Dear friends,

Last year, I (Andrew), met a young mother at one of our Mobile Food Banks in Holyoke. She shared with me that she was a nurse on her way to work, and that she wanted to pick up a bag of fresh vegetables because she couldn’t afford to buy them for her kids. She explained that she constantly juggled between paying bills and putting food on the table. She also confessed that she was ashamed to be on the line for a hand out, but that she had no other choice to feed her kids. I replied that we are simply giving her a hand up, not a hand out. Her feeling of shame is common in our society where people are stigmatized when they need a helping hand (up) from their neighbors during a difficult moment in their lives.

We intend to confront this mindset head on more vigorously in the coming years.

We are so grateful for your support of our mission. In order to “feed our neighbors in need,” we distributed more than 10 million pounds of food (the equivalent of 8.3 million meals) to approximately 223,000 individuals who went hungry on any given day, week or month last fiscal year. One-fifth of our total distribution (2.2 million pounds) is now fresh vegetables and more than half of it comes from local farmers in the Pioneer Valley.

We deliver and distribute much of this bounty on our Mobile Food Bank trucks at 14 sites once or twice a month in Springfield, Holyoke, Ware and Great Barrington. We are launching new sites in Westfield, North Adams and Amherst with more to come later in the year and beyond. The impact has been dramatic: 28,739 individuals, mostly children and elders, can now rely on fresh vegetables every month.

Advancing the second part of our mission to “lead the community to end hunger,” last year we launched a Task Force to End Hunger comprised of two dozen thought leaders from different backgrounds and all parts of our region. During our year-long work, we learned that families must have more stable lives if we are ever truly going to end hunger in western Massachusetts.

We have released our Task Force Action Plan and have already started work on our first innovative project. Both are available on our website (foodbankwma.org/special-initiatives). In the coming years, we want to be able to claim that we have achieved “hunger-free neighborhoods” in communities where too many households currently go without adequate healthy food.

Our impact simply would not be possible without your social investment in our mission and, for this, we thank you!

Brandon Braxton,  
Mass Development  
Board President

Andrew Morehouse  
The Food Bank  
Executive Director

Brandon Braxton (left) and Andrew Morehouse.

Task Force to End Hunger

In January 2016, The Food Bank formed the Task Force to End Hunger in Western Massachusetts by bringing together more than two dozen community partners to engage in serious discussions about the causes of hunger in our region and to strategize solutions.

Through these discussions, they have identified three priority areas they believe will help end hunger in western Massachusetts:

1. Erase the stigma associated with hunger,
2. Develop a mechanism to provide integrated services for those who need them, and
3. Address issues related to public policy.

Led by The Food Bank, the first step in the implementation of this new action plan will begin in the spring of 2017, in partnership with the Holyoke Health Center. Care providers will screen pediatric patients and their families for food insecurity at the health center. If determined to be food insecure, their doctor will refer them to The Food Bank, where they will be connected with the necessary resources.

Funding for this program will be supported by an Innovation Planning grant through the Community Foundation of Western Massachusetts.

www.foodbankwma.org
FINANCIALS

Statement Of Financial Position

<table>
<thead>
<tr>
<th></th>
<th>FY16</th>
<th>FY15</th>
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<tbody>
<tr>
<td>Current Assets</td>
<td>1,966,516</td>
<td>2,725,894</td>
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<td>Fixed Assets (net)</td>
<td>3,249,429</td>
<td>3,151,189</td>
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<td>Other Assets</td>
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<td>Total Assets</td>
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<td>7,844,744</td>
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<td>Accounts Payable</td>
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<td>Other Current Liabilities</td>
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<td>194,453</td>
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<td>Long-Term Liabilities</td>
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<td>Total Liabilities</td>
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<td>Net Assets</td>
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<td>Total Liabilities and Net Assets</td>
<td>$7,622,763</td>
<td>$7,844,744</td>
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FY16 Income

Donations: 14%
Grants: 5%
Government Grants: 2%
Member Programs: 3%
Other: <1%
Food: 76%

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<tr>
<th>Income</th>
<th>FY16</th>
<th>FY15</th>
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<tr>
<td>Food</td>
<td>12,771,682</td>
<td>11,917,002</td>
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<tr>
<td>Individuals &amp; Corporate Donations</td>
<td>2,318,827</td>
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<td>Grants</td>
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<td>Member Programs</td>
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<td>Other</td>
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<td>Total</td>
<td>$16,845,396</td>
<td>$16,123,530</td>
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FY16 Expenses

