West Springfield	Pantry*	Parish Cupboard, Inc., Parish Cupboard Pantry; 1023 Main Street	(413)734-7969		MON	TUE	WED	THU	FRI	Mon-Fri: 9:00 - 11:15a (1 visit/month) [Verifications: Address]	
West Springfield	Pantry*	Victory Temple COGIC, Victory Temple Food Pantry; 521 Union Street	(413)827-8088				WED		FRI	Wed: 11a-1p; Fri: 6-8p (2 visits/month)	
Westfield	Brown Bag: Food for Elders	Food Bank of Western MA, Washington House Wstfld. Brown Bag; 16 Washington Street	(413)247-9738			TUE				2nd Tues: 11am - 1pm	
Westfield	Brown Bag: Food for Elders	Food Bank of Western MA, Westfield Brown Bag; 45 Noble Street	(413)562-6435			TUE				2nd Tues.: 10:30 - 11:30am	
Westfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Westfield; 60 Broad Street	(413)247-9738		MON					1st & 3rd Mon: 10:00 - 11:00am [VERIFICATIONS: None; please bring shopping bag]	
Westfield	Pantry*	Greater Westfield Food Pantry, Food Pantry; 101 Meadow Street	(413)572-0802		MON	TUE		THU	FRI	SAT	Mon/Tue/Fri/1st Sat: 10a-12p; Thu: 5:30-6:30p (One visit/month for nonperishable; One visit/week for perishable. Westfield residents only)
Westfield	Pantry*	St. Vincent de Paul Society- Westfield, Food Pantry; 30 Bartlett Street	(413)568-5619				WED		FRI		Wed: 3-5p; Fri: 3-5p (Call Ahead for Appointment)[VERIFICATIONS: None]
Westfield	Pantry*	Viability, Inc., Forum House Pantry; 55 Broad Street	(413)562-5293		MON	TUE	WED	THU	FRI		Mon/Wed/Fri: 8a-12p, 1p-4p (Also by Appointment for emergencies. 52 visits/year). Only produce on Tuesdays. Only bread on Thurs.
Wilbraham	Brown Bag: Food for Elders	Food Bank of Western MA, Wilbraham Brown Bag; 45B Post Office Park	(413)596-8379						FRI		3rd Friday of each month: 1 - 2pm
Wilbraham	Pantry*	Evangel Assembly of God, Evangel Food Pantry; 348 Stony Hill Road	(413)599-1729				WED				Every Wed: 1-3p; 2nd and 4th Wed: 5-7p (and by appt) (1 visit/month) [VERIFICATIONS: address; household]

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank's **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank's **BROWN BAG: FOOD FOR ELDERLS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families.
To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738.**

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.