

it takes a **community** to feed a family



our community

our programs

our supporters



The Food Bank
of Western Massachusetts
2009 Annual Report

it takes a **community** to feed a family

food is just the beginning

TRIM



It takes more than food to feed a family: it requires a coordinated effort involving community agencies, residents, and volunteers. Each step along the way, from warehouse to plate, The Food Bank relies on the commitment and spirit of our community to help our most vulnerable neighbors. Without such dedicated community support – people who volunteer their time, money or voice for our cause – The Food Bank of Western Massachusetts would not be able to meet the increasing need for food assistance in our region. In this annual report, we honor that dedication.





The Food Bank's Fiscal Year 2009 began in October 2008, just as the financial crisis came to a head, and ended in September 2009, well more than a year into the "Great Recession." It was the most challenging year that The Food Bank and the households we serve have ever experienced. The Food Bank distributed more food than ever before to a record 108,000 people...7.6 million pounds of food, or the equivalent of 6 million meals. Two questions immediately come to mind: one, how can we quell the skyrocketing need for food assistance and, two, what would happen if these families didn't have the emergency food that they relied on to make it through another day?

Clearly, the answer to the first question is complicated. Ending hunger, or even significantly reducing it, will require a broad social effort, especially during such challenging economic times. We will likely have to jettison antiquated assumptions and preconceived notions about why people are hungry and can't get the food they need to lead a healthy and active life. It will also require embracing new approaches to address hunger in a changing world. In this annual report, you will read about some of the ways The Food Bank continues to evolve with the times.

The answer to the second question is much simpler: without the emergency food system and all those who make it possible, widespread hunger would cause serious disruptions in our schools, the workplace and, generally, our public health and economy. In the face of the "Great Recession," the community came together and rallied to feed the most vulnerable families in our region. While we are not out of the woods just yet, there are signs that the worst may be behind us.



Risking the use of a cliché, "it takes a community to feed a family" aptly describes how you—our donors of food, funds and friendship (through volunteering your time and talent)—make possible the mission of The Food Bank. We rely on you in the same way that so many families rely on us and our frontline partners in almost every town and city in Western Massachusetts. Thank you!

Andrew Morehouse, Executive Director

Susan Fentin, President

TRIM

Hunger Can Affect Anyone

In 2009, one out of every eleven people living in Massachusetts needed emergency food assistance. The stories of these people and their families are not only poignant and moving, but they serve to show how widespread and far-reaching hunger has become in our state, and in our country. In a political climate that often stigmatizes charity and those who need it, it is important to understand that hunger can affect anyone. The Food Bank's partner agencies that provide emergency food assistance across the four counties of Western Mass. tell us about the increased number of visits, new families seeking food assistance, and the return of families who had managed to move beyond assistance.

In Evelyn's case, she not only had to seek assistance for herself, but for the six children in her care.

New to Springfield after leaving an abusive relationship, Evelyn landed in a women's shelter. A harrowing situation for most women was made more difficult with her four children and a niece and nephew

in tow. Evelyn focused on getting out of the shelter and moving into a home with her children. Through HAP Housing, a non-profit in Springfield that assists first-time homebuyers and renters, Evelyn was finally able to buy a home after months in the shelter.

But her hardship did not end there. "My pay went directly to my mortgage. I had six kids on my hands," Evelyn remembers. "I was really living check by check," she says, and explains that even with food stamps, it was a grim ordeal to make sure everyone had enough to eat. "So I went to the Salvation Army [Family Services Pantry]," a partner agency of The Food Bank, where Evelyn was able to, "get a few bags of groceries each time," and stretch her paycheck for that week.

"I'm thirty-two years old, but I feel like I'm a hundred," Evelyn says with a laugh over the phone—on the other end, she's juggling the receiver and a toddler. Despite her past difficulties, she is practical and positive, and grateful that she was able to get assistance when she needed it. Now she has a better job and she no longer needs aid.

"I only wish that more people knew about [assistance], you know?" Evelyn laments. Recently, she counseled two young mothers who were struggling to put food on the table. She sent them to the pantry, and when they asked her how she knew about it, Evelyn said, "I was like you. I know what it's like to feel like you're drowning."

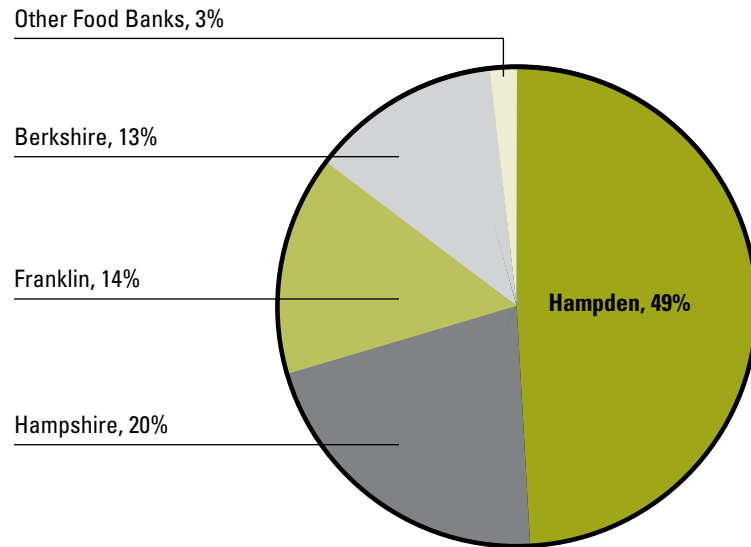
TRIM



Sources of Food Bank food (in pounds)		
MEFAP	2,313,259	29%
USDA	2,163,123	27%
Local donors	833,247	10%
Feeding America	790,150	10%
National donors	599,587	7%
Purchased product	450,287	6%
Salvage, Gleaning	431,688	5%
Other food banks	194,218	2%
Food Bank Farm	184,223	2%
Food drives	39,950	1%
FEMA	17,045	1%
Total received	8,016,777	

Food distributed (in pounds)		
Food pantries	5,312,951	70%
Brown Bag sites	693,693	9%
Meal sites	489,807	6%
Residential programs, Drug rehabilitation	389,620	5%
Other food banks	244,761	3%
Shelters	217,368	3%
Internal pantries	94,452	1%
Childcare programs	89,245	1%
Youth programs, Camps	66,405	1%
Adult day programs, Elder programs	36,015	1%
Other programs	6,621	0%
Total distributed	7,640,937	

Food Distribution by County



Food Bank member programs	
Food pantries	111
Residential programs, Drug rehabilitation	93
Brown Bag sites	45
Meal sites	45
Youth programs, Camps	33
Shelters	27
Adult day programs, Elder programs	19
Early education centers	14
Internal pantry	13
Total programs	400

our community

TRIM

By the Numbers



A National Foundation Supports Community Change



While continuing to address immediate hunger, The Food Bank has committed to a comprehensive community-based approach to increasing access to affordable and nutritious foods. Rising need in our region has led us to investigate the complex causes of hunger and their relationship with obesity and other diet-related diseases. We believe basic change is needed in how people access food in their communities.

One example of this type of work is the Springfield Food Access Project (SFAP), launched in 2009. Funded by a grant from the Robert Wood Johnson Foundation (RWJF) and its Childhood Obesity Team, the project unites community- and faith-based organizations to identify, develop and carry out strategies to increase access to affordable and nutritious food in the city of Springfield.

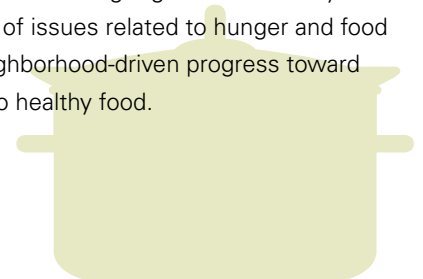
“Often people don’t make the connection between [food insecurity and obesity],” said Onjewel Smith, project coordinator for Galvanizing Communities, a liaison organization between RWJF and grantees. “The Food Bank has a long standing history of addressing food and hunger needs and also advocacy work,” explains Onjewel. “After being impressed by their relationship with the community, we felt they were a good choice [for the grant] because they navigate those waters really well,” said Onjewel.

