



Could you use a nutritious meal or help with groceries?

The Food Bank of Western Massachusetts

97 North Hatfield Road, PO Box 160

Hatfield, MA 01038

(413)247-9738

www.foodbankwma.org

The following programs in The Food Bank of Western Massachusetts
Emergency Food Network may be able to help.

HAMPDEN COUNTY (Updated August 1, 2016)

CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN							HOURS/DETAILS (As provided by program)
Agawam	Pantry*	Bethany Assembly of God Church, Best Life Food Ministry; 580 Main Street	(413)789-2930		MON				FRI		Mon/Fri: 1-3p (12 visits/year)
Brimfield	Brown Bag: Food for Elders	Food Bank of Western MA, Brimfield Brown Bag; 20 Main Street	(413)245-7253						FRI		Fri. after 2nd Thurs.: 9:00am - 1:00pm
Chester	Brown Bag: Food for Elders	Food Bank of Western MA, Chester Brown Bag; 15 Middlefield Road	(413)354-7735						FRI		3rd Fri.: 10:30 - 11:30am
Chicopee	Brown Bag: Food for Elders	Food Bank of Western MA, Chicopee McKinley Brown Bag; 38 Asinof Avenue	(413)594-1929			TUE					3rd Tues.: 12:00 - 1:00pm
Chicopee	Brown Bag: Food for Elders	Food Bank of Western MA, Chicopee Moose Brown Bag; 244 Fuller Road	(413)538-9020			TUE					3rd Tues.: 12:00 - 1:00pm
Chicopee	Pantry*	First Central Baptist Church, The Lord's Food Pantry; 50 Broadway Street	(413)592-5353			TUE					1st/3rd/4th Tue: 9-11a; 2nd Tue: 6-8p (One visit/month. Closed on snow days and voting days.) [VERIFICATIONS: address, ID]
Chicopee	Meal Program**	Lorraine's Soup Kitchen and Pantry, Soup Kitchen; 170 Pendexter Avenue	(413)592-9528		MON	TUE	WED	THU	FRI		Mon-Fri: 5-6p
Chicopee	Pantry*	Lorraine's Soup Kitchen and Pantry, Pantry; 170 Pendexter Avenue	(413)592-9528		MON	TUE	WED	THU	FRI		Mon-Fri: 10a-2p (Also as needed for emergencies. Visits allowed every 45 days) [VERIFICATIONS: Must be resident of Chicopee]
Chicopee	Meal Program**	Mission Center New Jerusalem, One Way Outreach Meal Program; 625 Front Street	(413)534-8103					THU			Thurs: 5-8p (offsite, call for details)
Chicopee	Pantry*	Mission Center New Jerusalem, One Way Outreach Pantry; 625 Front Street	(413)534-8103					THU			Thu: 5:30-7p [VERIFICATIONS: NONE]
Chicopee	Pantry*	Our Father's House, Dream Center Day; 938 Chicopee St	(413)437-8071							SAT	Last Sat of every month: 10a-12p (Registration 10:00-10:45am)
Chicopee	Pantry*	USO Council of Pioneer Valley, USO Food Pantry; 100 Walker Ave	(413)557-3290		MON	TUE	WED	THU	FRI		Mon-Fri: 8a-4p (24 visits/year) military personnel only
East Longmeadow	Pantry*	E.Longmeadow Senior Friendship Club, Pantry Distribution; 328 North Main Street	(413)525-5436		MON	TUE	WED	THU	FRI		Mon-Fri: 10a-2p (2 visits/month) [VERIFICATIONS: address]
Granville	Brown Bag: Food for Elders	Food Bank of Western MA, Granville Brown Bag; 85 Sodom Street	(413)214-2686							SAT	Sat. after 2nd Tues.: 9:00 - 11:00am
Holyoke	Meal Program**	Blessed Sacrament Parish, Take and Eat; 1945 Northampton Street	(413)532-0713	SUN							HOMEBOUND SENIORS ONLY: 2nd Sunday Home Delivery (Registraton required)

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank of Western Massachusetts' **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank of Western Massachusetts' **BROWN BAG: FOOD FOR ELDERS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families. To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738.**