Development: 5%
Administration: 3%
Programs: 92%

<table>
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<th>Expenses</th>
<th>FY16</th>
<th>FY15</th>
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<td>Programs</td>
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<td>Administration</td>
<td>509,074</td>
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<td>Development</td>
<td>869,221</td>
<td>682,148</td>
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<td>Total</td>
<td>$17,031,325</td>
<td>$15,696,329</td>
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FY16 Board of Directors

Brandon Braxton
MassDevelopment
President

Jacqueline Charron
PeoplesBank
1st Vice President

Alan Peterfreund
SageFox Consulting Group
2nd Vice President

Christel Harju
Meyers Brothers Kalicka, CPA
Treasurer

Cynthia Simison
The Republican
Clerk

Jason Adams
Preferred Freezer Services

Edward Burke
Big Y World Class Market

William Dávila, Ed.D.
Center for Human Development

Dale Duquette
Stop & Shop Supermarkets

Erica Flores
Skoler, Abbott, & Presser, PC

Brooke Lacey
Health New England

Mark LoBello
BNY Mellon Wealth Management

David Lusteg
Merrill Lynch

Michael Papaleo
C&S Wholesale Grocers

Archbishop Timothy Paul
Council of Churches of Greater Springfield

David Pinsky
Tighe & Bond

Bob Pura, Ph.D.
Greenfield Community College

Frank Robinson, Ph.D.
Baystate Health

The Food Bank of Western Massachusetts | FY2016 Annual Report
<table>
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<td><strong>$50,000 – $99,999</strong></td>
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<td><strong>$25,000 – $49,999</strong></td>
<td>Anonymous (1)</td>
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<tr>
<td><strong>$10,000 – $24,999</strong></td>
<td>Ms. Patricia Callahan and Mr. David Dee</td>
<td>Ms. Sara Crawley; Mr. Daniel Goleman; Ms. Lucille Morin</td>
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<tr>
<td><strong>$5,000 – $9,999</strong></td>
<td>Anonymous (4)</td>
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<td></td>
<td>Ms. Julie Chalfant; Ms. Ann Barker; Anonymous (1)</td>
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<tr>
<td><strong>$2,500 – $4,999</strong></td>
<td>Anonymous (1)</td>
<td></td>
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<td></td>
<td>Ms. Holly Edwards; Ms. Kimberly Davies and Mr. William Dylewsky; Ms. Joanne Murphy</td>
<td>Mr. and Mrs. Thomas W. DeRose; Mrs. Karen Howat; Mr. and Mrs. Ralph Tate; Mrs. Jean O’Hara</td>
</tr>
<tr>
<td><strong>$1,200 – $2,499</strong></td>
<td>Ms. Martha Feick</td>
<td>Ms. Betty Denison; Ms. Kathleen Meaden; Mr. John R. Macht; Ms. Nancy Nunnally; Ms. Linda Reed; Mrs. Elizabeth Bennett; Mr. Robert Gilmore</td>
</tr>
<tr>
<td><strong>$1,000 – $2,499</strong></td>
<td>Anonymous (14)</td>
<td>Ms. Karen Anne Burns and Mr. Robert Cremer; Ms. Jennifer Currey; Mr. and Mrs. David Frank; Mr. and Mrs. Michael Gilg; Mr. and Mrs. Charles Hiner; Mr. and Mrs. Mildred Krieger; Mr. and Mrs. James L. Nossen; Mr. and Mrs. William J. Popp; Mr. and Mrs. Peter Panayotov; Mr. and Mrs. John G. Standish; Mr. and Mrs. John S. Stover; Mr. and Mrs. Thomas J. White; Mr. and Mrs. Donald A. Campbell</td>
</tr>
<tr>
<td><strong>$500 – $999</strong></td>
<td>Anonymous (6)</td>
<td>Mr. and Mrs. Patricia A. Brandt; Mr. and Mrs. Donald W. Brown; Mr. and Mrs. Robert W. Cleary; Mr. and Mrs. George A. Dickerman; Mr. and Mrs. Richard S. Lopatka; Mr. and Mrs. James P. Mather; Mr. and Mrs. Mark T. Nyberg; Mr. and Mrs. William J. O’Neil; Mr. and Mrs. John W. O’Neil; Mr. and Mrs. John G. Standish; Mr. and Mrs. John J. and Dorothy B. Pajak; Mr. and Mrs. John S. Stover; Mr. and Mrs. John T. Risley</td>
</tr>
</tbody>
</table>