After hiring Chelan Brown, community engagement coordinator, to organize the effort with RWJF support, The Food Bank visited with 26 community

residents to discuss their ideas about and experiences with access to food, affordability challenges, availability of fresh produce in their neighborhoods, and possible solutions. These people became the Consumer Advisory Board that has since provided guidance to the project.

Truly a community-driven initiative, the SFAP and its advisory board decided to award incentives to community- and faith-based organizations in Springfield to carry out 15 food access projects, including: community gardens; nutrition-education programs; co-op buying programs; a veggie mobile; and an educational field trip to the Yale University Sustainable Food Farm and the Center for Food Policy and Obesity.

The SFAP has also identified the need to address food access policy issues within the city. One of these policy initiatives would improve zoning regulations and city ordinances around community gardens. The second major policy project is to establish a Springfield Food Policy Council. In September 2009, Springfield’s Mayor Domenic Sarno agreed to establish the Council, and later signed a resolution formalizing the Council. This private-public body will work to improve zoning regulations and city ordinances around a broad number of issues related to hunger and food security, allowing for proactive, neighborhood-driven progress toward increased and sustainable access to healthy food.



Our Programs

Since 1982, The Food Bank of Western Mass. has been working to reduce hunger and increase food security in our region. Each year we distribute millions of pounds of food to people in need; at the same time, we are implementing long-term projects to increase access to affordable and nutritious foods.

Agency Relations is the interface between our 400 member programs and our warehouse. We offer capacity building in areas such as financial and organizational development, data collection, nutrition, food storage and preparation quality standards.

Brown Bag: Food for Elders is a “pantry-on-wheels” program providing close to 5,000 low-income elders in 51 communities with a free monthly bag of nutritious groceries. We help elders eat healthfully to fight diet-related conditions such as diabetes, hypertension, and heart disease.

Food Distribution and Delivery are our core programs that get food to those in need. Our warehouse and delivery trucks provide millions of pounds of food each year to agencies and individuals throughout Western Massachusetts.

Our **Nutrition** program provides educational workshops as well as a nutritional rating system that ranks the healthfulness of each product in our warehouse. We also offer community-based cooking, nutrition, and “smart shopping” classes.

Target:Hunger is a community-based initiative focused on building community capacity and increasing access to food assistance resources. Target:Hunger is currently focused in two areas: Mason Square, Springfield and seven contiguous towns in rural northern Berkshire County.

Through **Community Engagement** efforts like the Springfield Food Policy Council and the Springfield Food Access Project, we are working to involve the public in increasing access to affordable nutritious foods for all.

Our **Supplemental Nutrition Assistance Program (SNAP)** Outreach helps make the SNAP application process more accessible to the community, with the goal to increase the number of eligible residents in our region who receive this important nutritional benefit.

As part of a growing **Education & Advocacy** program, we work with schools, organizations, businesses, and individuals to educate our community about hunger and provide ways for people to get involved in anti-hunger efforts locally.





A Conversation with Stephen King and Richard Russo

Stephen King (left), Richard Russo (second from left), Joe Donahue WAMC, Odyssey Bookshop and Food Bank staff.



May-Gratiation at the Blue Heron.

L-R: Lisa Ekus-Saffer, Barbara White, Deb Snow, and Virginia Willis.

Events Highlights

In November 2008, "A Conversation with Stephen King and Richard Russo" brought together two famed authors for an informal dialogue about writing and storytelling. The event, organized by the Odyssey Bookshop as a benefit for The Food Bank, drew nearly 1,000 people and raised \$18,000 to help reduce hunger in our communities. The authors also participated in a VIP reception and book signing.

Chef Deb Snow and the Blue Heron Restaurant partnered with the Lisa Ekus Group to host a north-meets-south tasting party in May 2009, with all proceeds benefiting The Food Bank. Chef Snow's delicious locally-themed creations were complemented by menu additions from cookbook author Virginia Willis, who represented the south. The event raised more than \$23,000 for The Food Bank.

More highlights can be found on the following pages. We hope to see you at our next event!

Third party fundraisers raising \$250 or more

A.J. Hastings Collection Jar

Agawam Junior High "Dress Down Days"

Amherst Alternative High School Fundraiser

Amherst College Jazz Ensemble

BNI Golf Tournament

Church World Service- Crop Walk

Deerfield Academy Bazaar

Four Rivers Charter School Cookbook Sales

Foxtowne Coffee Shop & Boys in Blue Fundraiser

Frontier Regional High School Basketball

Fundraiser

Hope and Olive Soup & Games Night

Jeep Offroading Fundraiser

Lia Toyota Fundraiser

Smith College Democrats- Annual Liberal

Date Auction

Souper Bowl of Caring

The Rendezvous Obama Event

UMass- Create Hope

UMass- James and Emerson Residence Halls

WHAI/Bear Country Fundraiser

WLZX Lazer 99.3 Fundraiser

WRSI The River 93.9 "Fighting Hunger,

Feeding Hope" Radiothon

Food drives raising 100 pounds or more

A.W. Hastings

Agawam Junior High School

Allstate Materials Group

Amherst College Jazz Ensemble

Amherst College Mass PIRG

Amherst Pediatrics

Baystate Health

Berkshire Bank

Brownie Troop #32

Brownie Troop #83

Chicopee RMV

Congo Church

Dan Fuqua

Department of Mental Health

Disney Publishing

Dr. Hauschka Skin Care

DRE Leadership Committee

Eaglebrook School

Federal Street School

Four Rivers Charter School

Foxtowne Coffee & Sandwich Shop

Franklin/Hampshire DMR Area

Frontier Regional School

Garden Club of Amherst

continued

Food drives raising 100 pounds or more *continued*

Girl Scout Troop #31	Pearson Evaluation Systems
Greenfield Alliance Church	Pioneer Valley Karma Krew
Greenfield Center School	Richard Jablonski
Hatfield Elementary School	Showcase Cinemas
Hilltown Cooperative Charter School	Six Flags New England
Holy Family Parish	Smith College Athletic Department
Yankee Candle Company	Smith College Mass PIRG
Holy Name of Jesus Parish	South Hadley residents
Holyoke Mall	Spectrum Analytical
Hopkins Academy	Sunderland Elementary School
Hungry Heroes	Sunderland Women's Club
Huntington Democratic Committee	Tower Theatres
Interskate 91 North	U.S. Fish & Wildlife Service
Jim Adamski	UMass CMPSCI
Jo Russavage	UMass Fine Arts Center
Jonathan Hirsch	UMass Five College Credit Union
Leeds Elementary School	UMass GHA
Lia Automotive	UMass Mass Games
Luke Hoefler	UMass Mass PIRG
Mabel Coughlin	UMass Undergraduate Registrar
Marriott Springfield	Western Mass Pagan Pride
Massachusetts Nurses Association	Westhampton Elementary School
Mauricia Geissler	WHAI 98.3/Bear Country 95.3
Most Holy Redeemer Church	Whately Congregational Church
Paul Hudson	Whately Elementary School

Our Supporters

INDIVIDUAL DONORS

\$10,000+

Anonymous
Mr. and Mrs. Charles P. Barker
Mrs. Doris Davis
Mr. Marshall Donnelly
Mr. and Mrs. Ralph Tate

\$5,000-\$9,999

Anonymous
Jean J. Beard
Mr. Michael Cohen and Ms. Chia Collins
Ms. Sara Crawley
Kelly and Charlie DeRose
Mr. and Mrs. Silas Kopf
Marilyn London-Ewing and Thomas Ewing
Mr. and Mrs. Channing Murdock
Ms. Diane Steingart
and Mr. Jonathan A. Woodbridge

\$2,500-\$4,999

Atty. Ryan Alekman Esq.
Mr. and Mrs. Sam Bartlett
Ms. Holly Edwards
Ms. Marcy Eisenberg
Mr. Daniel Goleman
Mr. and Mrs. Kent R. Griffiths
Ms. Karen Howat
Lopatka Foundation
Ms. Cora Miller
Rev. Lois Rose
Mr. Frank Stiebel
Mrs. Nathalie F. and Mr. Richard B. Woodbury