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Holyoke	Pantry*	Care Center, Sodexo/HPS Backpack Program; 57 Suffolk Street	(413)335-5523						FRI		KIDS ONLY. Backpacks distributed Fri through Holyoke schools (Registration required)
Holyoke	Pantry*	Christian Pentecostal Church, Holyoke Food Pantry; 96 Cabot Street	(413)532-6192						THU		Thu: 11a-2:30p (12 visits/year)
Holyoke	Brown Bag: Food for Elders	Food Bank of Western MA, Holyoke Brown Bag; 291 Pine Street	(413)322-5625						FRI		1st Fri.: 10:00 - 11:00am
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Beaudoin Village/Yoerg Circle; 40 Leary Drive	(413)247-9738		MON						1st/3rd Mon: 11:00 - 11:45am [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Iglesia El Dios Incomparable; 377 Appleton Street	(413)247-9738			TUE					2nd/4th Tues: 11:00 - 11:45am [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, South Summer Street; 531 South Summer Street	(413)247-9738		MON						1st/3rd Mon: 2:00 - 2:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Olde Holyoke Development Corp.; 70 North Bridge Street	(413)247-9738						FRI		2nd/4th Fri: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Holyoke	Meal Program**	Iglesia El Dios Incomparable, Inc., Meal Site; 377 Appleton Street	(413)539-9130						THU		2nd/4th Thu: 11a-1p
Holyoke	Pantry*	Iglesia El Dios Incomparable, Inc., Emergency Food Pantry; 377 Appleton Street	(413)539-9130		MON		WED	THU		SAT	Wed/1st & 3rd Thu/3rd Sat: 11a-1p; 4th Mon: 5-7p; Thu: PM by Appointment
Holyoke	Pantry*	New England Farm Workers Council, Family Place Pantry; 288 Oak Street	(413)536-2787		MON	TUE	WED	THU	FRI		Mon-Fri: 10a-12p (4 visits/year)
Holyoke	Pantry*	Pentecostal Church Ebenezer Assemblies of God, Inc., Ebenezer Food Pantry; 200 Main Street	(413)536-7357				WED				3rd Wed: 9a-12p (when five Wednesdays in a month, distribution will be the 4th Wednesday)
Holyoke	Meal Program**	Providence Ministries, Kate's Kitchen; 51 Hamilton Street	(413)536-9109	SUN	MON	TUE	WED	THU	FRI	SAT	Lunch Every Day: 12-1p; Brown Bag Dinner Weds 5-6p
Holyoke	Pantry*	Providence Ministries, Margaret's Pantry; 56 Cabot Street	(413)538-8026		MON	TUE	WED	THU	FRI		Mon 4-5:30p & Mon-Fri: 11a-12p by appointment. Closed Fridays in Summer (One visit/month) [VERIFICATION: referral needed with age, income, household size proofs]
Holyoke	Meal Program**	The Salvation Army operating through its Holyoke Corps, Feeding Program; 271 Appleton Street	(413)532-6312		MON	TUE	WED	THU	FRI		Mon-Fri (last full week of month): 3-4p

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The Food Bank of Western Massachusetts' **BROWN BAG: FOOD FOR ELDER**s program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