Every effort has been made to ensure the accuracy of this donor list. Please contact us with any corrections or questions. This list does not include capital campaign payments.
DONORS CONTINUED

Ms. Christine Baldridge and Mr. Mark Baldridge
Ms. Helen F Barber
Mr. and Mrs. Jeff Barden
Mr. and Mrs. Benjamin Harms
Mr. Todd Barron
Ms. Connie Baugh and Ms. Caro-lynn Benson
Mr. Jonathan Baumbach
Mrs. Marguerite Bedell
Ms. Sandra Berkowitz PhD and Mr. Eric Berkowitz PhD
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Mrs. Bunny Bickell
Mr. and Mrs. Douglas F. Bielefeld
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Barbara and Joseph Blumenthal
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Mr. Seth DiNuvou
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Mr. Stephen Duval
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Mr. Timothy Egan
Mr. Arnold Eisman and Mrs. Barbara Eisman
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Ms. Susan Engelhardt
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Mr. Richard Finck and Mrs. Priscilla Finck
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Mr. Frank Fortino and Ms. Nancy Talianan
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Ms. Deborah Goldberg
Mrs. Jette Goldman
Ms. Anne Goldenstein
Ms. Fran Goodwin and Mr. Jerry Bryant
Mr. and Mrs. Robert I. Gorham
Mr. Corwin E. Greenberg and Ms. Parvati Grais
Mrs. Regina Gross and Mr. Stephen Gross
Mr. Harold Grotevant
Ms. Elizabeth Grull
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Mr. and Mrs. Stephen Hall
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Ms. Nancy Harding
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Ms. Gerry Harvey and Mr. James Harvey
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Ms. Margaret Humbert-Droz
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Mr. and Mrs. James O. Lacey
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Ms. Johanna Mailloix
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Mr. Mark Marasco
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Ms. Donna Meissne and Mr. Joseph Hamill
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Ms. Patricia Miller
Mr. Christopher Miller
Ms. Cynthia Miller and Mr. John Miller
Mr. and Mrs. James A. Mislak
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Ms. Barbara R. Mitchell
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Ms. Ann Moriarty
Mr. and Mrs. Alvin F. Morris
Mr. and Mrs. Anthony Morrisey and Mr. John Flanagan
Mr. John Mosimann and Ms. Leslie Goldstein
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Mr. John Moynihan
Mr. and Mrs. James D. Mueller
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Mr. Thomas Napier and Ms. Debbie Napier
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Mr. George Nolan and Ms. Lisa Nolan
Mr. Charles O’Brien
Mr. and Mrs. Jonathan O’Keeffe
Ms. Sandra Pallotta
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Mr. and Mrs. Michael R. Parsons
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Ms. Elizabeth Schoenfeld
Ms. Pamela Schwartz and Mr. Joel Feldman
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Mr. Frederick Seibold
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Mr. and Mrs. Raymond H. Shankel
Mr. Mark Shapp and Ms. Jennifer Shap
Mr. Beverly Shaw and Mr. Thomas Bassett
Ms. Ann Shea and Mr. Peter Schilling
Mr. Matthew Shoulter
Ms. Cynthia G. Simison
Mr. Lloyd N. Smith
Mr. Raymond Sokolowski
Ms. Sheryl Sommer
Lee and Renae Spica
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Mr. Neil Stone
Mr. Alan Strassman
Mr. Brian Sullivan
Ms. Roxanne Suprana and Mr. Ulric Gelinas
Ms. Gertrude Swain and Ms. Trudi Swain
Mr. Paul Swen and Ms. Janet Swen
Mr. and Mrs. Michael P. Szostak
Mr. Richard Tarantino
Ms. Cara M. Taylor
Mr. William Terry and Ms. Cathy Terry
Mr. Gary Thomas
Ms. Agnes Thompson and Mr. John Thompson
Ms. Mrs. Mary Thoper Brown and Mr. Bruce Brown
Mr. Barbara Tippens
Mr. and Mrs. William E. Toner Jr.
Ms. Erin Travis and Mr. Richey Travis
Ms. Jill Treadwell
Mr. Richard B. Troudell
Mr. Kevin Trues
Mr. Robert Wagner and Ms. Janet Warren
Mr. John Walker, Jr.
Ms. Christine Watkins and Mr. Richard Watkins
Mr. Michael and Mrs. James Weber
Ms. Marilyn Webster and Ms. Danita Packard
Ms. Bonita Weiss
Dr. Edward J. Welch
Mr. Raymond White and Ms. Tonie Ann White
Ms. Jessica Wilkinson and Mr. Eric Wilkinson
Ms. Mary Willford
Ms. Janice B. Wilson and Mr. Allen T. Wilson
Ms. Cathleen Wilson
Ms. Shirley Winer
Ms. Carla Wirzburger
Mr. and Mrs. Thomas Wolff
Mr. Bill and Mrs. Adrienne Wootters
Ms. Kathleen Wyn and Mr. Rod Sitterly
Ms. Nancy Young
Mrs. Lois R. Young
Mrs. Linda M. Ziegenbein and Mr. Andrew Geery