\$1,000-\$2,499

Mr. Alfred Albano
Anonymous (3)
Doris S. Atkinson
Ms. Sibylle Baier
Ms. Deborah Balmuth
and Mr. Colin Harrington
Mr. and Mrs. Jeff Barden
Ms. Ann Barker
Mr. and Mrs. Stephen M. Barrett
Ms. Claire L. Bateman
Mr. and Mrs. Larry Beede
Doug and Bunny Bewick
Mr. Robert Bezucha and Ms. Jenny Kallick
Mr. and Mrs. Timothy M. Bishop
Mr. Mark Blecher

Mr. John Bonsignore
Dr. Claude Borowsky and Ms. Karen Kinsch
Mr. and Mrs. Daniel Brown
Ms. Cheryl Burke and Mr. Elliott Burke
Mr. Charles Calkins
Mr. Ian Callahan
Ms. Julie Caswell
Ms. Julie Chalfant
Ms. Elizabeth Coates and Mr. Bruce Finke
Ms. Clarissa D. Coffin
Mr. and Mrs. Mark Cohen
Mr. Charles M. Cohn
and Ms. Catherine H. Smith
Dr. Francis Croke M.D.
Mr. and Mrs. David Crutcher
Ms. Maureen M. Czabaj
Ms. Lisa d'Errico
Ms. Jane Dunning
Jean Fielding
Mr. Harry Flood and Ms. Gail Flood
Mr. and Mrs. Henry N. Flynt Jr.
Mr. and Mrs. William Forbes
Mr. James Frank
Ms. Lyn Frazier
Mr. Robert Gery and Mrs. Gloria Gery
Ms. Cynthia Haskell
Wil and Joan Hastings
Sandra and Peter Heap
Mr. and Mrs. Douglas Trumbull
Dr. Raymond Hubbe and Ms. Ginger Burn
Mr. Aase W. Huggins
Sandy and Mary Ingari
Mr. Tim James
Mr. Walter and Mrs. Joan Johnson
Ms. Debra J. Junnila
Mr. Jonathan Kapsten
Ms. Gloria Kelman
Paul and Kimberly Kolbjornsen
Ms. Jennifer Ladd
Dr. Renee Lascalea
Mr. and Mrs. Bernard Levy
Dr. and Mrs. Jay Markham
Mr. Paul F. McDevitt
and Ms. Suzanne M. Bump
Ms. Micky McKinley and Mr. Samuel Green
Ms. Elizabeth A. McNelly
Jean D. and Lynn Miller
Mr. and Mrs. Joseph E. Minton
Ms. Katherine Mochak

Mr. and Mrs. Charles Moran
Ms. Mary Nelen
Edward Olender
Mr. and Mrs. Christopher Parent
Mr. John Payne and Ms. Margaret Payne
Mr. Alan Peterfreund
Mr. and Mrs. Donald Philip
Mr. and Mrs. Thomas F. Pick
Jaye Pope and Kathleen McGraw
Mr. Michael Quinn and Ms. Ellen Deibert
Nancy and Eric Reeves
Ms. Deborah Rothman
Mr. Daniel Rowland
Mr. Richard Salmon
Mr. Barry Schechter
and Ms. Kathy Hibshman
Ms. Margarita C. Shannon
Ms. Margaret C. Smith
Mr. David Sommerfeld
Dr. and Mrs. Robert N. Speth M.D.
Mr. Raymond Steele
Ms. Estelle Strydom
Ms. Mary Thorup
Mr. Richard B. Trousdell
Ms. Sky Vanderlinde
and Ms. Karen Gardner
Del and Bob Viarengo
Ms. Beverly Weeks
Ms. Helene Wegrzynek
and Mr. Marvin Davinport
Ms. Dena Willmore
Ms. Judith Zahn

\$500-\$999

Mr. and Ms. Harold Adler
Mark and Michele Aldrich
Anonymous (6)
Mr. Cary Antill
and Ms. Jennifer Miller-Antill
Ms. Judith Ashkin
Mr. and Mrs. Mark C. Bean
Dr. and Mrs. Evan Benjamin
Mr. and Mrs. Channing L. Bete Jr.
Ms. and Mr. Sheila Blair
Mr. and Mrs. Joseph Blumenthal
Ms. Beatrice Botch
Mr. Steven Botkin and Mrs. Joan Levy
Newton and Elizabeth Bowdan

Events

Signature Events

The Food Bank hosts two signature events: a biennial Food Bank Gala in the spring and an annual Hunger Summit in September. Additional events are posted on our website www.foodbankwma.org.

Every effort has been made to ensure the accuracy of this donor list; please contact us with any corrections or questions. This list does not include capital campaign payments.

Mr. and Mrs. Douglas Bowen
 Mrs. Marian S. Brown
 Ms. Deborah Bruce
 and Ms. Cheryl Cross
 Mr. and Mrs. Robert Jonas
 Mr. Edward Burke
 Ms. Eugenia Burn
 Ms. Judith Bush
 Mr. Jon Callahan
 Mr. John A. Cameron
 Senator Gale D. Candaras
 Mr. and Mrs. Stephen V. Capone
 Ms. Vivienne A. Carey and Mr.
 Roger Webb
 Giulio Cavalli
 Ms. Deborah Charren
 and Mr. Timothy Diehl
 Mr. Fredric Cheyette
 Mr. Howell Chickering
 and Ms. Sara Jane Moss
 Ms. Suzanne Chornyak
 and Mr. Peter Chornyak
 Ms. Carol Christ and Mr. Paul Alpers
 Ms. Mary Cincotta

Dr. Mike Cole
 Ms. Martha Connors
 Mr. and Mrs. Anthony C. Contakis
 Mr. and Mrs. G. M. Cornelissen
 Mr. and Mrs. Norman Courmoyer
 Ms. Carol E. Craig
 Mr. Lloyd and Mrs. Suzanne Crawford
 Ms. Margaret Culley
 Mr. and Mrs. Frank Cutting
 Mr. Stephen Czuchra
 Ms. Verda M. Dale
 Mr. Alan Dallmann
 and Mrs. Abigail Dallmann
 Dr. John Danielson O.D.
 Mr. Philip Deely
 and Ms. Hilary Somers Deely
 Florence and Peter DeRose
 Ms. Kathleen Doody
 Ms. Martha Dragon
 Mr. Stephen Ellenberg
 and Ms. Judith Ellenberg
 Mrs. Susan Fentin
 Ms. Patricia Finley
 and Mr. Charles Taylor

Mr. Steven Fischer
 Mr. and Mrs. Jerry D. Fix
 Ms. Phyllis Flandreau
 Mr. and Mrs. Richard Fleck Jr.
 Benno Friedman
 Mr. Thomas Gardner
 Ms. Pennington Geis
 Ms. Penny Gill
 Mr. Stephen Gilson
 Ms. Gwendolyn Glass
 Mrs. Jette Goldman
 Ms. Anne B. Goldstein
 and Ms. Kathleen Lachance
 Mr. and Mrs. Roger Goodreau
 Mr. Corwin E. Greenberg
 and Ms. Parvati M. Grais
 Mr. Frederick Griffiths
 Mr. and Mrs. John M. Hansen
 Mr. and Mrs. Joseph W. Hart
 Mr. and Mrs. Kenneth J. Heider
 Ms. Anne J. Herrington
 and Ms. Christine Plette
 Ms. Marie Hess
 Ms. Lucy Holland

John Horner and Ronn Horner
 Mr. and Mrs. Jonathan Hoyt
 Mr. and Mrs. Richard Hulbert
 Mrs. Carole A. Ibsen
 Motoko Inoue
 Mr. and Mrs. Edward J. Jackowski
 Ms. Judith F. Jackson
 and Mr. John F. Aronson
 Carolyn Jacobs Ph.D.
 Mr. Paul W. Judson
 Dr. Matthew Katz D.M.D.
 Ellen Kaufman
 Ms. Leslie King
 Ms. Judith Klaubert
 Mr. Jon Klein
 Mr. Edward Klepacki Jr.
 Mr. and Mrs. Richard V. Kowalski
 Mr. Kenneth Kubilus
 Dr. and Mrs. Jonathan Kurtis
 Ms. Helen Ladd
 Antonia Lake
 Ms. Laura Leonard
 Ms. Sue and Mr. Joseph LoBello
 Jack, Sam, & Jake Lyons