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Holyoke	Pantry*	The Salvation Army operating through its Holyoke Corps, CES Emergency Food Pantry; 271 Appleton Street	(413)532-6312	MON	TUE	WED	THU	FRI		Mon-Fri: 9a-12p (12 visits/year) [VERIFICATIONS: address - unless homeless]	
Indian Orchard	Pantry*	Community Survival Center, Food Pantry; 240 Main Street	(413)543-3930	MON	TUE	WED	THU	FRI		Mon/Tues/Wed/Fri: 9:30a-3:30p; Thu: 9:30-5:00 (6 visits/year)	
Indian Orchard	Brown Bag: Food for Elders	Food Bank of Western MA, Indian Orchard Brown Bag; 117 Main Street	(413)543-3172					FRI		1st Fri.: 12:00 - 1:00pm	
Indian Orchard	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Housing Authority; 29 Moxon Street	(413)247-9738				THU			1st/3rd Thurs: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]	
Longmeadow	Pantry*	Friends of Longmeadow Older Citizens Association, Pantry; 231 Maple Road	(413)565-4150		TUE			FRI		Tue: 10a-12p; Fri: 9a-11a [VERIFICATIONS: address, income]	
Ludlow	Brown Bag: Food for Elders	Food Bank of Western MA, Ludlow Brown Bag; 37 Chestnut Street	(413)583-3564		TUE					3rd Tues.: 1:00 - 3:00pm	
Palmer	Brown Bag: Food for Elders	Food Bank of Western MA, Palmer Brown Bag; 1029 Central Street	(413)283-2670					FRI		2nd Fri.: 10:30 - 11:30am	
Palmer	Pantry*	Food Share, Inc., Food Share Pantry; 39 Walnut Street	(413)283-3614		TUE			FRI		Tue/Fri: 9:30-11:30a (4 visits/year)	
Russell	Brown Bag: Food for Elders	Food Bank of Western MA, Russell Brown Bag; 65 Main Street	(413)862-6202					FRI		3rd Fri.: 10:30 - 11:30am	
Southwick	Brown Bag: Food for Elders	Food Bank of Western MA, Southwick Brown Bag; 458 College Highway	(413)569-5498		TUE					2nd Tues.: 10:30 - 11:30am	
Southwick	Pantry*	Our Community Food Pantry, Inc., Our Community Food Pantry; 220 College Highway	(413)569-9876	MON	TUE	WED	THU			Mon: 3-5p; Tue, Wed: 10a-12p; Thu: 5-6p (weekly for desserts and produce, monthly for full distribution)	
Springfield	Pantry*	All Nation Church of God, Food Pantry; 67 Kenyon Street	(413)736-9775						SAT	2nd Sat: 10a-12p	
Springfield	Meal Program**	Behavioral Health Network, The Living Room; 21 Warwick St Entrance L	(413)310-3312	MON	TUE	WED	THU	FRI		Mon- Fri: Breakfast, 8a-10a; Dinner, 6p-730p	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Allen Street; 1602 Allen Street	(413)247-9738			WED				2nd Weds: 10:00 - 11:00am [VERIFICATIONS: None. Please bring empty shopping bag.]	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield Brightwood; 82 Division Street	(413)247-9738					FRI		1st/3rd Fri: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]	
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Springfield South End - Dakin; 171 Union Street	(413)247-9738	MON						2nd/4th Mon: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]	

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Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Home City Housing; 7 Halsey Street	(413)247-9738					THU			2nd/4th Thurs: 1:00 - 1:45pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, New North Drop In Center; 2594 Main Street	(413)247-9738			TUE					1st Tues: 10:30 - 11:30am [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Revival Time Evangelistic Center; 116 Florence Street	(413)247-9738					WED			4th Weds: 1:00 - 2:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Mobile Food Bank**	Food Bank of Western MA, Mobile Food Bank, Trinity United Methodist Church; 361 Sumner Avenue	(413)247-9738					WED			1st/3rd Wed: 2:00 - 3:00pm [VERIFICATIONS: None. Please bring empty shopping bag.]
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Edgewater Brown Bag; 101 Lowell Street	(413)781-4941			TUE					4th Tues.: 11:00am - 4:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Mason Square Brown Bag; 439 Union Street	(413)733-3917					THU			3rd Thurs.: 11:00am - 12:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Mayflower Brown Bag; 1516 Sumner Avenue	(413)782-4536							FRI	2nd Fri.: 12:00 - 1:00pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Riverview Brown Bag; 122 Clyde Street	(413)787-5220			TUE					4th Tues.: 12:00 - 1:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Saab Court Brown Bag; 18 Saab Court	(413)747-0127			TUE					4th Tues.: 11:15am - 12:30pm
Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, Springfield Urban League Brown Bag; 33 Oak Street	(413)739-7211							FRI	1st Fri.: 12:00 - 1:00pm
Springfield	Pantry*	Freedom House of God, Community Lifeline Pantry; 563 Union Street	(413)271-7320							FRI	Fri: 11a (Also by appointment for emergencies. Open until food runs out.)
Springfield	Meal Program**	Friends of the Homeless Springfield, Worthington Street Shelter; 755 Worthington Street	(413)732-3069	SUN	MON	TUE	WED	THU	FRI	SAT	EVERY DAY. Breakfast: 8-9a; Lunch: 12-1p; Supper: 4:30-5:30p
Springfield	Pantry*	Gandara Mental Health Center, Springfield Family Resource Center; 18 Gaucher Street	(413)733-7699		MON						Mon 1-3p (can go 2x/month) please bring own bag
Springfield	Pantry*	Gethsemane Church of Jesus Christ, Inc., Food Pantry; 47 Harvey Street	(413)783-8255							SAT	10a - 1p, 3rd Sat of every month
Springfield	Pantry*	Gray House, Inc., Emergency Services Pantry; 22 Sheldon Street	(413)734-6696					THU			Thur 9:00 - 1:00pm (4x/yr) [VERIFICATIONS: Income, Address, ID]
Springfield	Pantry*	Greater Love Church of God, Food Pantry; 65 Newland Street	(413)736-5147							SAT	Last Sat: 9:30a-12p