Every effort has been made to ensure the accuracy of this donor list. Please contact us with any corrections or questions. This list does not include capital campaign payments.

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DONORS CONTINUED

$250 - $499
Anonymous (11)
Mr. and Mrs. Jonathan A. Abbott
Mr. Jason Adams
Mr. Gordon Adelson
Ms. Terri Agen
Ms. Lois C. Albury
Mr. and Mrs. Theodore Alcaide
Dr. Mark H. Allen and Mrs. Patricia A. Allen
Mrs. Janice Allton and Mr. Timothy Allton
Ms. Hannah Alpert
Ms. Salient Alos and Mr. Paul Alos
Mr. and Mrs. Philip Arndt
Ms. Rachel Andres
Ms. Marnie Anderson
Mrs. Susan Alvanos and Mr. Charles Alvanos
Ms. Marnie Anderson
Ms. Karen Ansara
Mr. Renato Armas and Ms. Roberta Kay-Armas
Mr. and Mrs. Philip Arnott
Mr. Peter Atwood
Ms. Sarah Axuil
Ms. Kristen Bachler and Ms. Betty Kaplowitz
Ms. Lois Baetens
Ms. Jacqueline Baldyga
Ms. Michele Barale
Ms. Jacki Barden
Ms. Shelley Y. Barnett
Mr. James Barrett
Ms. Mary Barringer
Mr. Sean Barry
Mr. Timothy Baymon
Ms. Joan Bayon Pinsky and Mr. Jeff Pinsky
Ms. Marsha Bazley
Ms. Elizabeth Bednarski and Mr. John Bednarski
Mr. and Mrs. Edward H. Berman
Mr. Robert Bassette
Ms. Dianne Bhattacharyya
Ms. Maria Bickar and Mr. David Bickar
Mr. Michael Bilz
Mr. Arti Binaco
Ms. Jeanne Birdsal and Ms. Alice Bissett
Mr. William Diehl
Ms. Marlene Bireline
Mr. and Mrs. Mark W. Bixby
Mr. Noel Blagg
Ms. Sarah Bliss and Mr. Woody Bliss
Ms. Barbara Bliss
Rev. Lionel Bonville
Mr. Steven Botkin and Mrs. Joan Levy
Mr. Benjamin Bowee and Ms. Marnie Bowee
Newton and Elizabeth Bowen
Ms. Linda K. Bowman
Ms. Glenda Boykin
Ms. Marilyn Bradley
Ms. Colleen Brennan
Mr. and Mrs. Christopher J. Brennan
Mr. and Mrs. Wesley H. Brown
Ms. Carolyn Brown
Ms. Ashley Brown
Mr. Norman Brown and Ms. Jeannine Brown
Ms. Mary Brown Bonacci
Ms. Laurie Ann Brunton
Ms. Penelope Burke and Ms. Siobhan Burke
Kevin and Amy Burke
Ms. Eugenia Burn
Ms. Kay Butler
Mr. Laurence Butler
Mr. Eugene Buzderewicz
Frederick and Edith Byron
Mr. and Mrs. Thomas Caine
Mr. James Gosselin and Ms. Patricia Canavan
Mr. Richard A. Caracciolo
Ms. Paula L. Cardinal and Dr. James A. Stakenas
Ms. Rebecca Carey
Ms. Vivienne A. Carey and Mr. Roger Webb
Ms. Lisa Carney
Mr. Robert Cary, Jr.
Mr. James Causeri and Ms. Marietta Rapetti Causeri
Mr. Dennis Chalk
Mr. Richard M. Chandler and Ms. Suzie Chandler
Dr. and Mrs. Jacob A. Chapman