Mr. John MacNeish
 Mr. and Mrs. William Manning
 Mr. and Mrs. James P. Mayer
 Mr. and Mrs. Chris McInerney
 Ms. Cinda McKinney
 Mr. Robert Mellstrom
 Mr. Ajay Menon
 Mrs. Alice Mertz
 Mr. and Mrs. John E. Miller
 Mr. Richard Miller
 Mrs. Barbara R. Mitchell
 Mr. Michael Moran
 Mr. and Mrs. Alvin F. Morris
 Ms. Ann Morrissey
 and Mr. John Flanagan
 Mr. Jeffrey Mulhern
 Ms. Mary Ann Munger
 Mr. and Mrs. Bill Murphy Sr.
 Dr. Shirin Nash
 and Dr. Gerald Nash
 Ms. Francine Ness
 and Mr. Gary Oleson
 Mr. and Mrs. Gordon Oakes Jr.
 Kathryn Obear and Paulette Dalpes
 Mr. and Mrs. Jonathan O'Keefe
 Mr. and Mrs. Peter Oland-Vamosy
 Congressman John Olver
 and Mrs. Rose Olver
 Mr. John J.
 and Mrs. Dorothy B. Pajak
 Ms. Margaret Palmeri
 Dr. Deborah Panitch
 and Mr. James J. Tierney
 Mr. Daniel Parker
 Ms. Lisa Patterson
 Ms. Eva Paus
 Mrs. Jean Plankey
 Mr. and Mrs. Stephen Plum
 Ms. Anne Plunkett
 Mr. Michael Posever
 and Ms. Anne-Marie Demetz
 Katherine Putnam
 and Timothy Delaney
 Mrs. Elizabeth Rajam
 Mr. and Mrs. Timothy J. Ratkiewicz
 Mr. and Mrs. David K. Ratner
 Ms. Dorothy Rexford
 Mr. Gary F. Roberts
 Mr. and Mrs. Gary M. Roodman
 Mr. Stephen Root
 Mr. David Rowland
 Ms. Carol Samuels
 Mr. Mark Scandling
 Mr. and Mrs. Benjamin J. Schneider
 Mr. Peter Schriber
 Ms. Marjorie Senechal
 and Mr. Stan Sherer

Mr. and Mrs. Ronald P. Shepard
 Ms. Nancy Sherman
 and Mr. George Reynolds
 Mr. Martin Silberberg
 and Ms. Ruth Melnick
 Matthew D. Smith
 Ms. Sheryl Sommer
 Ms. Elizabeth Spelman
 Mr. and Mrs. Neil Stairmand
 Mr. and Mrs. Donald Stiles
 Mr. and Mrs. James M. Sullivan
 Ms. Roxanne Suprina
 Mr. and Mrs. Owen M. Sutton Jr.
 Miss Kathleen Swaim
 Mr. James A. Trostle
 and Ms. Lynn M. Morgan
 Mr. and Mrs. Bruce Urbschat
 Mr. and Mrs. Willem Van Pelt
 Bernie and Norma Vinick
 Mr. and Mrs. James Weber
 Rabbi Sheila Weinberg
 and Mr. Maynard Seider
 Edward J. Welch Jr.
 Pamela and David Wicinas
 Jeff and Chely Wilkinson
 Ms. Mary Williford
 Mr. and Mrs. Donald U. Wise
 Andrew and Nancy Wissemann
 Ms. Martha Wofford
 and Mr. John Knight
 Mr. Helmut and Mrs. Alice S. Wohl
 Ms. Alison E. Wondriska
 Ms. Catherine Woolner
 Mr. Bill and Mrs. Adrienne Wootters
 Ms. Kathleen Wynn
 and Mr. Rod Sitterly

\$250-\$499
 Mr. Edward H. Abbe
 Mr. Paul M. Accorsi
 Ms. Phyllis Agard
 Mr. and Mrs. Robert Agoglia
 Dr. Robert Ajello
 Ms. Debra Anderson
 Mr. F. Ansuini
 Ms. Mary Arduser
 Mr. and Mrs. Alan Armstrong
 Mr. Peter R. Atchley
 and Ms. Ruth S. Green
 Dr. Norman Avnet
 Mr. and Mrs. Ralph C. Bailey
 Mr. and Mrs. John H. Baker
 Ms. Christine Baldrige
 Mr. Julian S. Barber
 Mrs. Madalene Barber
 Ms. Pauline Bassett

Mr. Arthur L. Beechert
 Ms. Jennifer Belanger
 Mr. and Mrs. Sanford A. Belden
 Mr. and Mrs. Edward S. Belt
 Ms. Sandra Berkowitz
 and Mr. Eric Berkowitz
 Mr. and Mrs. Edward H. Berman
 Ms. Catherine Bickford
 Ms. Celene A. Bielefeld
 Ms. Gail Bielizna
 and Mr. Clifford Pafford
 Mr. and Mrs. Bruce A. Binnenkade
 Ms. Jeanne Birdsall
 and Mr. William Diehl
 Mr. and Mrs. Mark W. Bixby
 Mr. Noel Blagg
 Ms. Martha Blaney
 Ms. Barbara Bliss
 Ms. Ruth Blodgett
 Mr. and Mrs. Warren M. Bock
 Mr. Richard Bogartz
 Ms. Kit Sang Boos
 Mrs. Ruth Boraski
 Ms. Ann E. Boutelle
 Mr. and Mrs. Christopher J.
 Brennan
 Mr. Thomas Brezinski
 Mr. Robert Brooks
 Mr. Russell Brown
 Ms. Joan Burgess
 Ms. Judith Butler
 Ms. Kay Butler
 Mr. and Mrs. Robert M. Cabral
 Thomas Caine and Elizabeth Caine
 Mr. and Mrs. Donald A. Campbell
 Ms. Carla Carpenter
 and Mr. Christopher Prather
 Ms. Gai Carpenter
 Mr. and Mrs. Martin Cathro
 Dr. Doreen A. Catterson
 and Ms. Bernadette Harrigan
 Atty. Christopher Cava
 Ms. Laurie Chadbourne
 Ms. Joanne Chamberlain
 Mrs. Helen Ciejek
 Jeff and Mary Ann Ciuffreda
 Mr. Tony Clarke
 and Ms. Margot Menkel
 Ms. Martha Clute
 Andrew and Jane Cohen
 Robert and Mary Cohn
 Ms. Mary Collins
 Mr. D. Jarrett Collins
 Ms. Mary Compton
 Mr. Robert Creed
 and Ms. Catherine Hilton

Events

Highlights



Check-Out Hunger

Check-Out Hunger is an annual campaign during which local retailers help support The Food Bank by encouraging their customers to make donations of \$1, \$3, or \$5 while they check out at the register. Customers add the desired amount to their bill, and 100% of their donation goes directly to The Food Bank. Between September and December 2008, Check-Out Hunger raised \$56,000 thanks to the partnership of local grocery stores, convenience stores and markets, and the generosity of customers.

Retailers raising \$1,000 or more

Atkins Farm Country Market	Price Chopper Supermarkets
Berkshire Co-Op Market	River Valley Market
Big E's Supermarket	Serio's, Inc.
Cultivating Solutions, Inc.	Wakefern Food Corporation
Foster's Super Market, Inc.	Whole Foods Market Café – Hadley
Franklin Community Action Corp.	Wild Oats Co-Op
Irving Oil Corporation/Blue Canoe Convenience Stores	

"49.1 million Americans – including nearly 17 million children – lack the means to regularly put enough nutritious food on the table. The Food Bank provides an essential service for our community. I've worked for Whole Foods Market for 21 years, and assisting the organizations who help those in need, has always been a priority... Our customers are very responsive to the Check-Out Hunger campaign, and often chat with the cashier about the importance of the campaign and the good work that the Food Bank provides our community."