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Springfield	Meal Program**	Holy Cross Church, Sandwiches for the Homeless; 221 Plumtree Road	(413)783-4111	SUN								Sun: 11a-3p (Sandwiches distributed in Court Square. No meal on Easter.)
Springfield	Pantry*	Holy Cross Church, Communities in Solidarity; 445 Plainfield Street	(413)783-4111	SUN								Third Sunday of the Month - call ahead
Springfield	Meal Program**	Holy Redeemer Cathedral, Holy Redeemer Meal Site; 44 Prospect Street	(413)218-2347				WED					Wed: 1-3p
Springfield	Pantry*	Holy Redeemer Cathedral, Food Pantry Two; 180 Eastern Avenue	(413)782-9739							SAT		2nd and 4th Saturdays
Springfield	Pantry*	Holy Redeemer Cathedral, Holy Redeemer Food Pantry; 44 Prospect Street	(413)218-2347				WED					2nd/4th Wed: 1-3pm
Springfield	Pantry*	Martin Luther King, Jr. Family Services, Inc., Food Pantry; 3 Rutland Street	(413)746-3655					THU				Thu: 6a-11a (also emergencies); [VERIFICATIONS: address]; CLOSED 6/23/2016 and 6/30/2016, OPEN SATURDAY 7/2/2016.
Springfield	Meal Program**	Ministerio Alfa y Omega, Meal Site; 2755 Main Street	(413)363-0179				WED					Wed: 11:00a-3:30p (will reopen Mid March)
Springfield	Pantry*	Ministerio Alfa y Omega, Springfield Food Pantry; 2755 Main Street	(413)363-0179				WED					Wed: 11:00a-3:30p (12 visits/year; Large families may visit every 20 days.) (will reopen Mid March)
Springfield	Pantry*	Mission Church of The Living God, Reaping the Harvest; 20 Bowdoin Terrace	(413)858-8111				WED		FRI			2nd/4th Wed: 10:00am - 2:00pm; 4th Fri: 5:00 - 7:00pm
Springfield	Meal Program**	Mt. Zion Baptist Church, Mt. Zion Meal Site; 368 Bay Street	(413)785-5664				WED					Wed: 11a-1p
Springfield	Meal Program**	Open Pantry Community Services, Inc., Loaves and Fishes Kitchen; 35 Chestnut Street	(413)731-5668	SUN	MON	TUE	WED	THU	FRI	SAT		LUNCH & SUPPER: Mon/Tue/Thu/Fri/Sat (South Congregational Church, 45 Maple St.): 12-5p; Wed (Christ Church Cathedral, 35 Chestnut St): 12-5p; Sun (Shiloh Seventh Day Adventist Church, 797 State St): 1-5p
Springfield	Pantry*	Open Pantry Community Services, Inc., Emergency Food Pantry; 2460 Main Street	(413)737-5353		MON	TUE	WED		FRI			Mon/Tue/Wed/Fri: 9a-3p (6 visits/year. Elders allowed 12 visits/year. Senior program 3rd Monday of month)
Springfield	Pantry*	Project-13, Inc., Oasis Food Pantry; 175 Central Street	(413)285-8976						FRI			Fridays from 5p-7p
Springfield	Pantry*	Revival Time Evangelistic Center, Community Pantry; 120 Florence Street	(413)734-4861							SAT		3rd Sat: 10a-1p