Mr. and Mrs. Michael Chernoff
Mr. and Mrs. William C. Chmura
Ms. Brenda Ciak
Mr. Scott A. Civan and Ms. Sheryl Civan
Mr. and Mrs. Frederick G. Clark
Mr. Benjamin Clark
Ms. Kathryn H. Clarke
Mr. Michael Clifford and Ms. Lori Ann Clifford
Ms. Susan B. Coan
Mr. George Cobb
Ms. Karen Coby
Mr. Peter G. Cocks and Ms. Joan Cocks
Ms. Mary Collins
F W Connor
Ms. Linda Conroy and Mr. Thomas Conroy
Mr. and Mrs. Anthony C. Contakis
Mr. and Mrs. Peter Contuzzi
Ms. Alice Converse
Myles and Kathy Conway
Mr. John Copeland and Ms. Carla Meehan
Ms. Marie Corliss
Ms. Claire Cox
Mr. David Cox and Dr. Elaine Brighty
Ms. Susan P. Creamer
Ms. Pauline Craven
Ms. Suzanne M. Crear
Mrs. Mary L. Cromer
Ms. Nancy Crowell
Mr. Claude Curtis
Mr. William Cutler and Mr. Lee Mackinnon
Mr. Stephen Cucchia
Mr. and Mrs. Michael Daley
Kathleen D’Amario
Mr. William D’Amato
Mr. Nathan Dauchy
Mr. Steven Daury and Ms. Diana Daury
Mr. Louis Davis and Ms. Lesley Heilig
Mr. and Mrs. Joseph Dayall
The Dew & Noujaim Family
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Ms. Carol DeFreese and Mr. William DeFreese
Frances Deinard
Ms. Ann Delano
Ms. Lynn DeNucci
Ms. Elizabeth Detmold
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Ms. Julie Dinnan
Mr. William Donoghue III
Ms. Lisa Dorin and Mr. Lawrence Smallwood, Jr.
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Ms. Laura Ducharme
Mr. and Mrs. Richard J. Dumont
Mr. John Dunne
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Mr. Dale Duquette and Mrs. Lynn Duquette
Mr. Daniel Early
Mr. Michael Eber
Mr. Brian Edgerly
Mr. Allen Eklund
Ms. Lisa Ekes
Ms. Paula Ellison
Mr. Laurence Ely III and Ms. Tamson Ely
Mr. Douglas Engebretson
Ms. Juanita Epicono
Mr. Andrew Erwin
Ms. Maureen Erwin
Ms. Dianne Evans
Ms. Kathi Falconer and Mr. Douglas Falconer
Ms. Diana Falvo
Ms. Maria Falvo
Ms. Kaye Fealing
Ms. Laura Fellows
Mr. Justin Fermain
Ms. Tamar Fielde and Mr. Rob Fields
Mrs. Colleen Filler and Mr. J. Filler
Mr. Bernard Fine
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Mr. and Mrs. William B. Fisher
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Mr. Donald Gibson
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Nansi and Leonard Glick
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Mr. Wilmot Hastings
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Ms. Krystyna Lovell