—Ann Walsh-Sullivan, Marketing Team Leader, Whole Foods Market, Hadley

Ms. Karen Croake
Ms. Anne Crompton
Mr. and Mrs. Harold Cromwell
Ms. Teresa Croop
Mrs. Rita O. Culliton
Ms. Jacqueline Daley
Mr. Louis Davis
and Ms. Leslye Heilig
Ms. Marie Davis
Mr. and Mrs. Joseph Dayall
Ms. Patricia A. Dempsey
Ms. Paula Denton
Mr. and Mrs. Louis Desi
Mr. and Mrs. John Detmold
Mr. Dilman J. Doland
Ms. Kathryn I. Dominguez
Ms. Maura Donahue
Mr. James M. Donnelly
and Ms. Maureen A. McKenna
James and Mary Douglas
Mr. and Mrs. Justin B. Duncan
Mr. Stephen Dunn
and Ms. Sheri Schmidt
Judge Joe Durham
and Ms. Nancy Durham
Ms. Anne Eberle
Ms. Polly Ehrgood
Ms. Shirley Ehrlich
Mr. Douglas Engebretson
and Mrs. Kathy Engebretson
Ms. Jean Esser
and Ms. Terry Blanchard
Mr. Joel Fantl
Mr. Barry Feingold
and Ms. Marci Yoss
Mr. and Mrs. George W. Ferguson
Ms. Mary Ellen Ferrel
Mr. Steve Ferullo
Atty. Frederick Fierst
and Mrs. Eva Fierst
Mr. and Mrs. Nick Filler
Ms. JoAnne Finck
and Mr. Roger Finck
Ms. Rachel Fink
Mr. and Mrs. John F. Fortier Jr.
Mr. Fran Fortino
and Ms. Nancy Talanian
Mr. and Mrs. John Foster
Mr. Stan Freeman
Ms. Polly French
Mrs. Anna Frink
Mr. Peter Frothingham
Ms. Diane J. Gallan
Jim and Marianne Gambaro
Ms. Jane N. Garrett
Mr. and Mrs. John E. Gaustad

Mr. and Mrs. Andrew Gianino
Ms. Sharron Gifford
Mr. Robert Gilmore
Mr. Richard Goldsby
and Ms. Barbara Osborne
Ms. Maida Goodwin
Mr. Joel Gordon
William and Janet Gorth
Mr. James Gosselin
and Ms. Patricia Canavan
Ms. Arlen Gould
Mr. and Mrs. Richard Gould
Mr. David Greenberg
and Mrs. Elizabeth Erickson
Mr. Stephen Greenwald
and Mrs. Barbara Greenwald
Ms. Andrea Griswold
and Mr. Andrew Baker
Mr. David Gross
and Ms. Julie Gross
Mr. Stephen Gross
Ms. Madlynn Haber
Mr. Shawn Hainsworth
Mr. and Mrs. Stephen Hall
Dr. Andrew Hall
and Dr. Anne McKinnon
Ms. Elisabeth Hamin
Dr. Nora Hanke P.C.
Ms. Holly E. Hanson
Mr. and Mrs. Benjamin Harms
Ms. Susan Hartung
Ms. Jacqueline Hayden
Ms. Janice Haynes
Ms. Catherine M. Hegarty
Mr. Glenn A. Heim
Mr. and Mrs. Thomas Heise
Mr. and Mrs. Kevin C. Herlihy
Ms. Jane Hermon
Mr. Richard Hillier
Dr. and Mrs. C. R. Hinckley
Mr. and Mrs. William Hoehne
Mr. Timothy Hope
Ms. Maggie Houghton
Mr. William Hutchinson
Ms. Sarah Ingram
Ms. Jerilyn Jacobs
Michael Bulman
and Ronnie Janoff-Bulman
Mr. and Mrs. William Jeffries
Ms. Carol Johnson
Mr. and Mrs. Emlen Jones
Mr. and Mrs. Edgar R. Judd
Mr. Matthew Kane
and Dr. Ann Markes
Mr. Brian Keir
Mr. and Mrs. Robert Kemp

Mrs. Beth Kenney
and Mr. David Kenney
Mr. and Mrs. William E. Kennick
Mr. James M. Kessler
and Ms. Sara E. Cohen
Ms. Doris Kingsbury
Ms. Carol Kinsey-Pope
Mrs. Janet Klausner-Wise
and Mr. Jeremy Wise
Mr. and Mrs. David S. Klimczak
Mr. Walter Kroll
Ms. Kathryn Kroll
Ms. Katherine Kruckemeyer
and Dr. Catherine Spath
Ms. Jane Laferriere
Ms. Eliza Lake
and Mr. Bart Niswonger
Ms. Susan Landau
and Mr. Neil Immerman
Mrs. Cecilia Landry
Mr. Jerry R.
and Ms. Jane M. Langer
Mr. Joseph M. Laur
and Ms. Sara Schley
Mrs. Ida Lauter
Mr. Richard D. LeBlanc
Mr. and Mrs. Nelson F. Lebo II
Mr. John Lemly
and Ms. Catharine Melhorn
Mr. Victor Lesser
Mr. Jonathan Levin
Mr. Robert Levitt
Mr. Colin Lindsay
Mr. George S. Lipkowitz
and Ms. Keri L. Heitner
Mr. Eric Loehr
and Ms. Amy Wordelman
Mr. Arthur Long
Mr. and Mrs. Charles Longsworth
Mr. Chauncey C. Loomis
Ms. Susan Lowery
Mr. Thomas Luck
Mr. and Mrs. Paul R. Lussier
Ms. Katherine A. MacColl
and Mr. Walter Goodridge
Ms. Caroline Mack
and Mr. Richard Clarity
Mr. and Mrs. John J. Mackin
Mr. and Mrs. David Madeloni
Mr. and Mrs. Alfred J. Magee
Mr. Thomas Mahan
Atty. Michael Malkovich
Mrs. Christine A. Maloney
Mr. Mark Marasco
Mr. Horace Marchant
and Ms. Elizabeth Chase

Ms. Studie Marcuse-Blatz
Ms. Judith Markland
Ms. Jeanne Marklin
Mr. Jack Martin
Mr. John McDonald Jr.
Mr. Fredrick McLaughlin Jr.
Ms. Rosemary McNaughton
and Gary Felder
Mr. James McNeill
and Ms. Carmen Drapeau
Mr. William R. Meckel
and Mrs. Barbara M. Meckel
Ms. Gloria Meluleni
Mr. and Mrs. Scott Metz
Ms. Patricia Miller
Mr. Christopher Miller
Mr. and Mrs. Mark C. Miller
Ms. Loraine Millman
Mr. James A. Mislak
Sally Mitchell
Ms. Joann Monk
Ms. Monica Moran
and Mr. Bill Wehrli
Ms. Anne Morehouse
and Ms. Mary Hulbert
Mr. and Mrs. Roger C. Paul
Ms. Andrea Morris
Mr. Lawrence B. Morrisson
Mr. and Mrs. Alvertus J. Morse
Melendi Morton
Mr. Harold E. Mosher
Mr. John Mosimann
and Ms. Leslie Goldstein
Mr. and Mrs. James Muka
Mr. and Mrs. Arthur W. Mundt
Mr. Jeffrey Muratore
Mr. and Mrs. Dan Nachbar
David Narkewicz
and Yelena Mikich
Dr. Howard Natenshon
and Mrs. Rosemary Natenshon
Mr. David Nelson
Ms. Lois Neumann
Catharine and David Newbury
Mrs. Joan T. Noonan
Mr. and Mrs. Jerome D. Norton
Ms. Judith A. Nydon
Mr. Chris Nye
Mr. and Mrs. Fred Oakley
Ms. Bobbe A. O'Brien
Ms. Cheryl O'Brien
Ms. Jean O'Connell
Ms. Margot O'connor
Ms. Ruth Odgren
Mr. Raymond Olander
Ms. Susan Olmsted
and Mr. R. Adin Gilman

Profile

After working for 40 years at MassMutual, **Charles Wilkinson** of Longmeadow, known as “Charlie” around The Food Bank, retired in 1989 when he was 62. Ever since then, he’s been contributing to The Food Bank in a myriad of ways.