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Springfield	Pantry*	Spring of Hope Church Of God In Christ, Food Pantry; 35 Alden Street	(413)733-1032		TUE	WED	THU				Tue-Thu: 2-3p
Springfield	Pantry*	Springfield School Volunteers, Inc., Weekend Backpackers Program; 49 Cadwell Drive	(413)732-1121						FRI		KIDS ONLY: Backpacks distributed Fridays through Spfld schools (Registration required)
Springfield	Meal Program**	St. John's Congregational Church, Friend's Place Meals; 69 Hancock Street	(413)734-2283			WED					Wed: 4:30-5:30p
Springfield	Pantry*	St. John's Congregational Church, Friend's Place Food Pantry; 643 Union Street	(413)734-2283	MON		WED					Wed: 11:00am-3:00pm (1 visit/week); SENIOR distribution - Mon: 10:00am - 2:00pm
Springfield	Pantry*	Tapestry Health Systems, Inc., HIV/AIDS Client Services Pantry; 130 Maple Street	(413)363-9472						FRI		Fri: 10a-2p (once/month) [VERIFICATIONS: letter from doctor verifying HIV+ status]
Springfield	Pantry*	The Salvation Army operating through its Springfield Corps, Family Services Pantry; 170 Pearl Street	(413)733-1518		TUE	WED	THU				Tue/Wed/Thur 9a-12p (1 Visit/90 day period - 4X annually) [VERIFICATIONS: identity, address, household size, income]
Springfield	Pantry*	Third Baptist Church, Food Pantry; 149 Walnut Street	(413)734-4143			WED					4th Wed: 12-3p [VERIFICATIONS: address, household size]
Wales	Pantry*	Wales Community Pantry, Community Pantry; 85 Main Street	(413)245-9683			WED					Weds: 10a-12p (Also by appointment, Can come once every two weeks)
West Springfield	Brown Bag: Food for Elders	Food Bank of Western MA, West Springfield Brown Bag; 2112 Riverdale Street, Suite 1	(413)827-4372						FRI		3rd Friday of each month: 1:30-2:30pm
West Springfield	Pantry*	Healing Temple Outreach Ministry, Healing Temple Food Pantry; 9 Willard Avenue	(413)733-5573				THU				Thur: 11:15a-1:15p (2 visits/month) every other Thursday - call ahead to confirm
West Springfield	Meal Program**	Parish Cupboard, Inc., Parish Cupboard Kitchen; 1023 Main Street	(413)734-7969	MON	TUE	WED	THU	FRI			Mon-Fri: 11:20a-12:30p
West Springfield	Pantry*	Parish Cupboard, Inc., Parish Cupboard Pantry; 1023 Main Street	(413)734-7969	MON	TUE	WED	THU	FRI			Mon-Fri: 9:00 - 11:15a (1 visit/month) [Verifications: Address]
West Springfield	Pantry*	Victory Temple COGIC, Victory Temple Food Pantry; 521 Union Street	(413)827-8088			WED			FRI		Wed: 10a-1p; Fri: 6-8p (2 visits/month)
Westfield	Brown Bag: Food for Elders	Food Bank of Western MA, Washington House Wstfld. Brown Bag; 16 Washington Street	(413)247-9738		TUE						2nd Tues: 11am - 1pm
Westfield	Brown Bag: Food for Elders	Food Bank of Western MA, Westfield Brown Bag; 45 Noble Street	(413)562-6435		TUE						2nd Tues.: 10:30 - 11:30am

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CITY	TYPE	PROGRAM & ADDRESS	PHONE	DAYS OPEN						HOURS/DETAILS (As provided by program)
Westfield	Pantry*	Greater Westfield Food Pantry, Food Pantry; 101 Meadow Street	(413)572-0802	MON	TUE		THU	FRI	SAT	Mon/Tue/Fri/1st Sat: 10a-12p; Thu: 5:30-6:30p (One visit/month for nonperishable; One visit/week for perishable. Westfield residents only)
Westfield	Pantry*	Human Resources Unlimited, Forum House Pantry; 55 Broad Street	(413)562-5293	MON		WED		FRI		Mon/Wed/Fri: 8a-12p, 1p-4p (Also by Appointment for emergencies. 52 visits/year)
Westfield	Pantry*	St. Vincent de Paul Society- Westfield, Food Pantry; 30 Bartlett Street	(413)568-5619			WED			SAT	Wed: 3-5p; Sat: 5p-6:30p (Call Ahead for Appointment)[VERIFICATIONS: None]
Wilbraham	Pantry*	Evangel Assembly of God, Edge Food Program; 348 Stony Hill Road	(413)599-1729			WED				Wed: 1-3p, 6-8p

*Income, household size, address and other verifications may be requested. If the program provides USDA foods, photo ID or social security numbers are NOT required.

**No verifications needed.

The Food Bank of Western Massachusetts' **MOBILE FOOD BANK** program provides fresh fruits, vegetables and other healthy foods to individuals of all ages. Please bring a bag to fill for each distribution. No verifications are required.

The Food Bank of Western Massachusetts' **BROWN BAG: FOOD FOR ELDERS** program provides healthy staples each month to qualifying seniors (over 55 years old). An application and an annual renewal are required. Please contact The Food Bank's Brown Bag Department for more information.

In addition, you may be eligible for **SNAP**, which provides cash for groceries for low-income individuals and families.
To see if you qualify, please contact **The Food Bank of Western Massachusetts' SNAP Department at (413)247-9738.**