Every effort has been made to ensure the accuracy of this donor list. Please contact us with any corrections or questions. This list does not include capital campaign payments.
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Mr. and Mrs. Barbara Yanginski
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<td><strong>$100,000+</strong></td>
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<td>Our Family Foundation by Stop and</td>
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<td><strong>$50,000 – $99,999</strong></td>
<td>Eos Foundation</td>
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<td>Stop &amp; Shop New England</td>
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<td>Leo S. Walsh Foundation</td>
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<td>Town of Greenfield</td>
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<td><strong>$1,000 – $2,499</strong></td>
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<td>Jack &amp; Pauline Freeman Foundation</td>
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<td>Ocean Spray Cranberries, Inc.</td>
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<td>Re-elect McGovern Committee</td>
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<td>Sabin Gillett Services for the Elderly, Inc.</td>
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<td>Shatz, Schwartz &amp; Fentin, P.C.</td>
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<td>Sodexo Foundation</td>
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<td>The Faces of Earth, Inc.</td>
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<td>The Susan A. and Donald P. Babin</td>
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<td>Charitable Foundation United Way of Hampshire County, Inc.</td>
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<td>USA Recycling &amp; Hauling Inc.</td>
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<td>Wright Builders, Inc.</td>
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<td><strong>$500 – $999</strong></td>
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<td>A.J. Hastings, Inc. (Newsdealers)</td>
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<td>Academy at Charlemere</td>
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<td>Atkins Farms</td>
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<td>Dietz &amp; Company Architects, Inc.</td>
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<td>Division of Continuing &amp; Professional Ed. - UMass Amherst DRI Charitable Fund</td>
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<td>First Church of Christ, Inc.</td>
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<td>Hendel &amp; Collins P.C.</td>
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<td>John F. Kennedy Middle School</td>
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<td>Johnson &amp; Hill Staffing Services, Inc.</td>
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<td>Lift Truck Parts &amp; Service</td>
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<td>Lions Club of Pittsfield, Inc.</td>
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<td>Mahams Inc</td>
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<td>Medicine Hunter, Inc.</td>
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<td>Meinkea Car Care Center #812</td>
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<td>Mount/Edith Wharton’s Home</td>
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<td>New England Lawn Companies, Inc.</td>
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<td>Odyssey Bookshop</td>
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<td>Our Family Farms of Western</td>
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<td>Packaging Corporation of America</td>
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<td>Philip and Myn Rootberg Foundation c/o Ruth E. Rootberg</td>
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<td>Pierce Bros Coffee Roasters</td>
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<td>Randall’s Farm and Greenhouse</td>
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<td>Ray’s Van Express, Inc.</td>
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<td>Rent-A-Center, Inc.</td>
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<td>Richard E Neal for Congress</td>
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<td>Committee</td>
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<td>Ricoh USA, Inc.</td>
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<td>Robinson Donovan, P.C.</td>
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<td>Rotary Club of Amherst</td>
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<td>Roviiths Realty, LLC</td>
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Every effort has been made to ensure the accuracy of this donor list. Please contact us with any corrections or questions. This list does not include capital campaign payments.
## Third Party Events


Each year, hundreds of individuals, groups and businesses hold events to raise funds to support the mission of The Food Bank. This list acknowledges those who raised $1,000 or more.

| $50,000 + | 93.9 The River’s Monte’s March |
| $10,000 – $49,999 | Stop & Shop Food For Friends TIX Foundation’s Fundraiser |
| $5,000 – $9,999 | Feed Your Radio Performance Food Group Fundraiser |

## Food Donors


Unique among charitable organizations, food banks rely on food donations of all sizes through relationships with wholesalers, retailers, grocers, farmers and community members.

| 300,000 pounds or more | Big Y #75 Cottage Street C & S Wholesale Grocers, Inc. |
| 100,000 - 299,999 pounds | Atlas Farm B’J’s Wholesale Club Greenfield B’J’s Wholesale Club Pittsfield Coca-Cola/Minute-Maid Co. Ocean State Job Lot Plainville Farm Stop & Shop Reclamation Super Walmart Orange |
| 50,000 - 99,999 pounds | BJ’s Wholesale Club Chicopee C & S Wholesale Grocers Westfield Cheney Orchard Coca-Cola Super Walmart Ware Super Walmart Westfield Szawlowski Potato Farms Inc. |
| 20,000 - 49,999 pounds | Golden Leaf Express Maple Row Farm Red Fire Farm Target Hadley Target Holyoke Send Transportation Inc. Stop & Shop Agawam Stop & Shop Belchertown Stop & Shop Chicopee Stop & Shop Hadley Stop & Shop Holyoke Lincoln Street Stop & Shop HQ Stop & Shop Springfield Boston Rd Super Walmart Chicopee Super Walmart North Adams Super Walmart Springfield |
| 10,000 - 19,999 pounds | Carando Gourmet Frozen Foods Courier Express Inc. Feeding America Food Bank Farm Dollar Tree Hapco Farms Inc. Naffil Enterprises, Inc. Next Barn Over Farm Odwalla – Cooler Account Riverland Farm Stop & Shop E Longmeadow Stop & Shop Holyoke Northampton Stop & Shop North Adams Stop & Shop Northampton Stop & Shop Springfield Cooley St Stop & Shop Springfield Donahue Stop & Shop West Springfield Tar Heel Produce Trailiner, Inc. |