“I worked in the warehouse starting in ‘89,” explains Charlie, who can still be seen on a forklift “quite occasionally,” as he puts it. That same year, Charlie joined the board of directors, and remained on the board until 2001. He was, “very impressed with the quality of the personnel working here starting with Catherine D’Amato, who was the chief administrator [at the time].” Catherine D’Amato is now the President and CEO of the Greater Boston Food Bank.

Charlie worked closely with D’Amato when The Food Bank set up The Food Bank Farm in 1992, one of “only about half a dozen community-supported agriculture farms in the country at the time.” Charlie looks back at the establishment of the farm as a great and innovative accomplishment for The Food Bank, and it was a project he was proud to have a hand in starting. Today, the farm is still producing fresh vegetables for thousands of families at risk of hunger.

Over the years, Charlie has remained impressed with the staff, though most of the faces have changed since 1989. There have been other changes, too. Before 2004’s Capital Campaign, Charlie remembers, Food Bank facilities could only handle “five-or-so million pounds of food.” Last year, 7.6 million pounds of food were distributed to those facing hunger in Western Mass.

The success of The Food Bank is directly owed to individuals like Charlie who give so much to benefit those who face food hardship in our region. “I’m glad to be involved. I think it’s a worthy, admirable organization; unfortunately, serving a substantial need,” says Charlie. “I’d rather see us going out of business, but it hasn’t seemed to be going that way.” In the meantime, Charlie continues to make contributions to The Food Bank and volunteer weekly in The Food Bank warehouse.

Mrs. Pamela Ondrick
and Mr. Theodore Ondrick Jr
Mr. and Mrs. Todd Ondrick
Mr. and Mrs. Paul M. Opalinski
Mr. Joseph O'Rourke
and Ms. Marylynn Salmon
Mr. Douglas M. Packard
Ms. Diane Paleologopoulos
Ms. Joyce E. Palmer-Fortune
David and Ruth Pardoe
Mr. and Mrs. Robert Pasteris
Mr. Anthony Patillo and Vicki Patillo
J. Laurel Pelis
Mr. Richard Peller
and Mrs. Ellen Turner
Mr. and Mrs. John A. Pelli
Mr. Homer Perkins
Mr. Stephen Perrault
and Ms. Madeline Novak
Mr. and Mrs. Wayne Petrin
Mr. and Mrs. Jeffrey L. Phaneuf
Mr. Salvatore J. Pizzanelli
Dr. and Mrs. Marc T. Platt
Ms. Harriet M. Plehn
Dr. and Mrs. Mark H. Pohlman
Ms. Janis G. Porter
Mr. and Mrs. Thomas R. Powers
Ms. Laura Price
and Mr. David Buchanan
Mr. Maurice Proulx
and Ms. Karen Fisk
Mr. John Pucci
and Ms. Mary Bates
Mr. David Quirk
Ms. Judith M. Rainville
and Mr. Christopher Milne

Mr. and Mrs. Dave Rathay
Mr. Thomas Re
Mr. Richard Rediker
Mr. Paul Redstone
Mrs. Pauline Reil
Mr. Lawrence F. Remby
Mr. Mark Roberts
Mr. Steven Roberts
Mr. and Mrs. Hugh Roberts
Mr. and Mrs. Francis M. Robertson
Ms. Jan Roby
Mr. Jeffrey Rock
Mr. and Mrs. John F. Rogers
Mr. Michael Romanovitch and Ms. Maura Plante
Ms. Susan Rosen
and Mr. Douglas Amy
Mr. Richard J. Rumelt
and Ms. Jean H. Erlbaum
Ms. Jean Sadowski
Ms. Lora Saltis
Ms. Stephanie Sandler
Mrs. Joyce M. Schaubert
Mr. and Mrs. Mark Schiek
Ms. Patricia Schmid
Mrs. Margaret N. Schuhle
Mr. Robert Schultz
Ms. Janet Scott
and Mr. Chester Abel
Mr. Joel E. Scroggins
Mr. Glenn Shalan
Mr. David Shavel
Mr. William Sheehan
and Ms. Katherine A. Robertson
Ms. Robin L. Sherman
and Mr. Rob Allen

Mr. and Mrs. Jim Shriver
Mr. Patrick Slaney
Mr. Donald C. Sluter
Ms. Vanessa Smith
and Ms. Elizabeth Lehman
Mr. Lloyd N. Smith
Mr. William Smith and Ms. Sylvia Smith
Mrs. Edwina M. Smolinski
Ms. Katharine Stall
Peggy and David Starr
Mr. and Mrs. Peter Stein
Mr. Marc W. Steinberg
Mrs. Laurel Stewart
Mr. John Stobierski
and Ms. Pamela Stobierski
Ms. Elizabeth Stone
Attorney Dorothy Storrow
Ms. Barbara Stuhlmann
Miss Kathleen Sullivan
Mr. Robert Supnik
Mr. Ralph Suriano
Ms. Carol B. Swart
Mr. and Mrs. Arthur R. Swift
Ms. Kate A. Swol
and Mr. William D. Fivel
Mr. Jonathan Tauer
Mr. Paul Thaler
Dr. Christopher Thomas
Ms. Kenzie Thompson
Dr. and Mrs. Fred C. Tillis
Mr. and Mrs. William E. Toner Jr.
Mr. and Mrs. Earl Tonet
Mr. Jason Townsend
Mrs. Shelley Y. Treyz
Mr. Scott Tyner

Ms. Teresa Utt
and Mr. Richard Lucchesi
Ms. Carmen G. Vangsness
Mrs. Paula Verson
Mr. Douglas Vickers
Ms. Pamela Victor
Mr. Thomas E. Vinton
Laura Vogel M.D.
and Barry Farber M.D.
Mr. Robert Von Furth
Mrs. Beverley von Kries
Mrs. Katherine Vorwerk Feldman
and Mr. Robert Feldman
Mr. Robert Wagner
and Ms. Janet Warren
Ms. Mary Wait
and Mr. Richard Wait
Ms. Anne Walaszek and Mr. Roger Walaszek
Mr. Michael J. Wall
Mrs. Alice Waltein
Ms. Jean Walther
and Mr. Tom Armstrong
Ms. Mary Wardwell
and Mr. William Wardwell
Ms. Cynthia Ware
Ms. Mary Ann Warner
Ms. Patricia C. Warner
Mr. and Mrs. Phil and Kathy Weilerstein
Mr. Ronald Weingartner
and Ms. Leslie Lawrence
Mr. Michael P. Weisse
Ms. Elizabeth Wells
Ms. Barbara West
Charlie and Barbara Wilkinson

Ms. Pamela Wilkinson
and Mr. John Morgan
Ms. Joan Wofford
Mr. Mark Wollender
Ms. Lesley Yalen
and Mr. Brian Baldi
Ms. Valerie Young
Ms. Amy K. Zeldes

MassMutual Financial Group/
Matching Gift Center
Northfield Mount Herman School
Pampered Chef
Pioneer Valley CFC
Presbyterian Hunger Program
Sinauer Associates, Inc.
The First Church of Christ in
Longmeadow
The Republican
The Silver Tie Fund, Inc.
Thomson Financial Management

The Academy at Charlemont
The Lisa Ekus Group, LLC
The Roman Catholic Bishop of
Springfield
Upton-Massamont Realtors
W. F. Young, Inc.
Western Area Mass. Dietetic
Association

**CORPORATIONS AND
CIVIC ORGANIZATIONS
\$20,000+**

United Way of Pioneer Valley
Massachusetts Department of
Public Health
Stop & Shop Supermarket
Company LLC
Lightlife Foods

\$10,000-\$19,999

Community Health Charities of
New England
Berkshire Brewing Co.
Emergency Food and Shelter
Program
Odyssey Bookshop
TD Banknorth Massachusetts
Big Y Foods, Inc.
Panera Bread

\$5,000-\$9,999

Action for Boston Community
Development
American Express Gift Matching
Program
Carris Reels, Inc.
Chicopee Savings Bank
Deerfield Academy
Easthampton Savings Bank
Florence Savings Bank
Greenfield Savings Bank
Rachel's Table
Ted Ondrick Company, LLC
Wakefern Food Corporation
Yankee Candle Company

\$2,500-\$4,999

Baystate Health, Inc.
Berkshire Bank Foundation
Pioneer Valley
Church World Service
CISA
Daily Hampshire Gazette
Edwards Church of Northampton
Hannafor Bros. Co.

