

Uncle Willie & the Soup Kitchen

Grades 5-2 By DyAnne DiSalvo-Ryan

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Time

45mins -1hr

Materials needed

The book *Uncle Willie and the Soup Kitchen* by DyAnne DiSalvo-Ryan; food pyramid/MyPlate diagram

Objective

Create awareness of hunger, poverty, and the function of a soup kitchen.

Procedure

- Read Aloud- 'Uncle Willie and the Soup Kitchen'
- After reading, Discuss: What is a soup kitchen? Why do they exist?
- Go over the food groups. (Materials available from www.choosemyplate.gov)
- Ask "How does the meal they serve in Uncle Willie and the Soup Kitchen fit into the food pyramid?"
- Have students draw a MyPlate meal with their favorite foods.

Possible actions

- Bring in a speaker from a local soup kitchen.
- Soup kitchens are reluctant to have children come volunteer but often welcome children's art to help enliven their space. Have students design and make colorful placemats or art to hang. Send to a local soup kitchen with a cover letter the students dictate.
- Create a fund drive- see Set the Table- a fundraising activity or contact The Food Bank of Western Massachusetts for information & resources.
- Host a food drive i.e. peanut butter drive or canned tuna drive

MA DOE STANDARDS

ENGLISH LANGUAGE ARTS

Pre K-5 Standards

2. Determine central ideas or themes of a text and analyze their development; summarize the key supporting details and ideas
3. Analyze how and why individuals, events, and ideas develop and interact over the course of a text.

COMPREHENSIVE HEALTH

Nutrition

- 3.2 Use the USDA Food Guide Pyramid and its three major concepts of balance, variety, and moderation to plan healthy meals and snacks.
- 3.3 Recognize hunger and satiety cues and how to make food decisions based upon these cues.

Community and Public Health

- 14.1 List the jobs carried out by people at school and in the community that support health and success in school.

HISTORY AND SOCIAL SCIENCE

Civic

- K.6 Identify and describe family or community members who promote the welfare and safety of children and adults.