## By the Numbers

| 10,170,564 pounds of food distributed |
| 8,475,470 meals provided |
| 2,320,695 pounds of fresh produce distributed |
| 1,802,976 pounds of food sorted by volunteers |
| 223,457 people served |
| 69,271 children |
| 31,283 seniors |
| 28,739 people served through the Mobile Food Bank |
| 7,708 seniors received Brown Bag: Food for Elders |
| 923 applicants accepted for SNAP benefits |
| 35% of all produce distributed sourced from local farms |

Every effort has been made to ensure the accuracy of this donor list. Please contact us with any corrections or questions. This list does not include capital campaign payments.
### April is National Volunteer Month

Each year, The Food Bank relies on the tireless work of hundreds of volunteers to help us with our special projects, fundraising events, community outreach, and day-to-day operations. From corporate and civic groups, to families and individuals, we couldn’t fulfill our mission without the dedication and hard work of people like you who come together to have fun and build a stronger community.

To learn how you can volunteer at The Food Bank, contact our Volunteer and Community Engagement Coordinator at (413) 247-9738 or visit us online at foodbankwma.org/get-involved/volunteer.

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**Food Bank Pounds Sorted by Volunteers (FY16)**

- **1,806,268**
- **Breakfast at The Bank**
- **Family Volunteer Day**

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### APRIL 2017 Calendar

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**www.foodbankwma.org**
Farm to Cocktail event:
A straight up bartending competition to benefit The Food Bank

Thursday, May 4
Quonquont Farm, Whately, Mass.

You’re invited to join us as some of the area’s best bartenders compete to mix up the most delectable and creative cocktails using special ingredients sourced from local farms. Guests can sample all of the concoctions and vote for their favorite to be crowned People’s Choice Winner. The top two vote-getters will move on and compete head-to-head, crafting a cocktail with a mystery ingredient. An all-star panel of judges will determine the finest mixologist.

Learn more about this exciting event, and purchase your tickets by visiting farmtococktail.org.
Food Distribution

The Food Bank continues to distribute emergency food from our warehouse to our neighbors in need throughout western Massachusetts at an astounding pace. In FY16, 10,171,768 pounds circulated through our facility — the most ever in our history. This food made its way to children, seniors, the disabled, working families and the newly-unemployed.

### Meals Equivalent Provided (FY15-

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Mobile Food Bank continues to expand

In 2013, The Food Bank piloted its Mobile Food Bank program, choosing four distribution locations based on childhood poverty rates and lack of emergency food programs. A truck full of free, fresh and non-perishable groceries is delivered directly to each of the sites for distribution to local residents. The program has continued to grow, serving thousands of households in underserved communities in our region.

By 2016, with 14 sites, The Food Bank announced plans to expand the program to 26 distribution sites over the next three years. Funding for the expansion was provided by Our Family Foundation by Stop & Shop, C&S Wholesale Grocers, The Red Nose Day Fund, and The Charles H. Farnsworth Charitable Trust.
Expanding Breakfast in the Classroom

The Food Bank has partnered with the Eos Foundation to persuade and assist targeted schools to expand the Breakfast in the Classroom program in our region. The program provides breakfast to every child after the morning’s opening bell, no matter the family’s income level. Children eat together in the classroom, enjoying nutritionally well-balanced foods. Increasing school breakfast participation adds five more meals per week to tens of thousands of children in our region, and provides a sustainable method of reaching children from households of lower incomes.

www.foodbankwma.org

Total school breakfasts provided (school year 2015 – 16)

AUGUST
Will Bike 4 Food is returning for its seventh year on Sun., Sept. 24 at The Lion’s Club Pavilion in Hatfield. The annual event provides an opportunity for riders of all ages and experience levels to enjoy a fun-filled day with other like-minded cyclists. Choose to ride one of four routes — 10, 25, 50 or 100 miles — through the scenic Pioneer Valley and help raise awareness and funds for hunger in our region. Whether you ride as an individual, or form a team with family, friends or co-workers, you can support The Food Bank’s mission.
Cultivating partnerships with local farms

The Food Bank is about much more than canned beans and bags of rice. It’s also about two million pounds of fresh fruits & vegetables provided to tens of thousands of food-insecure households last year. More than 800,000 pounds of the total 10 million pounds of food distributed was grown right here in the Pioneer Valley by 28 local farmers.