\$1,000-\$2,499

Adobe Systems, Inc. – Matching
Gift Program
Alstom Power, Inc.
Amherst College – Change for
Change
Babson Capital Management, LLC
Berkshire Life Insurance, Co. of
America
Bethlehem Baptist Church
Brookfield Power New England, LLC
Christ Church Cathedral
Coldwell Banker Residential
Brokerage
Community Action! – Center for
Self Reliance
Congregational Church of
Belchertown
Daniel and Fontaine, LLC
Dufault, Vann & Carella
ExxonMobil Foundation Matching
Gifts Programs
Fazzi Associates, Inc.
Feeding America
First Congregational Church –
Williamstown
Frontier Regional High School
Greenfield Co-Operative Bank
Greenfield Men's Football League
Hampshire Property
Management Group
Hope & Olive
MurDuffs, Inc.
New England Produce Council, Inc.
Northampton Co-Operative Bank
Professional Drywall
Construction, Inc.
South Congregational Church –
Amherst
Sovereign Bank
Spectrum Analytical
St. John the Evangelist Church –
Agawam

\$500-\$999

A.J. Hastings, Inc.
AAMCO Transmissions
All States Asphalt, Inc.
Amherst College – Department
of Music
Amherst College – Office of
Institutional Research
Annino, Draper & Moore, PC
Anonymous
Bank of America Matching Gifts
BELA Vegetarian Restaurant
Blue Heron Cafe and Restaurant
Carpenters Local Union #108
Colebrook Realty Services, Inc.
Evaluation Systems Group of
Pearson
Federated Community Church of
Hampden, Inc.
First Congregational Church –
Hadley
First Congregational Church –
Montague
First Congregational Church –
South Hadley
First Congregational Church –
Sunderland
Four Rivers Charter School
Foxtown Coffee and Sandwich Shop
GE Foundation
Grace Episcopal Church
Helping Hand Society
Independent Charities of America
Jonfund, Inc.
Lighting Systems, Inc.
Lois Harvey Memorial Fund
McCutcheon Development L.L.C.
Millbrook Benefits and Insurance
Services, LLC
Montague B.P.O. Elks #2521
Old Creamery Grocery
Pittsfield Lions Club
Sandri Oil Company
Scribner
St. John's Episcopal Church –
Williamstown
The Deerfield Lions Club

Events

Highlights



Fork it Over for Food

In September 2009, The Food Bank launched a new annual campaign called Fork it Over for Food. Taking place during national Hunger Action Month, "Fork it Over" is a partnership with local restaurants that allows diners to add a small donation to The Food Bank as part of their bill.

**Top ten
participating
restaurants**

- | | |
|--------------------------------|------------------------------|
| Blue Heron Café and Restaurant | The People's Pint |
| New Fortune Chinese Restaurant | Bertucci's |
| Bridgeside Grille | Mama Iguana's |
| Café Martin | Copperline Eatery |
| West End Pub | Burger King West Springfield |

The Marchant Family Charitable Fund
 The Phoenix Foundation Matching Gift Program
 Thompson & Thompson, P.C.
 Tibby's Harley-Davidson Sales, Inc.
 Unitarian Universalist Society of Greater Springfield
 University Of Massachusetts Amherst
 WLZX Lazer 99.3

\$250-\$499

Adecco Shared Services
 Baycare Health Partners, Inc.
 Berkshire Gas Company
 Berkshire United Way, Inc.
 Boston Home Infusion
 Central Mass. Machine, Inc.
 Central Oil
 Coldwell Banker
 Upton-Massamont Realtors
 Costco Wholesale
 Dance Spirit
 Dietz & Company Architects, Inc.
 Eaglebrook School
 Easthampton Congregational Church
 Fierst, Pucci & Kane LLP
 First Church of Christ, Inc.
 First Congregational Church – Ashfield
 First Congregational Church – Southampton
 Florence Congregational Church-Missions Committee
 Holy Family Parish
 Horizon Beverage Co., Inc.
 Juster Pope Frazier LLP
 Lexington Group, Inc.
 Massachusetts Nurses' Association Local Unit at BFMC
 New England Deaconess Associations
 Northampton Police Relief Association
 Our Family Farms of Western Massachusetts
 Our Lady of Hope Church
 Packaging Corporation of America
 Pierce Bros Coffee
 Pioneer Cold
 Plainfield Congregational Church
 Polish National Credit Union
 Raven Used Book Shop
 Rice Oil Company

Rotary Club of Amherst
 Sinai Temple
 Skoler, Abbott & Presser P.C.
 SLS Investments, LTD.
 Smith College – Democrats Club
 South Deerfield Women's Club
 Stobierski & Stobierski Attorneys at Law
 The J.N. Phillips Company, Inc.
 The Rendezvous
 Tighe & Bond, Inc.
 United Way of Massachusetts Bay, Inc.
 Unity in the Pioneer Valley
 Veris Wealth Partners, LLC
 Whalen Insurance
 Whalen's Office Centre
 Whately Congregational Church
 Wilkerson & Golden Physical Therapy Assoc.
 Wright Builders, Inc.
 YogaBarn of Tyringham

FOUNDATIONS

\$20,000+

C&S Wholesale Grocers Corporate Giving
 Charles H. Hall Foundation
 Community Foundation of Western Massachusetts
 Eos Foundation
 Highland Street Foundation
 Project Bread
 Robert Wood Johnson Foundation
 Roberta Thall Charitable Trust
 Wal-Mart State Giving Program
 Yawkey Foundation

\$10,000-\$19,999

Alice Shaver Foundation
 Bank of America Charitable Foundation
 Mason Square Health Task Force
 MAZON: A Jewish Response to Hunger
 Share Our Strength

\$5,000-\$9,999

Arthur Ashley Williams Foundation
 Hampden Savings Foundation, Inc.
 Linde Family Foundation
 New Alliance Bank Foundation
 PeoplesBank
 Rice Family Foundation, Inc

The Kittredge Foundation
 The TJX Foundation, Inc.
 United Bank Foundation
 Xeric Foundation

\$2,500-\$4,999

Berkshire Bank Foundation
 Presbyterian Hunger Program
 Price Chopper's Golub Foundation
 Sedexo Foundation
 The Frederick E. Weber Charities Corp.
 Webster Bank

\$1,000-\$2,499

Aetna Foundation, Inc.
 Amherst Club
 Central Berkshire Fund of The Berkshire Taconic Community Foundation
 Ethan Taylor Benevolent Fund
 Hurdle Hill Foundation
 I.L. Cohen Foundation
 Legacy Banks Foundation
 Pritchard Family Foundation
 Sarah Gillett Services for the Elderly, Inc.
 Sovereign Bank
 The Eric & Barbara Carle Foundation
 Vivian & Paul Olum Charitable Foundation

\$250-\$999

Anonymous
 Chatham-Beech Charitable Foundation
 Jack & Pauline Freeman Foundation
 Rasmuson Foundation
 The David G. Taft Foundation

FOOD DONORS

Cash value of food donated is based on an average of \$1.58/pound wholesale value

\$500,000+

Big Y Foods, Inc.
 C&S Wholesale Grocers
 Stop & Shop Supermarket Companies

\$100,000 - \$499,999

Ocean State Job Lot
 Odwalla

\$50,000 - \$99,999

Atlas Farm
 Carando
 Carolina Logistics
 Kraft/Nabisco Foods
 Pepperidge Farms
 Performance Food Group
 Planville Farm
 Procter & Gamble

\$10,000 - \$49,999

Clark Brothers Orchards
 Con Agra Foods
 Enterprise Farm
 Friendly Ice Cream Corp.
 Kellogg's
 MBA Poultry
 Organic Valley
 Pioneer Cold
 Preferred Freezer Services
 Ralcorp Holdings
 Rozzuto's
 Shaw's Supermarkets
 Trailiner
 Tropicana
 Unilever
 Ward Truckload Express

IN-KIND DONORS

\$10,000+

Big Y Foods, Inc.

\$5,000-\$9,999

C & S Wholesale Grocers, Inc.
 Judith R. Sanders
 Pioneer Cold

\$1,000-\$4,999

Blue Heron Cafe and Restaurant
 Partners for Healthier Community
 Shatz, Schwartz & Fentin, P.C.
 Ted Ondrick Company, LLC

\$250-\$999

W.K. Kellogg Foundation
 Odyssey Bookshop
 Maryanne Kufs
 Infoshred, LLC.
 Boisselle, Morton & Associates, LLP

Profile

Founded in 1947, **Pioneer Cold** originally served agricultural business and a small frozen food industry, but over time it has grown to meet the needs of larger supply chains. More than 60 years after its inception, Pioneer Cold is still run by the same family, the DeLisos, with Clement DeLiso, Jr. at the helm. Charitable work has played an integral role in the company's identity.

About six years ago, Clem DeLiso, Jr. joined the board of directors at The Food Bank. Since then, Clem and Pioneer Cold have proven invaluable to The Food Bank and our programs, especially food distribution. Clem also serves as chair of The Food Bank's Food Bank Services Committee.

"We're in the food industry," says Clem of his business. Helping feed others, "is part of our mission. The Food Bank's mission very much aligns with that. Any of the other organizations I'm involved with, I try to steer the attention towards hunger." Currently, Clem is a director for FRANE (Frozen and Refrigerated Association of the Northeast), and has been instrumental in increasing that organization's focus on hunger.

As a member of The Food Bank's board, Clem has remained focused on what practical resources he and his company possess that could be put to best use. "We're trying to make the logistics end [of The Food Bank] run as efficiently as possible," says Clem. One Thanksgiving, Pioneer Cold offered up a large chunk of freezer space when The Food Bank received a generous donation of turkeys. The company has also arranged a delivery "depot site" at the Pioneer Cold facility in Chicopee that increases efficiencies in our delivery system. In several instances, Clem has leveraged his client relationships to secure donations of product for The Food Bank.

"Clem's pride in being on the board shows," says The Food Bank's executive director Andrew Morehouse. "He's a no-nonsense kind of guy who likes to get things done." Clem's no-nonsense approach has resulted in more efficient food delivery and storage for The Food Bank, ensuring that fresh and healthy food can get to those who need it most.

2010 Board of Directors

Executive Committee

President: Susan Fentin, *Skoler, Abbott & Presser, PC*

Vice President: Nancy Sherman, *National Yiddish Book Center*

Vice President: Frank Robinson, Ph.D., *Partners for a Healthier Community*

Treasurer: Richard Burkhart, CPA, *Burkhart, Pizzanelli, P.C.*

Clerk: Brooke Lacey, *MassMutual Financial Group*

Board members

Zeynep Akkan, *Friendly's Ice Cream*

Donald Atwater, *Berkshire Community Action Council*

Evan Benjamin, M.D., *Baystate Health*

Sheila Blair, *Springfield Public Schools*

Brandon E. Braxton, *NewAlliance Bank*

Edward Burke, *Big Y World Class Market*

Kathy Cathro, *Stop & Shop Supermarket*

Jeffrey Ciuffreda, *Affiliated Chambers of Commerce of Greater Springfield, Inc.*

Clement J. DeLiso, Jr., *Pioneer Cold*

Sue LoBello, *Community Volunteer*

Tom Milligan, *University of Massachusetts at Amherst*

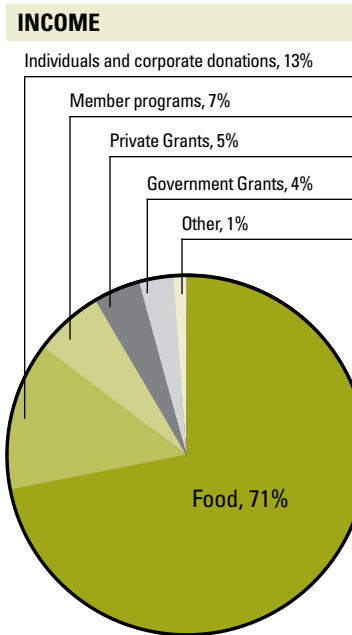
Katherine E. Putnam, *Package Machinery Company, Inc.*

Dino Schnelle, *Center for Self-Reliance/Community Action*

James Wallace, *C&S Wholesale Grocers*

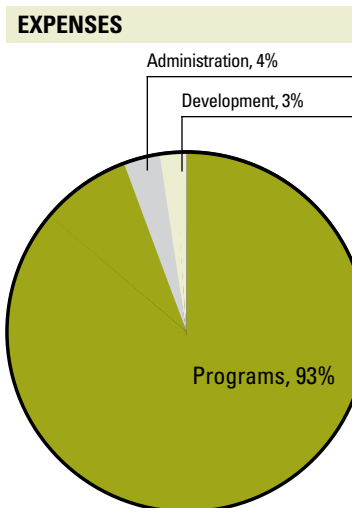
The Food Bank of Western Massachusetts, Inc.

Financial Report 2009 (12 months October - September)*



INCOME	
Food, 71%	8,481,237
Individuals and corporate donations 13%	1,509,942
Member programs, 7%	820,548
Grants, 5%	621,033
Government grants, 4%	481,668
Other, 1%	89,744
TOTAL	\$12,004,172

EXPENSES	
Program, 93%	10,625,876
Administration, 4%	465,943
Development, 3%	364,129
TOTAL	\$11,455,948



STATEMENT OF FINANCIAL POSITION *	
Current Assets	2,117,601
Fixed Assets	3,743,615
Other Assets	35,880
TOTAL ASSETS	\$5,897,096
Accounts Payable	85,805
Other Current Liabilities	115,023
Long Term Liabilities	172,470
TOTAL LIABILITIES	\$373,298
Net Assets	\$5,523,798
TOTAL LIABILITIES & NET ASSETS	\$5,897,096

* As of 9/30/09. Complete audited financial statements are available upon request.

VERMONT

WORCESTER

FRANKLIN

9 Brown Bag, 7 meal sites, 16 food pantries,
6 shelters, 31 other

HAMPSHIRE

12 Brown Bag, 8 meal sites,
17 food pantries, 6 shelters, 50 other

BERKSHIRE

8 Brown Bag, 6 meal sites,
18 food pantries, 4 shelters, 12 other

HAMPDEN

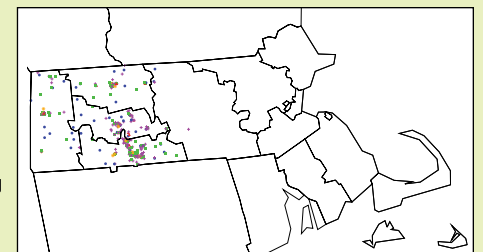
17 Brown Bag, 23 meal sites, 54 food pantries,
16 shelters, 112 other

CONNECTICUT

The Food Bank of Western Massachusetts, Inc.

The Food Bank of Western Massachusetts provides food to more than 400 partner programs in Berkshire, Franklin, Hampden and Hampshire Counties that serve households experiencing food hardship. Our partners include food pantries, meal sites, shelters, Brown Bag sites, and other types of programs such as early childhood centers, camps, residential facilities, and more.

-  Pantry
-  Meal Site
-  Shelter
-  Brown Bag
-  Other



it takes a **community** to feed a family

About The Food Bank of Western Massachusetts

The Food Bank of Western Massachusetts provides individuals facing hunger with the food they need to thrive and leads communities towards long-term solutions to the problem of hunger in our region. Serving the four counties of Western Massachusetts, The Food Bank is the leading provider of emergency food that reaches individuals and families with lower incomes. We are committed to working with our community to reduce hunger and increase food security. The Food Bank seeks to make nutritious food affordable and accessible for all residents in our region. For more information on how you can get involved in your community, visit www.foodbankwma.org.



The Food Bank
of Western Massachusetts

The Food Bank of Western Massachusetts, Inc.

97 North Hatfield Road / P.O. Box 160

Hatfield, MA 01038

p: (413) 247-9738

f: (413) 247-9577

www.foodbankwma.org



A Member of

**FEEDING
AMERICA**[™]