A vibrant local food economy is one in which farmers and all local residents may participate in the bounty. This is why we are committed to cultivating partnerships with area farmers, ensuring that everyone has access to healthy food.
Monte’s March

Every November since 2010, WRSI–The River’s Monte Belmonte has been leading his annual march against hunger as he pushes a shopping cart across the Pioneer Valley. Beginning in Springfield and ending in Greenfield, the two-day, 43-mile walk not only raises awareness of the issue of hunger in our region, but also raises money from listeners to support The Food Bank. Through the years, Monte’s March has raised more than $600,000 to feed our neighbors in need.

www.foodbankwma.org
Supporting our member agencies

The Food Bank distributes emergency food to more than 200 partner feeding programs across the four counties of western Massachusetts. These agencies — comprised of food pantries, meal sites, shelters, childcare facilities, and more — play a crucial role in providing necessary food assistance to households in their communities. We also work with them to help strengthen the network, increase their capacity to distribute more food more efficiently, and collaborate to develop the most effective ways to meet their neighbors’ needs.
Brown Bag: Food for Elders

As the largest direct-to-client hunger relief service in western Massachusetts, our Brown Bag program provides a free bag of healthy groceries to eligible seniors once a month at local community organizations. The food items are specifically selected to meet their special dietary requirements — low in sugar and salt, and high in the nutrients elders need to stay healthy and active. Last year, the program served a total of 7,708 seniors at 49 distribution sites.
SNAP Outreach and Assistance

The Supplemental Nutrition Assistance Program (SNAP) is our nation’s largest and most effective strategy to prevent hunger. This critical program not only allows people to purchase healthy food for their families, it also brings millions of federal dollars into the local economy. Our SNAP Outreach team assists food-insecure households to apply for the program, including pre-screening of applicants and extensive case management, ensuring the highest rate of approval.

SNAP Applications (FY16)

127 Approved
1,547 Submitted
$4,300,268
into Western Massachusetts economy

www.foodbankwma.org

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$4,300,268
into Western Massachusetts economy

www.foodbankwma.org
Nutrition Education and Outreach

Our Nutrition Education program provides community partners with a variety of approaches aimed at helping people develop healthier eating and smarter shopping habits. From nutrition workshops, to supermarket tours, to food safety trainings, our experienced team of nutrition coordinators teaches families basic nutrition principles to prepare healthy meals at home and how to shop on a limited budget to maximize their dollars in a way that is nutritionally beneficial. In fiscal year 2016, they worked with 6,227 individuals, holding 182 events throughout the region.
Take Action To Support The Food Bank

There are many ways for you to support the work of The Food Bank and ensure that everyone has access to healthy food. Choose the way that’s best for you.

**ADVOCATE:** Lend your voice to help bring issues of food insecurity to the forefront, as we advocate for an increase in funding for vital programs such as the Massachusetts Emergency Food Assistance Program (MEFAP), the Supplemental Nutrition Assistance Program (SNAP), and the federal Emergency Food Assistance Program.

Visit our website to sign up for Advocacy Action Alerts and stay up-to-date on government action and policies as well as specific steps you can take to support our efforts. We’ll send an Action Alert when your support is needed for specific legislation.

You can also make a difference by contacting your legislators and government officials, urging them to support policies and actions that will help feed our neighbors in need throughout the region.

Sharing your personal story serves as a powerful tool by putting a face to a solvable problem. Let us know what impact food insecurity has had on your life, or on the lives of those you know. We will share these stories (anonymously if desired) with our state and federal legislators as we advocate throughout the year.

**DONATE:** Help us feed hungry children, families, seniors and others in need. For every $1 you donate, The Food Bank is able to provide the equivalent of three meals.

**PARTICIPATE:** Attend special events that support The Food Bank. Events, like our annual Will Bike 4 Food in September, provide a great opportunity to have fun while raising food and/or funds to support our cause.

**VOLUNTEER:** Contribute your time to The Food Bank and lend a helping hand. Whether sorting food for distribution or staffing our special events, we rely on the support of dedicated volunteers.

For more information, visit our website: www.FOODBANKWMA.org